

**Two days International Convention on Faculty Development  
Venue: Main Auditorium, SINPMS, Badal**

**from 27 -28April, 2017**

*Theme: 'Building Resilience: Thrive or Survive?'*

*'Welcome to a Legendary, Green, and Pollution Free Out-Set of Punjab'*

**Dear Colleagues**

On the behalf of Baba Farid University of Health Sciences (BFUHS), it is our great pleasure and privilege in extending you a cordial invitation to participate in two days International convention **on Faculty Development** at SINPMS, Badal.

The SINPMS is one of the constituent institute of BFUHS, Faridkot. It is a centre for e-learning in nursing services; as a joint venture of BFUHS and University of British Columbia Vancouver Canada. Presently, institute is imparting training in different health disciplines; various UG & PG programmes of nursing and paramedical sciences (physiotherapy, lab technology, & radiography).

It is quite sad that many of our centers of learning have been afflicted with socio-academic evils like violence, drug addiction, indiscipline and many other unacademic problems. Today emphasis sees on the significance of clean and pure atmosphere and mental make up for the healthy make up of quality of service, how teams/faculties deliver the best possible mind to the futuristic professionals/individuals; hence to ultimate end users and at the same time, feel enriched and supported by their work? How can they thrive, rather than just survive becoming inspiring and effective role models?

Need exists for reinvigorating our education system to make it compatible with the aspirations/search of the people to retrieve the lost glory of value based & exploitation free care in response to suffering. Keeping in mind the need of the hour, a modular development programme to help group of faculties/professionals/ and teams to support themselves, care providers and ultimately end users by meeting the required needs. Through exercises and opportunities for reflection and self enquiry, participants can identify & inculcate their own core values in depth and discover how their insights can enhance and revitalize their work for more integrated approach to health care.

The present effort is to fabricate resilience introducing values such as compassion, co-operation, peacefulness and self care and encourage participants to explore using them in their personal and professional set ups. This will sustain a true art of living with the balance to create awareness and training to come out of social evils bringing ideal improvements in the educational/health care systems.

The approach is a new venture for a core of concerned professionals which would encourage the development of human understanding in response to suffering. It is not a substitute of professional/medical science, or clinical skill and resources. It would be an act of using inner resources of positivity and compassion for the benefit of ourselves and others. It would serve as an approach that considers both research and awareness in the positive human development and whole person care at all levels of body, mind and spirit.

The learning outcomes of this fundamental effort will enable in a blend of professionals in all settings to co-op better with their work, raise morale and restore a sense of purpose, foster a feeling of optimism, reduce feeling of depression and anxiety, encourage a sense of relaxation, support ethical values, helping to prevent problems of burnout, sickness, absence and staff retention and ultimately collective tribulations.

We look forward to welcome you at SINPMS, Badal for this exciting programme in use of knowledge and wisdom.

With Best Regards

Dr (Mrs) Suman Bala Sharma  
Organizing Chairperson

**For Enquiries: Kindly Contact (Mob. 7837871342, 9780008647)**

Introduction module:

1. “Crux of Healing: Care in Practice
2. Health rules and norms
3. Thought leadership
4. Stability in turbulent times
5. Values in health care
  - Self care
  - Support at work
  - Compassion in practice
  - Understanding true co-operation
  - Positive interaction at work
6. Inner values for human conduct
7. Self management and leadership
8. Lifestyle modifications –Understanding a new dimension in health
9. Holistic personality- A Clarion call

Who all can participate?

Education administrators  
College principals  
Directors  
Professors  
Deans  
Readers  
Lecturers  
Teachers and health care faculty and staff  
And who so ever have filled with unlimited wealth of knowledge to sustain education in right perspective.

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