

5. Harmonium is not allowed. Only Lok Saaj like Tumbi, Sarangi, Algoje, Vanjali, Dhol, Dholki, Ghara, Dafli and Chintia etc are allowed.

#### GEET/GAZAL

1. Only one entry per college is allowed.
2. Time limit 3 to 5 minutes.
3. Three accompanists are allowed.
4. It can be an item already sung by any singer.
5. Filmy songs are not allowed.

#### FINE ARTS

#### COLLAGE:

1. Each institute will be represented by two participants.
2. Item will be conducted on the spot on the given topic/subject sheet size 14" x 22"
3. Duration will be not being more than 2 hours & 30 minutes.
4. Participants shall bring their own scissors, pasting and other material required for the contest.
5. College has to be prepared from old magazines.

#### RANGOLI:

1. Each institute will be represented by two participants.
2. Duration will be not being more than 2 hours & 30 minutes.
3. Participants shall bring their own material.
4. Item will be conducted on the spot on the given topic/subject.

#### CARROMBOARD

1. Each institute can be presented by one participant (Either boy or girl)
2. Matches will be played on knock out basis.
3. Matches will be played on point basis.

#### CHESS

1. Each institute can be presented by one participant (Either boy or girl)
2. Maximum time allowed for each match is 2 hours & each player will be given max. Of 1 min. for each move.
3. If any player crosses 1 min. for a particular move, he will be considered lost.
4. Anybody found promoting a player would lead to disqualification of player.
5. Umpire's decision will be final.

#### VOLLEYBALL

1. The Volley Ball matches are only for Girls.
2. There will be 12 players in one team.
3. Each match will be played best of 3 sets.
4. Final match will be played best of 5 sets
5. One set will be of 25 points.
6. Tournament will be played on knock out basis.
7. Remaining rules according to the volleyball federation of India.

#### TABLE-TENNIS

1. Each institute can be presented by one participant
2. Only girls are allowed to participate.
3. One set will be of 11 points
4. All the matches will be best of 3 sets.
5. Final will be played best of 5
6. All matches will be played on knock out basis.
7. Remaining rules are according to T.T.F.T.

The participants are requested to study the rules and regulations for the various events/items given events shall be final and binding upon all.

#### General rules & regulations for Beat 2017

1. All students must have their college identity card with them.

2. Delegate must carry passport size photographs with them for delegate card.
3. Only the delegate card holder will be allowed entry in various events/items.
4. Any misconduct shall amount to cancellation of delegate card and blacklisting of the college for further participation.
5. The delegates shall have to bear the expenses in any form of their part.
6. Smoking and drinking will not be allowed in college premises during any events/items.
7. Delegates shall be responsible for their own belongings.
8. Accommodation within the college premises or nearby is limited and would be on the basis of the distances of the institution from Faridkot.
9. The organizing committee has right to admission and to change or cancel any item or event without any prior notice.
10. Any kind of vulgarity on the stage will lead to point deductions or disqualification of the team.
11. In case of any discrepancy, the decision of Beat-2017 organizing committee will be final and binding.
12. Delegates are requested to report at least half an hour before each event on the respective venue.
13. Please contact the concerned organizing committee in charge for any query related to items/events.

#### TENTATIVE SCHEDULE OF ON STAGE ITEMS / EVENTS OFFSTAGE ITEMS/EVENTS.

##### 5<sup>th</sup> April 2017

Inauguration (Venue: the Auditorium, GGSMC, BFUHS Faridkot)	10-00 am to 11-00 am
Guest items Cultural items Lok Geet pm	11am to 12-30 pm
Geet/ Gazal Histrionics/Mimicry Gidha/Group Dance (Venue: Auditorium, GGSMC, BFUHS Faridkot)	12-30 noon to 1-30 pm 3-00 pm to 4-30 pm 5-00 pm onwards

##### 6<sup>th</sup> April 2017

#### Literary items

Elocution	9-00 am to 11-00 am
Poetic Recitation Creative (Venue: Auditorium, GGSMC, BFUHS Faridkot)	11-05 am to 12-15 pm

#### Off Stage items

Collage & Rangoli (Venue: Multipurpose Hall ,UCON)	10-00 am to 12-30 pm
Choreography & Fashion show (Venue: Auditorium, GGSMC, BFUHS Faridkot)	3-00 pm onwards

##### 7<sup>th</sup> April 2017

\* Any remaining events/items from the previous day's schedule, if total number of items exceed the allotted time period

Valedictory & Prize Distribution	9-00 am onwards
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(Prof. Dr. Raj Bahadur, Hon'ble Vice-Chancellor, BFUHS will be the Chief Guest of the occasion)

## BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT



### INVITATION

5<sup>th</sup> Inter College  
(Nursing, Physiotherapy  
& Pharmacy)  
Sports And Cultural Meet

### BEAT 2017

5<sup>th</sup> - 7<sup>th</sup> April, 2017

at  
University College of Nursing,  
Faridkot (Punjab)



Dear Colleagues,

We feel immense pleasure to inform you that Baba Farid University of Health Sciences is going to organize 5<sup>th</sup> Inter-College (Nursing, Physiotherapy & Pharmacy) Cultural & sports Meet (Beat-2017) to be held on **April 5<sup>th</sup> to April 7<sup>th</sup>, 2017** at University College of Nursing, A constituent college of Baba Farid University of Health Sciences, Faridkot.

The University do not only focus on academic activities but also encourage the students to participate in extra-curricular activities for all their all round development. Thus, various sports and cultural events are being organized during Beat-2017.

Kindly make yourself available for these fantastic & thrilling extravaganzas and encourage the students to participate actively in this festival Beat-2017.

Looking forward for encouraging response.

**Oragnizing Chairperson**

Prof. H.C.L. Rawat  
Principal  
UCON, BFUHS, Faridkot  
Dr. Suman Sharma  
Principal  
SINMPS, Badal

**Organizing Seceratory**

Dr. Hardeep Kaur  
Asso. Professor  
UCON, BFUHS, Faridkot  
Ms. Charanjit Kaur  
Asso. Professor  
ION, URC, Goindwal Sahib



**Baba Farid University Of Health Sciences, Faridkot**



**University College Of Nursing Faridkot**

**Chief Patron**

Prof. Dr. Raj Bahadur, Vice-Chancellor,  
BFUHS, Faridkot, Punjab

**Patrons**

Dr. S.P. Singh, Registrar, BFUHS, Faridkot  
Dr. Deepak J. Bhatti, Sub Dean, BFUHS, Faridkot

**Organising Co-Chairperson**

Dr. Arun Kaura, Principal, UIOP, Faridkot  
Dr. Chandanpreet Kaur, Principal, UCOP, Faridkot

**Joint Organising Secretary**

Ms. Sharanjit Kaur, Lecturer, UCON, Faridkot  
Ms. Satinder Kaur, Demonstrator, UCON, Faridkot

**Press & Media Secretary**

Sh. Kulwant Singh, Senior Assist. UCON, Faridkot

**Executive Committee**

Dr. Rajiv Joshi, Principal, GGSMC, Faridkot  
Dr. J.P. Singh, MS, GGSMCH, Faridkot  
Dr. Parveen Bansal, Joint Director, UCIER, Faridkot  
Sh. Sita Ram Goyal, Finance Officer, BFUHS, Faridkot  
Prof. Bhupinder Kaur, Professor, UCON, Faridkot  
Prof. Prabhjot Kaur, Vice Principal, SINPMS, Badal  
Dr. Sanjay Gupta, Prof. & Head SPM, GGSMC, Faridkot  
Dr. Sukhraj S. Sandhu, Asso. Prof. Phy. Edu., GGSMC, Faridkot  
Dr. Rajeev Manhas, Chief Librarian, BFUHS, Faridkot  
Ms. Vibha, Asso. Professor, SINPMS, Badal  
Dr. Sushil K. Maheshwari, Asso. Prof., UCON, Faridkot  
Sh. Pushpinderpal Singh, Supdt. BFUHS, Faridkot  
Mr. Anil Kumar, Lecturer, UCON, Faridkot  
Ms. Vandna, Lecturer, UCON, Faridkot

**Rules for Cultural & Sports items of "Beat-2017"**

**DANCE-GIDHA/GROUP DANCE: (Any State/Type)**

\*Any college can participate either in Gidha or Group dance.

**GIDHA**

1. Only one entry per institution is allowed.
2. 8 to 11 participants are allowed & one accompanist (Specifically Dholki Master)
3. Dhol is not allowed.
4. Time limit is 8 to 10 minutes.
5. The "Boli" should not be vulgar or anti-social.
6. The introduction of the team & about the dance will also be counted in the above given time limit.
7. "Bolian" should be according to the situation of the scene & culture of Punjab and should not be sung from the back stage.
8. The judgment will be based on dress, footsteps, bolian according to dance, clapping style, music rhythm & taal etc.
9. CD/DVD is not allowed.

**GROUP DANCE**

1. Only one entry per institution is allowed
2. The participating team will select its own theme.
3. 8 to 10 participants are allowed & 4 accompanist (other than dancing participants)
4. But, Each team can have maximum 12 participants including accompanist.
5. CD/DVD may be used.
6. The judgment will be based on dress, footsteps, bolian/swar, music rhythm and taal etc.
7. Gender no bar.
8. Time limit is 8 to 10 minutes.
9. Group dance may be of any state/type (Bhangra, Haryanwi, Rajasthani, Naga Dance, Beihu, Jhoomar etc.)

**FASHION SHOW**

1. Only one entry per institution is allowed.

2. Each team can have maximum 12 participants.
3. Each team should have a theme for their sequence.
4. There will be three rounds for each team (Formal, Innovative and Traditional).
5. Time for each round is 5 minutes.
6. Music system will be provided. The teams are expected to bring their own CDs for the sequence.
7. Dresses and accessories are to be arranged by the participating team.
8. Any form of obscenity will result in debarring the team from further participation.

**CHOREOGRAPHY:**

1. Each team can have maximum 12 participants.
2. The participating team will select its own theme.
3. Time limit is 8 to 10 minutes maximum (empty to empty stage).
4. Time keeping will be considered.
5. Introduction about the theme of choreography is not allowed only the name/ title of choreography can be announced.
6. "Tabla not allowed" Dialogues from the movies should not be used in choreography only the dialogue type words already recorded as part of song can be included.
7. Remixing is allowed.
8. The judgment will be based on theme, presentation, dresses selection of suitable songs and the message conveyed.

**HISTRIONICS/MIMICRY:**

1. One participant per team is allowed.
2. Time limit 3 to 5 minutes.
3. Participants may mimic sound of machines and speeches of well known persons etc. including film personalities.
4. There is no language bar.
5. Marking will be based on skill imitating, variety of sound, voice imitated and presentation.
6. It should necessarily be cultured and pleasant piece of art.

**LITERARY EVENTS**

**ELOCUTION**

1. Each institute will be represented by one speaker.
2. No language bar.
3. Time limit 4 to 6 minutes.
4. Subject/Topic of elocution will be announced on 5<sup>th</sup> April (Evening). Participants can choose one out of the given three topics and will present their views on the stage.
5. The judgment will be on speech pattern, language and way of pronunciation and thematic value of the elocution.

**POETIC RECITATION: CREATIVE**

1. One participant per team is allowed.
2. Time limit 3 to 5 minutes.
3. The poem can be in Punjabi, Hindi or English.
4. Recitation can be rhythmic but should not be sung.
5. Subject/topic will be announced on 5<sup>th</sup> April (Evening).
6. The participants will choose one out of the given three topics and will write their own poem and recite same on the stage.
7. The judgment will be based on the topic and its way of presentation.

**MUSIC**

**FOLK SONG:**

1. Only one participant from each team is allowed.
2. Time limit 3 to 5 minutes.
3. Two accompanists are allowed.
4. It can be an old LOK GATHA like Mirza, Heer, Sassi etc. or the lyricist of which is not known or something which is socially accepted as a folk song.