

BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT

PMNET-2026

QUESTION BOOKLET

THUMB IMPRESSION OF THE CANDIDATE

OMR ANSWER SHEET NO:

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ROLL NO:

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FULL SIGNATURE OF THE CANDIDATE

FULL SIGNATURE OF INVIGILATOR



Time Allowed: 03:00 Hours (11:00 AM to 02:00 PM)

Maximum Marks: 200

1. Use BLACK FINE TIP BALL PEN only. Use of pencil is not allowed.
2. Write your Roll number on the OMR answer-sheet and also on the question-booklet only in the space provided for the purpose and at no other place in the question booklets and Answer-sheet
3. Enter the Question Booklet Set and Number on the OMR Answer-sheet and also darken the corresponding bubbles with BLACK FINE TIP BALL PEN.
4. Do not put any marks anywhere in the Question booklet /on the OMR Answer-sheet.
5. **There are 100 objective type questions in all of 1 Mark each.** Before attempting the questions, check that the Question-booklet is complete. In case any question/part of question or page is missing, inform the Centre Superintendent within 5 minutes of the start of the examination. After that no claim will be entertained.
6. **Each question is followed by four alternative responses listed as A), B), C) and D) out of which only one is correct / most correct. In case, all the ovals are left blank, there will be deduction of marks @ 0.25 mark for each such unattempted question. Fifth oval 'E' (introduced for security purpose) is to be darkened in case you do not want to attempt the question to avoid negative marking.**
7. To open the question booklet, remove the seal gently when asked to do so. Handover the OMR Answer-sheet to the officer on duty on the completion of the time before you leave the examination hall.
8. **The candidates are permitted to carry his/her question booklet after completion of the examination but OMR Sheets are compulsory required to be deposited with the invigilator.**
9. A candidate who create disturbance of any kind or changes his/her seat or is found in possession of any paper possibility of any assistance to him/her or unfair means will be expelled from the examination by the Centre superintendent/Observer, whose decision shall be final. ("Expulsion" for this purpose would mean cancellation of the entire examination of the candidate).
10. THE CANDIDATES ARE NOT PERMITTED TO CARRY ANY TELECOMMUNICATION EQUIPMENT SUCH AS WATCH, CELLULAR PHONE, WIRELESS SET, SCANNER ETC. INSIDE THE EXAMINATION HALL.
11. For rough work, use only the blank space of the Question booklet.
12. The candidates will not be allowed to leave the examination hall during the examination.
13. Borrowing any material is not allowed.
14. The answer-sheet is designed for Computer evaluation. If the instructions are not followed properly, the candidate alone shall be responsible for the resultant loss.
15. Smoking/Refreshment shall not be allowed in the Entrance Test Centre/Hall.
16. Male candidates shall affix their Left Thumb Impression (LTI) while Female candidates shall affix Right Thumb Impression (RTI) at the prescribed place on the OMR answer sheet, Question Booklet and attendance sheet. The Centre superintendent shall also obtain and retain it for record.
17. The candidate must fill both the question booklet number and OMR answer sheet number on the attendance sheet.
18. No candidate shall be allowed to leave the centre before **02:00 PM**.



1. Which of the following is an example of objective data?
 - a. Nausea
 - b. Abdominal Pain
 - c. Vertigo
 - d. Blood pressure
2. Which of the following is the preferred solution for routine urinary catheter care?
 - a. Normal Saline
 - b. Savlon
 - c. Dettol
 - d. Betadine
3. Which of the following artery is used to check pulse during cardiac arrest in an adult?
 - a. Radial artery
 - b. Brachial artery
 - c. Carotid artery
 - d. Apical artery
4. What is the primary effect of hot application?
 - a. Vasodilation
 - b. Vasoconstriction
 - c. Vasopressin
 - d. Vasocongestion
5. What is the correct order of wearing PPE?
 - a. Gown, Gloves, Mask, Goggles
 - b. Gown, Mask, Goggles, Gloves
 - c. Goggles, Gown, Mask, Gloves
 - d. Gloves, Gown, Mask, Goggles
6. Which of the following is assessed with Goniometer?
 - a. Muscle Strength
 - b. Range of motion of joints
 - c. Visual acuity
 - d. Nerve conduction velocity
7. All of the following effect microbial growth EXCEPT:
 - a. pH
 - b. Moisture
 - c. Temperature
 - d. Darkness
8. The fullness and elasticity of skin is called
 - a. Skin flaccidity
 - b. Skin turgor
 - c. Skin texture
 - d. Edema
9. In which of the following conditions, barrel shaped chest is commonly seen?
 - a. COPD
 - b. Asthma
 - c. Emphysema
 - d. All of the above
10. Which of the following test is performed to detect GI bleeding?
 - a. Guaiac test
 - b. Dipstick test
 - c. Barium Enema
 - d. ERCP
11. What is the most appropriate time to obtain a sputum specimen for culture?
 - a. After steam inhalation
 - b. After chest physiotherapy
 - c. Early in the morning
 - d. At bed time
12. Which of the following processes reduces the virulence of a microorganism?"
 - a. Attenuation
 - b. Sterilization
 - c. Inoculation
 - d. Exaltation
13. Which of the following is the causative organism of Gas gangrene?
 - a. Clostridium tetani
 - b. Clostridium botulism
 - c. Clostridium perfringens
 - d. Corynebacterium diphtheria
14. Major cation present in intracellular fluid is:
 - a. Sodium
 - b. Potassium
 - c. Bicarbonate
 - d. Chloride
15. What does PRN mean in a prescription?
 - a. At once only
 - b. As and when required
 - c. In emergency
 - d. Once a day



16. Which of the following controls the flow of digestive juice from the hepatopancreatic duct to the duodenum?
- Sphincter of Oddi
 - Esophageal sphincter
 - Pyloric sphincter
 - Ileocaecal valve
17. Which of the following hormones regulate sodium and potassium levels in blood?
- Cortisol
 - Epinephrine
 - Aldosterone
 - Thyroxine
18. Which of the following is the largest nerve in the human body?
- Femoral Nerve
 - Sciatic nerve
 - Auditory nerve
 - Trigeminal nerve
19. Which part of the neuron carries information towards the cell body?
- Axon
 - Dendrites
 - Climbing fibre
 - Mossy fibre
20. What is the function of Kupffer cells of liver?
- Phagocytosis
 - Secretion of bile
 - Secretion of digestive enzymes
 - Storage of bile
21. What is the duration of one cardiac cycle when a person's heart rate is 75?
- 0.1 sec
 - 0.3 sec
 - 0.4 Sec
 - 0.8 sec
22. When is the meiosis II division of the oocyte completed in females?
- At puberty
 - At ovulation
 - At the time of fertilization
 - At the time of uterine implantation
23. Intrinsic factor present in gastric juice is required for the absorption of
- Vitamin C
 - Vitamin A
 - Vitamin K
 - Vitamin B12
24. Which part of the circulatory system holds largest percentage of blood volume during rest?
- Heart
 - Veins
 - Arteries
 - Capillaries
25. Eustachian tube connects the middle ear with:
- Nasopharynx
 - Oropharynx
 - Laryngopharynx
 - Nasal cavity
26. Which of the following are two principal contractile proteins in skeletal muscles?
- Actin and troponin
 - Actin and myosin
 - Actin and tropomyosin
 - Myosin and tinin
27. Periosteum is the fibrous covering of :
- Heart
 - Bone
 - Cartilage
 - Tendon
28. The diaphragm has the opening for all of the following EXCEPT:
- Esophagus
 - Inferior Vena Cava
 - Aorta
 - Trachea
29. Iron (Fe^{3+}) released during the breakdown of RBCs is:
- used to synthesize proteins
 - transported to the liver where it becomes part of bile
 - attaches to transferrin and is transported to bone marrow for synthesis of new heme for Hb synthesis
 - converted into urobilin and excreted in urine



- 30.** Which of the following secretes an antidiuretic substance for maintaining fluid balance?
- Anterior pituitary
 - Posterior pituitary
 - Adrenal cortex
 - Hypothalamus
- 31.** Cortisol secretion is high during:
- Evening
 - Night
 - Afternoon
 - Morning
- 32.** Which of the following is the type of wound where there is damage to the soft tissues and blood vessels under the skin?
- Bruise
 - Sprain
 - Strain
 - Avulsion
- 33.** Which of the following conditions indicates an acute, severe prolonged asthma attack in which the patient is unresponsive to usual treatment?
- Reactive airway disease
 - Status asthmaticus
 - Intrinsic Asthma
 - Extrinsic Asthma
- 34.** Which of the following is an immediate threat to life of a person during acute anaphylaxis?
- Hypotension
 - Tachycardia
 - Airway Obstruction
 - Generalized Itching
- 35.** Which of the following physical assessment findings is considered a highly specific clinical indicator of impending death?
- Bounding Tachycardia
 - Weak, slow pulse
 - Slow, shallow respirations
 - Fixed, dilated pupils
- 36.** Metabolic alkalosis can occur in
- Severe diarrhea
 - Recurrent vomiting
 - Severe shock
 - Renal failure
- 37.** Temporary arrest of breathing is called:
- Dyspnea
 - Eupnea
 - Apnea
 - Orthopnea
- 38.** All of the following are caused by Superior vena cava syndrome EXCEPT:
- Lower limb edema
 - Upper limb edema
 - Facial edema
 - Distended neck veins
- 39.** Which of the following is a cardinal manifestation of digoxin toxicity?
- Headache
 - Urinary retention
 - Respiratory distress
 - Severe bradycardia
- 40.** Which of the following is the most common and life-threatening complication associated with morphine sulfate therapy?
- Blood dyscrasias
 - Respiratory depression
 - Gastritis
 - Hyperglycemia
- 41.** Which of the following condition indicates the destruction of an alveolar wall?
- Bronchitis
 - Atelectasis
 - Empyema
 - Emphysema
- 42.** While caring for a patient with acute deep vein thrombosis, which of the following nursing diagnosis is most important?
- Risk for injury related to increased venous blood flow
 - Excessive Fluid volume related to edema
 - Altered tissue perfusion related to obstructed venous return
 - Risk for infection related to altered skin integrity



43. A patient undergoing radiotherapy notes that the skin over the treated area is slightly reddened. What is the best care for this area?
- Applying moist normal saline compresses
 - Keeping the skin clean and protected from the sun
 - Lubricating the skin with lubricant
 - Applying heat lamp to the area twice a day
44. Which of the following skin conditions is characterized by red plaques and silvery white scales?
- Psoriasis
 - Eczema
 - Vitiligo
 - Cellulitis
45. Which position should be given to a patient during post procedural period after lumbar puncture?
- Prone position
 - Supine position
 - Fowler's position
 - Knee chest position
46. Diabetes insipidus occurs due to the deficiency of:
- Growth hormone
 - Insulin
 - ADH
 - Thyroxine
47. Which area is to be assessed for the presence of edema in case of a patient who is on bed rest?
- Arms
 - Sternum
 - Sacrum
 - Ankles
48. Black tarry stool indicates which of the following?
- Melena
 - Steatorrhea
 - Haematochezia
 - Hematemesis
49. Which of the following is the greatest risk factor for prostate cancer?
- Smoking
 - Drug use
 - Aging
 - History of STDs
50. The normal intraocular pressure is:
- 2-3 mm of Hg
 - 5-6 mm of Hg
 - 0-15 mm of Hg
 - 10-20 mm of Hg
51. A nurse is preparing to administer an intravenous infusion of Heparin. Which laboratory value must the nurse monitor closely to regulate the dosage?
- Prothrombin Time
 - International Normalized Ratio
 - Activated Partial Thromboplastin Time
 - Haemoglobin level
52. Which of the following is the priority nursing diagnosis for the patient with Paget's disease?
- Pain
 - Risk for impaired skin integrity
 - Excess fluid volume
 - Deficient fluid volume
53. Function of which of the following cranial nerve is evaluated by asking the patient to stick out his or her tongue?
- Trigeminal Nerve(V)
 - Glossopharyngeal(IX)
 - Hypoglossal Nerve (XII)
 - Trocheal Nerve (IV)
54. Which of the following activities should be encouraged when a patient returns from a contrast CT scan?
- Drinking fluids
 - Ambulation
 - Turning side to side
 - Coughing and deep breathing
55. Opacity of the lens is called:
- Cataract
 - Myopia
 - Hypermetropia
 - Astigmatism
56. Which of the following dietary habits are linked to an increased risk of developing colon cancer?
- High fat, low fibre intake
 - High intake of milk and milk products
 - Low meat and protein intake
 - Low fat, high carbohydrates intake



57. Stimulation of the Vagus nerve mainly results in:
- Tachycardia
 - Dilatation of Bronchioles
 - Slowing of the heart rate
 - Decreased GI motility
58. An infection resulting from a diagnostic procedure or treatment is:
- iatrogenic
 - Nosocomial
 - Endogenous
 - Contagious
59. The condition characterized by incompetence of the esophageal sphincter is:
- Esophageal varices
 - Crohn's disease
 - Gastroesophageal reflux disease
 - Pyloric stenosis
60. A patient is prescribed 500 mg of an antibiotic. The stock available on the nursing unit is 250 mg per 5 ml. How many millilitres should the nurse administer?
- 2.5 ml
 - 5 ml
 - 7 ml
 - 10 ml
61. Which primary germ layer develops first during embryonic development?
- Endoderm
 - Mesoderm
 - Ectoderm
 - Neural crest
62. In a mother having Type 2 diabetes, increase in placental hormones during the second and third trimester of the pregnancy requires?
- Increase in insulin dose
 - Decrease in insulin dose
 - No change in insulin dose
 - Change in type of insulin
63. A pregnant woman who is at risk for pre-eclampsia should be assessed for which of the following signs of preeclampsia?
- Generalized edema
 - Glycosuria
 - Tachycardia
 - Hypertension
64. Puerperium starts with:
- Expulsion of placenta
 - Expulsion of fetus
 - Onset of labour
 - Starting of breast feeding
65. Postpartum haemorrhage is the loss of blood more than _____ within 24 hrs of birth
- 200ml
 - 300ml
 - 350ml
 - 500ml
66. Which of the following is the action of the drug Oxytocin during labour?
- To cause uterine contractions
 - To relieve pain
 - To provide sedation
 - None of the above
67. The most common site of ectopic pregnancy in fallopian tube is :
- Ampulla
 - Isthmus
 - Fimbrial end
 - Interstitial part
68. When required, injection Anti D should be given following delivery within:
- 6 Hours
 - 24 Hours
 - 36 Hours
 - 72 Hours
69. What is fetal macrosomia?
- Birth weight less than 1.5 kg
 - Birth weight more than 3 kg
 - Birth weight more than 4.5kg
 - Large size head of a neonate
70. In which of the following organs, effacement occurs during labor?
- Fundus of Uterus
 - Uterine Tube
 - Cervix
 - Ampulla



- 71.** Fine downy hair in the newborn, normally found abundantly in pre term babies is called:
- Lanugo
 - Chorion
 - Amnion
 - Vernix caseosa
- 72.** Which of the following is assessed by Bishop's score?
- Risk of postpartum haemorrhage
 - Cervical favourability for induction of labour
 - Adequacy of maternal pelvis for labour
 - Fetal well-being
- 73.** What is the shape of normal placenta?
- Disc shaped
 - Bilobed
 - Circumvallate
 - None of the above
- 74.** Which of the following is the denominator in vertex presentation?
- Occiput
 - Mentum
 - Sacrum
 - Acromion
- 75.** What is the ratio between placental weight and fetal weight at term?
- 1:3
 - 1:4
 - 1:6
 - 1:8
- 76.** What is the most common cause of abortion in first trimester?
- Trauma
 - Pregnancy Induced Hypertension
 - Chromosomal Abnormality
 - RH incompatibility
- 77.** A postpartum woman complains of pains on third day after delivery. Which of the following is the best intervention to relieve pain?
- Massaging the abdomen
 - Massaging the back
 - Performing Kegels exercises
 - Applying hot water bag on abdomen
- 78.** Which of the following can cause breast engorgement?
- Infrequent feeding
 - Hyperlactation
 - Poor sucking by the baby
 - All of the above
- 79.** Uterus normally reaches the level of xiphisternum at:
- 32 weeks of gestation
 - 36 weeks of gestation
 - 40 weeks of gestation
 - 42 weeks of gestation
- 80.** Neonatal death is the death:
- within first 24 hours of life
 - within first 28 days of life
 - within first 42 days of life
 - within first 6 months of life
- 81.** Which of the following is the earliest sign of Pregnancy Induced Hypertension (PIH)?
- Proteinuria
 - Headache
 - Blurred vision
 - Sudden weight gain
- 82.** What is the main component that makes colostrum highly beneficial for the newborn?
- High fat content
 - High lactose content
 - High concentration of antibodies mainly IgA
 - High water content
- 83.** What is the primary purpose of performing a mediolateral episiotomy?
- To reduce the risk of fetal distress
 - To reduce the mother's urge to push during crowning
 - To shorten the second stage of labor
 - To prevent perineal tears
- 84.** After the fertilization, the corpus luteum continues to produce progesterone by the stimulation of:
- Luteinizing hormone
 - Follicle stimulating hormone
 - Human chorionic gonadotropin hormone
 - Estrogen



85. Which of the following is not a component of Apgar score?
- Skin Color
 - Muscle tone
 - Heart rate
 - Weight
86. Which of the following positions should be given to a child after tonsillectomy?
- High Fowler's position
 - Lateral position
 - Supine position
 - Trendelenburg position
87. Which of the following is the most common assessment finding in a child with ulcerative colitis?
- Steatorrhea
 - Anal fissures
 - Profuse diarrhea
 - Abdominal distention
88. Which stage of development is most unstable and challenging regarding development of personal identity?
- Infancy
 - Toddler hood
 - Childhood
 - Adolescence
89. Inspiratory pressure and oxygen (O_2) concentration is monitored in a very-low-birth-weight neonate to prevent which of the following?
- Bronchopulmonary dysplasia
 - Respiratory syncytial virus
 - Meconium aspiration syndrome
 - Respiratory distress syndrome
90. Trisomy of chromosome no. 21 causes
- Turner Syndrome
 - Down Syndrome
 - Patau Syndrome
 - Edwards Syndrome
91. Which of the following drugs is strongly associated with an increased risk of causing neural tube defects?
- Valproate
 - Diazoxide
 - Lithium
 - Tetracyclines
92. Which of the following clinical parameters should be monitored in the child after suctioning?
- Tachypnoea
 - Bradycardia
 - Hypertension
 - Jerking movements
93. Which of the following is indicated when a child fails to pass meconium within first 24 hours of birth?
- Celiac disease
 - Intussusception
 - Pyloric stenosis
 - Hirschsprung's disease
94. Which of the following is the colour code for "NO PNEUMONIA: COUGH OR COLD as per IMNCI?"
- Green
 - Yellow
 - Pink
 - Red
95. Which of the following occurs due to the pulmonic stenosis?
- Obstruction of blood flow from left atrium to left ventricle
 - Obstruction of blood flow from the left ventricle
 - Obstruction of blood flow from the right ventricle
 - Obstruction of blood flow to the aorta
96. Bottle fed babies are more prone to all of the following EXCEPT:
- Gastrointestinal infections
 - Acute Respiratory Infection
 - Neonatal tetanus
 - Otitis media
97. For how long a child with bacterial meningitis should be kept in isolation?
- Until the cultures become negative
 - Until completion of antibiotic therapy
 - During entire hospital stay
 - For 48 hours after starting antibiotic therapy



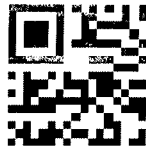
98. When should the placement of the nasogastric tube be checked in an unconscious child getting intermittent nasogastric feedings?
- Once daily
 - At every shift change
 - Before each feeding
 - On every alternative day
99. All of the following are symptoms of nephrotic syndrome in a child EXCEPT:
- Proteinuria
 - Edema
 - Hyperbilirubinemia
 - Hypoalbuminemia
100. Which of the following terms describes the condition where testis fail to descend into the scrotum?
- Cryptorchidism
 - Hypospadias
 - Epispadias
 - Anorchia
101. Immediately after the birth of a full-term neonate, the nurse observes excessive frothy, bubble like secretions coming from the newborn's mouth and nose. Which of the following conditions is suspected?
- Duodenal atresia
 - Tracheoesophageal fistula
 - Pyloric stenosis
 - Meconium aspiration syndrome
102. When suctioning a newborn baby's mouth and nose, which part should be suctioned first?
- Mouth
 - Nose
 - Any one
 - Both simultaneously
103. What is the typical age range for a child to start using the toilet independently?
- 2-3 years
 - 4-5 years
 - 6-7 years
 - 8-9 years
104. In children with ADHD, the nurse should focus on:
- Restricting all physical activity
 - Behavioural management strategies and support
 - Enforcing long, uninterrupted study sessions
 - Encouraging isolation during academic tasks
105. Which of the following is the primary focus of nursing care for a child with sickle cell disease?
- Application of cold compresses to painful joints
 - Avoidance of blood transfusions
 - Pain management and prevention of complications
 - Restriction of fluid intake
106. For how many hours breast milk can be stored at room temperature?
- 2 hours
 - 4 hours
 - 6 hours
 - 8 hours
107. Development of bone begins before birth and is not complete until:
- 12 years of life
 - 17 years of life
 - 18 years of life
 - 25 years of life
108. The ultimate units carrying hereditary characteristics are:
- Gene
 - Chromatin
 - Ribosomes
 - Gametes
109. Which anatomical site is the most appropriate and safest for administering an intramuscular (IM) injection to a 10 months old infant?
- Vastus lateralis muscle
 - Ventrogluteal muscle
 - Dorsogluteal muscle
 - Deltoid muscle



- 110.** Which of the following is not a feature of schizophrenia?
a. Auditory hallucinations
b. Flight of ideas
c. Delusions of reference
d. Thought withdrawal
- 111.** Which of the following is the primary goal in treating personality disorders?
a. Immediate cure
b. Complete personality change
c. Symptom management and improved functioning
d. Medication compliance only
- 112.** A psychiatric nurse should assess the patient's cognitive status with help of:
a. Mini mental status examination
b. EEG
c. Rating scale
d. Process recording
- 113.** Which of the following is the most appropriate nursing intervention for a patient with OCD who repeatedly washes hands?
a. Ignore the patient's behaviour
b. Try to stop the behaviour immediately
c. Reprimand him for this behaviour
d. Allowing the patient to wash hands at specified times and gradually reduce frequency
- 114.** Antipsychotic medications primarily work by:
a. Increasing serotonin levels
b. Increasing GABA activity
c. Blocking dopamine receptors
d. Increasing acetylcholine
- 115.** Which of the following is not a good prognostic factor in schizophrenia?
a. First Episode
b. Good social support
c. Poor premorbid adjustment
d. Acute onset
- 116.** Which of the following is the first-line pharmacologic treatment for bipolar mania?
a. Haloperidol
b. Lithium
c. Amitriptyline
d. Diazepam
- 117.** What step will you take as a nurse to protect the psychiatric patient from injury?
a. Avoid arguments in the unit
b. Provide a non stimulating environment
c. Avoid competitive games which may cause hostility
d. All of the above
- 118.** Which of the following is not a characteristic of a mentally healthy person?
a. Adjustment
b. Maturity
c. Pessimism
d. Self-evaluation
- 119.** Which type of delusion is most commonly seen in manic patients?
a. Delusion of persecution
b. Delusion of grandeur
c. Delusion of guilt
d. Nihilistic delusion
- 120.** While interacting with a psychiatric patient, which of the following interventions is most helpful to gain the patient's trust?
a. Play along
b. Make promises
c. Show respect
d. Avoid eye contact
- 121.** What is the term for a persistent and irrational fear of an object or situation?
a. Obsession
b. Compulsion
c. Delusion
d. Phobia
- 122.** Which symptom is most commonly associated with generalized anxiety disorder?
a. Persistent and excessive worry
b. Frequent panic attacks
c. Delusions
d. Compulsions
- 123.** Type of personality in which an individual has alternating periods of elation and depression is called:
a. Hypomaniac
b. Paranoid
c. Cyclothymic
d. Melancholic



- 124.** Which of the following is a memory disturbance in which the familiar object is treated as unfamiliar?
- Jamais vu
 - Deja vu
 - Confabulation
 - Hypermnesia
- 125.** Which of the following therapy is based on learning theory?
- Cognitive therapy
 - Behaviour therapy
 - Milieu therapy
 - Psychoanalysis
- 126.** Which intervention is most appropriate for a patient experiencing panic attack?
- Confront irrational thoughts
 - Encourage deep breathing
 - Provide long explanations
 - Encourage group discussion
- 127.** Which of the following is a cognitive-behavioral therapy (CBT) technique?
- Thought stopping
 - Electroconvulsive therapy
 - Psychoanalysis
 - Hypnosis
- 128.** Which of the following is a hallmark of Post Traumatic Stress Disorder (PTSD)?
- Compulsions
 - Flashbacks
 - Delusions
 - Hallucinations
- 129.** Which of the following is a somatic symptom disorder?
- Conversion disorder
 - Bipolar disorder
 - Schizophrenia
 - Obsessive-compulsive disorder
- 130.** Which of the following neurotransmitters is most associated with schizophrenia?
- Serotonin
 - Dopamine
 - GABA
 - Acetylcholine
- 131.** Which of the following is the principal defence mechanism involved in obsessive-compulsive disorder?
- Undoing
 - Projection
 - Displacement
 - Repression
- 132.** Which therapy focuses on unconscious conflicts and childhood experiences?
- Psychoanalysis
 - CBT
 - Behavioral therapy
 - Electroconvulsive therapy
- 133.** What is the primary focus of Milieu therapy?
- Medication management
 - Creating a therapeutic environment
 - Dream analysis
 - Hypnosis
- 134.** Which communication technique is most effective with psychiatric patients?
- Active listening
 - Giving advice
 - Changing the subject
 - False reassurance
- 135.** The highest phospholipids content is found in which of the following lipoprotein?
- VLDL
 - HDL
 - LDL
 - Chylomicrons
- 136.** Which of the following vitamins is required for the efficient absorption of iron in the gastrointestinal (GI) tract?
- Vitamin C
 - Vitamin D
 - Vitamin E
 - Vitamin K
- 137.** As per dietary recommendations, most of our calories should come from:
- Fats
 - Carbohydrates
 - Protein
 - Vitamins



138. Which of the following processes is used to destroy pathogenic microorganisms in milk and other beverages?
- Cavitation
 - Pasteurization
 - Autoclaving
 - Ultrasonic radiation
139. HIV virus belongs to which of the following groups?
- Ebola virus
 - Rhabdovirus
 - Alphavirus
 - Retrovirus
140. Which of the following is the most peripheral and first contact point between the primary health care system and the community?
- Sub Centre
 - Primary Health Centre
 - Community Health Centre
 - Hospital
141. The term 'incidence' refers to the number of:
- Old cases of a disease in a population
 - New cases of a disease in a population over a specific time period
 - Total cases of a disease in a population over a specific time period
 - All of the above
142. What is the primary aim of Janani Suraksha Yojana (JSY)?
- Promotion of institutional delivery
 - Promotion of adolescent reproductive health
 - Provision of free medicines for the BPL families
 - Universal immunization coverage of children and pregnant women
143. In how many days, birth or death has to be reported for registration?
- Within 14 days of occurrence
 - Within 21 days of occurrence
 - Within 30 days of occurrence
 - Within 40 days of occurrence
144. What is the primary purpose of Mission Indradhanush?
- To reduce iron-deficiency anaemia
 - To provide nutritional support to lactating mothers
 - To distribute free sanitary napkins in schools
 - To achieve full immunization coverage of children and pregnant women
145. Which of the following is the most serious complication of measles?
- Pneumonia
 - Conjunctivitis
 - Encephalitis
 - Otitis media
146. Human cysticercosis is caused by ingestion of eggs of which parasite in contaminated food or water?
- Taenia asiatica
 - Taenia solium
 - Taenia saginata
 - Echinococcus granulosus
147. Cold chain failure in vaccination mainly leads to:
- Adverse reaction
 - Loss of vaccine potency
 - Thermal hypersensitivity
 - Antigen excess
148. Who are the beneficiaries of ICDS scheme?
- Preschool children aged 0–6 years, pregnant women and lactating mothers
 - Schoolchildren aged 6–14 years, pregnant women and lactating mothers
 - All women of reproductive age
 - Preschool children aged 0–6 year
149. Which of the following is not the component of ORS?
- Sodium chloride
 - Potassium chloride
 - Calcium Chloride
 - Glucose



150. World breast feeding week is celebrated in
- 1-7 July
 - 1-7 August
 - 1-7 September
 - 1-7 December
151. Which type of immunity is provided by Vaccines?
- Passive artificial immunity
 - Passive natural immunity
 - Active artificial immunity
 - Active natural immunity
152. Which of the following committee introduced the concept of multipurpose health worker?
- Srivastava committee
 - Bhore committee
 - Kartar Singh committee
 - Mudaliar committee
153. Infant mortality rate is defined as:
- the number of deaths of children under one year of age per 1000 live births
 - the number of deaths of children under one year of age per 1000 total births
 - the number of deaths of children under one year of age per 1000 population
 - the number of deaths of children under 28 days per 1000 live births
154. The scientific study of human population is called:
- Anthropology
 - Ecoiology
 - Demography
 - Sociology
155. Which of the following is the most effective way to prevent spread of communicable diseases in community?
- Early detection and isolation
 - Genetic screening
 - Prescribing Antibiotics
 - Hospital admission
156. Which of the following indicates the constant presence of a disease or infection within a given geographic area?
- Sporadic
 - Pandemic
 - Epidemic
 - Endemic
157. Which of the following is a live vaccine?
- Hepatitis
 - Rabies
 - BCG
 - None of the above
158. VDRL test is done for diagnosis of
- Syphilis
 - Gonorrhoea
 - Diphtheria
 - Tetanus
159. Which of the following conditions are detected by the TORCH test?
- Tuberculosis, Rubella, Chlamydia and Hepatitis B
 - Toxoplasmosis, Rubella, Cytomegalovirus, and Herpes Simplex
 - Tetanus, Rubella, Chikungunya and Hepatitis B
 - Toxoplasmosis, Rubeola, Chlamydia, HPV
160. In which of the following sampling techniques, every member of the population has an equal chance of being selected?
- Purposive sampling
 - Convenience sampling
 - Simple random sampling
 - Snowball sampling
161. Which one of the following describes the term 'validity' in research?
- The consistency of the measurement
 - Reproducibility of results
 - The ability of the instrument to measure what it is intended to measure
 - Feasibility of the study
162. A subset of target population which is available to the researcher for a particular study is:
- Sampling frame
 - Sample
 - Available Population
 - Accessible population
163. Application of research findings to particular population from which the sample is drawn is called:
- Generalization
 - Hypothesis
 - Pilot Study
 - Analysis



164. Which of the following is the lowest level of measurement of data?
- Interval level
 - Nominal level
 - Ordinal level
 - Ratio level
165. Which of the following is a graph used to represent the frequency distribution of variables measured at the interval or ratio level?
- Histogram
 - Bar diagram
 - Pie diagram
 - Scatter Diagram
166. Which of the following is not a measure of dispersion?
- Range
 - Mean deviation
 - Scatter Diagram
 - Standard Deviation
167. What is mode of the following data- 82,80,66,65,94,52,68,66,91,66,82
- 65
 - 66
 - 52
 - 82
168. A normal distribution curve is also called:
- Poisson distribution
 - Gaussian distribution
 - Binomial distribution
 - Skewed distribution
169. What is the independent variable in the statement 'Reducing screen time improves test scores in sociology'?
- Test scores
 - Sociology subject
 - Reducing screen time
 - None of the above
170. The science which deals with the rightness and wrongness of actions is called as:
- Epistemology
 - Axiology
 - Ethics
 - Metaphysics
171. Which of the following is an essential feature of nursing curriculum?
- Planned learning experiences
 - Random learning opportunities
 - Subjective grading criteria
 - Informal peer evaluations
172. Which type of evaluation assesses a student's performance continuously throughout a course to provide regular feedback?
- Summative assessment
 - Formative assessment
 - Criterion-referenced assessment
 - Diagnostic evaluation
173. Which of the following is not a method of teaching?
- Lecture
 - Demonstration
 - Symposium
 - Evaluation
174. Which of the following is not a principle of health education?
- Participation
 - Chastisement
 - Reinforcement
 - Motivation
175. Which of the following needs are at the top of Maslow's hierarchy of needs?
- Safety needs
 - Love and belongingness
 - Physiological needs
 - Self-actualization
176. According to social contract theory, nature of society is:
- Like an organism
 - Like rulers
 - Like artisans
 - Like a warrior
177. Which of the following is the answerability of a subordinate to his superior for performance of assigned tasks?
- Accountability
 - Authority
 - Responsibility
 - Appraisal



178. The style of leadership that dominates and commands the group is:
- Democratic
 - Situational
 - Autocratic
 - Delegative
179. Checking the equipment and supplies periodically is known as:
- Auditing
 - Procurement
 - Inventory
 - Indent
180. In a general ward, the ratio of nurse and patient should be
- 1 : 3
 - 1 : 6
 - 1 : 7
 - 1 : 1
181. Which of the following professional body is responsible for control and maintenance of standards of nursing in India?
- Trained Nurses Association of India
 - Indian Nursing Council
 - National Medical Commission
 - All of the above
182. What is the official theme for International Nurses Day 2026?
- Nursing the World to Health
 - Our Nurses. Our Future. Empowered Nurses Save Lives.
 - Nurses: A Vision for Future Healthcare
 - Nurses: A Voice to Lead – Invest in Nursing and Respect Rights
183. The prestigious National Florence Nightingale award is presented annually to nursing professionals in India by whom?
- The Prime Minister
 - The union Health minister
 - The President
 - The Director General of Health Services
184. In which year the Trained Nurses Association of India (TNAI) was founded?
- 1902
 - 1908
 - 1912
 - 1920
185. Which of the following countries is the major source of internationally recruited nurses in 2026?
- India
 - Brazil
 - Japan
 - Sweden
186. Which global organization created the 'strategic Directions for Nursing and Midwifery' to guide countries on nursing education, jobs, leadership and service delivery?
- International Council of Nurses
 - World Health Organization
 - United Nations Organization
 - Ministry of Health and Family Welfare
187. Which technology trend is increasingly adopted in Indian hospitals for nursing documentation?
- Electronic Health Records
 - Electronic Typewriters
 - Manual registers
 - Telehealth Portals
188. Ayushman Bharat-Pradhan Mantri Jan Arogya Yojana (AB-PMJAY) provides health insurance cover up to:
- ₹ 1 lakh per family per year
 - ₹ 2 lakh per family per year
 - ₹ 3 lakh per family per year
 - ₹ 5 lakh per family per year
189. Which internationally recognized medical classification system is developed and published by the World Health Organization (WHO)?
- DSM-5
 - ICD
 - ICPC
 - CPT
190. In which of the following city, the World Health Organization's regional office for South-East Asia is located?
- New Delhi
 - Mumbai
 - Chennai
 - Bangalore



191. On a computer keyboard, which of the following keys is used to run the selected command?
- Shift
 - Control
 - Enter
 - Tab
192. Which of the following is the smallest unit of computer memory?
- Bit
 - Byte
 - Kilobyte
 - Minibyte
193. Which of the following programs replaced the Planning Commission?
- National Rural livelihood mission
 - NITI AYOOG
 - Atal innovation mission
 - National Productivity Council
194. The Nobel Prize is awarded for all of the following disciplines EXCEPT:
- Literature, Peace and Economics
 - Physics and Chemistry
 - Physiology or Medicine
 - Sports and Culture
195. Which of the following is not associated with the UNO?
- ILO
 - WHO
 - ASEAN
 - UNESCO
196. EVM stands for
- Electric Voting Machine
 - Electronic Voting Machine
 - Electronic Vending Machine
 - Electric Vending Machine
197. Which layer of the Earth's atmosphere contains the Ozone layer which absorbs harmful ultraviolet rays?
- Troposphere
 - Stratosphere
 - Mesosphere
 - Thermosphere
198. Which of the following government bodies is responsible for the regulation and enforcement of food safety and standards in India?
- FSSAI
 - BIS
 - NITI Aayog
 - FCI
199. Which of the following is one of the seven sister states in India?
- Sikkim
 - Assam
 - Telangana
 - Odisha
200. Which of the following is the last and most recently formed state in India?
- Telangana
 - Jharkhand
 - Chhattisgarh
 - Jammu & Kashmir

