

# **BABA FARID UNIVERSITY OF HEALTH SCIENCES**



## **Agenda**

**for the meeting of the**

### **Faculty of Physiotherapy**

**to be held on 05.09.2019 at 11:30 am**

**in the Committee Room**

**BFUHS, Faridkot**

**FARIDKOT-151 203**

1. Dean's welcome address
2. Apologies of absence, if any
3. Adoption of Agenda
4. To apprise the minutes of the meeting of Faculty of Physiotherapy held on 24.01.2019 in the Committee Room, Baba Farid University of Health Sciences, Faridkot.  
 Note: A copy of the minutes was sent to all the Hon'ble Members of the Faculty. No comments have so far been received from any Member.
5. To consider and approve the Action Taken Report on the decisions made by the Faculty of Physiotherapy in its meeting held on 24.01.2019 in the Committee Room, Baba Farid University of Health Sciences, Faridkot **(Pages A to F of Appendices)**.
6. To consider the recommendations made by the Board of Studies in Physiotherapy in its meeting held on 29.07.2019 vide para-6 for approval of the panel Internal Examiners for the conduct of Bachelor of Physiotherapy for (BPT) examinations session May/June, 2019 with amendments made by the House during the meeting and subject to the following conditions as under **(Pages 1 to 30 of Appendices)**:

Sr. No.	Name of the College	Examinations	Pages of Appendices
1.	College of Physiotherapy, CMC, Ludhiana	BPT	1-3
2.	College of Physiotherapy, AIMS, Sri Muktsar Sahib	BPT	4-5
3.	State Institute of Nursing & Para Medical Sciences, Badal	BPT	6-7
4.	University College of Physiotherapy, Faridkot	BPT	8-11

5.	Dasmesh College of Physiotherapy, Faridkot	BPT	12-14
6.	All Saints Institute of Medical Sciences & Research, Ludhiana	BPT	15-17
7.	DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	BPT	18-23
8.	Sigma College of Physiotherapy & Hospital, Ludhiana	BPT	24-30

The above said panel is recommended to the Faculty of Physiotherapy with the amendments as under:

Name of College	Examination, Prof & Subject	Name of Internal Examiner in the Agenda	New recommended name of Internal Examiner for approval
College of Physiotherapy, CMC, Ludhiana	BPT 1st Prof Electrotherapy - 1	Dr. Supriya Khanna	Dr. Dorcas BC Gandhi, Asso. Prof., MPT Neuro, Exp after PG/Present post 5 years 6 months 1 years 6 months  (Pages 30A to 30D)
	BPT 2nd Prof Biomechanics	Dr. Mullai S.	Dr. Rahul Eric, Asstt. Prof, MPT Orthopaedics, Exp after PG/Present post 5 years 10months
	BPT 3rd Prof PT in Orthopaedic Conditions	Dr. Mullai S.	Dr. Rahul Eric, Asstt. Prof, MPT Orthopaedics, Exp after PG/Present post 5 years 10months
	BPT 4th Prof PT in Surgical Conditions	Dr. Supriya Khanna	Dr. Rahul Eric, Asstt. Prof, MPT Orthopaedics, Exp after PG/Present post 5 years 10months
Dasmesh College of Physiotherapy, Faridkot	BPT 1st Prof Electrotherapy - I	Dr. Priyanka Vij	Dr. Pushpdeep Singh, 06 years
	BPT 2nd Prof Exercisetherapy - II	Dr. Priyanka Vij	Dr. Shwetanjali
	BPT 2nd Prof Biomechanics	Dr. Alok Jha	Dr. Pushpdeep Singh
	BPT 4th Prof PT in Surgical Conditions	Dr. Priyanka Dr. Pushpdeep	Dr. Alok Jha  (Page 30E)
State Instt. of Nursing & Para Medical Sciences, Badal, Sri Muktsar Sahib	BPT 1st Prof Anatomy	No Eligible Teacher	To be appointed by the University
	BPT 1st Prof Physiology	No Eligible Teacher	To be appointed by the University

BPT 1st Prof Computer Application	No Eligible Teacher	To be appointed by the University
BPT 3rd Prof Orthopaedics	No Eligible Teacher	To be appointed by the University
BPT 3rd Prof General Medicine	No Eligible Teacher	To be appointed by the University
BPT 4th Prof Gen. Sur.	No Eligible Teacher	To be appointed by the University
BPT 4th Prof Neuro	No Eligible Teacher	To be appointed by the University

1. That in case a relative of examiner is appearing, examiners retirement/court case/dispute, etc., the Principal of concerned college(s) will make request to the Controller of Examinations for appointment of internal examiner for BPT/MPT examinations and Controller of Examinations is authorized on behalf of the Board/Faculty to take final decision in this regard after approval of the competent authority.
2. The House observed that some colleges have not eligible teacher to become Internal Examiners in various subjects in the list already supplied, the Board taken a serious view of it and suggested that every college should have its own teacher to become Internal Examiner for BPT/MPT.
3. That in case Principal of the concerned College of Physiotherapy writes to the University to appoint alternate Internal Examiner from the College itself the same will be allowed after getting approval from competent authority.
4. That in case, at the last moment, a request is received from the Principal for change of Internal Examiner due to non availability of Internal Examiner approved by Faculty of Physiotherapy an alternate Internal Examiner will be appointed by the Controller of Examination, after getting approval from the Competent Authority with a penalty of Rs. 25000 /- per examiner/per session for not informing the non-availability of Internal Examiner to the University on or before the meeting of Faculty of Physiotherapy and in such cases TA/DA and other charges to the Internal Examiners will be paid by the concerned college/institute where he/she to be deputed by the University.
5. On receipt of the request for consecutive second time a penalty of Rs.50,000/- per examiner/per session will be imposed on the college concerned.
6. On receipt of the request consecutive third time, a penalty of Rs.1,00,000/- per examiner/per session will be imposed on the College concerned.
7. On receipt of request for fourth time, Centre for conduct of Practical Examiner will be clubbed with another affiliated College to the University.
8. Penalty as decided above will not be applicable upto to November/December, 2018 i.e. 03 (Three) consecutive sessions for the subjects of Anatomy, Physiology, Orthopaedics, General Medicine, General Surgery, Neurology, Paediatrics & Geriatrics subjects since

finding teachers is difficult at times. However penalty decided above will be imposed as such so for as these subjects after November/December, 2018.

9. That one examiner will be allowed to conduct in BPT examination in maximum three subjects.
7. To consider the recommendations made by the Board of Studies in Physiotherapy in its meeting held on 29.07.2019 vide para-7 for approval of the panel of Internal Examiners for the conduct of Master in Physiotherapy (MPT) examinations session May/June, 2019 (Pages 31 to 40 of Appendices).

Sr. No.	Name of the College	Examinations	Pages of Appendices
1.	University College of Physiotherapy, Faridkot	MPT	31-32
2.	Dasmesh College of Physiotherapy, Faridkot	MPT	33-34
3.	All Saints Institute of Medical Sciences & Research, Ludhiana	MPT	35-36
4.	DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	MPT	37-40

8. To consider the recommendations made by the Board of Studies in Physiotherapy in its meeting held on 29.07.2019 vide para-8 for approval the Plan of Theses of MPT students of Physiotherapy College admitted in session 2018, except the students mentioned below in note. The statement showing the Name of Candidates, Specialty, Proposed Topics of Thesis, Name of Supervisors/Co-Supervisors and One Page Abstract, are available at (Pages 41 to 65 of Appendices):

Sr. No.	Name of Colleges	Total No. of Plans	Pages of Appendices
1.	All Saints Institute of Medical Sciences, & Research Ludhiana	07	41-49, 49-A
2.	University College of Physiotherapy, Faridkot	01	57-59
3.	DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	01 (Ms. Jares Sahonta)	60-65

Note: It is for information of the House that Board of Studies in its meeting held on 29.07.2019 the Principals of DAV Institute of Physiotherapy & Rehabilitation, Jalandhar and Dasmesh College of Physiotherapy, Faridkot noted down the observations of the Board of Studies and assured the House that revised Plan will be submitted shortly.

It was **RESOLVED:** That the Principals of DAV Institute of Physiotherapy & Rehabilitation, Jalandhar and Dasmesh College of Physiotherapy, Faridkot will resubmit the revised plan of thesis of following MPT students in view of the observations of the Board shortly to the Controller of Examinations for consideration in the Faculty meeting.

Sr. No.	Name of College	Detail of MPT students for resubmission of plan of thesis
1	DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	03 students
2	Dasmesh College of Physiotherapy, Faridkot	All Students (04)

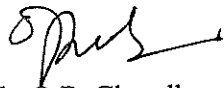
9. To consider the recommendations made by the Board of Studies in Physiotherapy in its meeting held on 29.07.2019 vide para-9 for approval of the following Committee to pre examine the Plan of thesis of MPT course thoroughly before place the MPT Plan of Thesis in the meeting of the Board of Studies. The revised/final refined Plan of Thesis will be submitted before the meeting of Board of Studies/Faculty for approval:

The Pre examine Committee are as follows

1. Chairman
2. Two (02) subject experts - Members
3. Principal/Representative of concerned college - Member
4. To be appointed by the Principal of the concerned college - Secretary

The secretary will be the convener of the meeting.

10. To consider the 2<sup>nd</sup> Six monthly Progress Report submitted by **Mr. Satish Sharma**, (Part-Time candidate) for the subject of Ph.D. Physiotherapy under Faculty of Physiotherapy at D.A.V. Institute of Physiotherapy & Rehabilitation, Jalandhar on Thesis topic entitle "**Effect of Vibration Stimulus on Spasticity, Balance and Gait in Post Stroke Hemiplegic Patients**" (Pages 66 to 75 of Appendices).
  
11. Any other item with the permission of the Chair.

  
Sh. O.P. Chaudhary  
(Secretary)



# **BABA FARID UNIVERSITY OF HEALTH SCIENCES**



## **Appendices of Agenda**

**for the meeting of the**

### **Faculty of Physiotherapy**

**to be held on 05.09.2019 at 11:30 am  
in the Committee Room  
Baba Farid University of Health Sciences  
Faridkot**

**FARIDKOT-151 203**



# Appendices

Action Taken Report

In respect of the decisions taken by the Faculty of Physiotherapy in its meeting held on 24.01.2019 at 11:30 a.m. in the Committee Room, Baba Farid University of Health Sciences, Faridkot

Para No.	Decision Taken	Action Taken																				
6.	<p>Considered the recommendations made by the Board of Studies in Physiotherapy in its meeting held on 10.12.2018 vide para-6 and <b>RESOLVED:</b> To approve the panel of Internal Examiners for the conduct of BPT and MPT examinations to be held in November/December, 2018 with amendments made by the House during the meeting and with subject to the following conditions as under.</p> <table border="1" data-bbox="598 840 1412 1713"> <thead> <tr> <th data-bbox="598 1422 766 1713">Sr. No.</th> <th data-bbox="598 840 766 1422">Name of the College</th> </tr> </thead> <tbody> <tr> <td data-bbox="766 1422 853 1713">1.</td> <td data-bbox="766 840 853 1422">Dasmesh College of Physiotherapy, Faridkot</td> </tr> <tr> <td data-bbox="853 1422 925 1713">2.</td> <td data-bbox="853 840 925 1422">University College of Physiotherapy, BFUHS, Faridkot</td> </tr> <tr> <td data-bbox="925 1422 997 1713">3.</td> <td data-bbox="925 840 997 1422">College of Physiotherapy, CMC, Ludhiana</td> </tr> <tr> <td data-bbox="997 1422 1069 1713">4.</td> <td data-bbox="997 840 1069 1422">College of Physiotherapy, AIMS, Sri Muktsar Sahib</td> </tr> <tr> <td data-bbox="1069 1422 1141 1713">5.</td> <td data-bbox="1069 840 1141 1422">All Saints Institute of Medical Sciences &amp; Research, Ludhiana</td> </tr> <tr> <td data-bbox="1141 1422 1212 1713">6.</td> <td data-bbox="1141 840 1212 1422">State Institute of Nursing &amp; Para Medical Sciences, Badal (Muktsar)</td> </tr> <tr> <td data-bbox="1212 1422 1284 1713">7.</td> <td data-bbox="1212 840 1284 1422">DAV Institute of Physiotherapy &amp; Rehabilitation, Jalandhar</td> </tr> <tr> <td data-bbox="1284 1422 1356 1713">8.</td> <td data-bbox="1284 840 1356 1422">Sigma College of Physiotherapy &amp; Hospital, Gill Road, Ludhiana</td> </tr> <tr> <td data-bbox="1356 1422 1412 1713">9.</td> <td data-bbox="1356 840 1412 1422">College of Physiotherapy, AIMS, Bathinda</td> </tr> </tbody> </table>	Sr. No.	Name of the College	1.	Dasmesh College of Physiotherapy, Faridkot	2.	University College of Physiotherapy, BFUHS, Faridkot	3.	College of Physiotherapy, CMC, Ludhiana	4.	College of Physiotherapy, AIMS, Sri Muktsar Sahib	5.	All Saints Institute of Medical Sciences & Research, Ludhiana	6.	State Institute of Nursing & Para Medical Sciences, Badal (Muktsar)	7.	DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	8.	Sigma College of Physiotherapy & Hospital, Gill Road, Ludhiana	9.	College of Physiotherapy, AIMS, Bathinda	Implemented
Sr. No.	Name of the College																					
1.	Dasmesh College of Physiotherapy, Faridkot																					
2.	University College of Physiotherapy, BFUHS, Faridkot																					
3.	College of Physiotherapy, CMC, Ludhiana																					
4.	College of Physiotherapy, AIMS, Sri Muktsar Sahib																					
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7.	DAV Institute of Physiotherapy & Rehabilitation, Jalandhar																					
8.	Sigma College of Physiotherapy & Hospital, Gill Road, Ludhiana																					
9.	College of Physiotherapy, AIMS, Bathinda																					

The above said panel is approved with the amendments as under:

Name of College	Examination, Prof & Subject	Name of Internal Examiner in the Agenda	New approved name of Internal Examiner
Dasmesh College of Physiotherapy	BPT 3 <sup>rd</sup> year (Gen. Medicine)	Dr. Raj Bahadur Singh Gill	Same as UCOP
	BPT Final Prof (Gen. Surgery)	No Eligible Teacher	Same as UCOP
College of Physiotherapy, CMC, Ludhiana	BPT Final Prof (Neurology)	Dr. Raj Bahadur Singh Gill	Same as UCOP
	BPT 1st Prof Physiology	Dr. Suchitra Dolalikar	Dr. Joydeep Singh, Prof, 16.5 years
	BPT 1st Prof Exercise Therapy-1	Dr. Dorcas B.C Gandhi	Dr. Mullai S. Prof., 11 yrs 06 months
	BPT 1st Prof Computer Applications	Mr. P. Satish	Not Eligible
	BPT 2nd Prof Biomechanics	Dr. Mullai S.	Dr. Dorcas B.C. Gandhi, Asso. Prof., 05 yrs 06 months
	BPT 1st Year Computer Applications	<u>Mr. P. Satish, Asst. Prof., B.Com, PGDCA, Exp 12 yrs</u>	<u>Mr. Barjinder Kumar, Asst. Prof., Exp 08 yrs. From ASIMS&amp;R, Ludhiana</u>
All Saints Instt. of Medical and Research,	BPT 1st Prof Physiology	No Eligible Teacher	Dr. Samuel Surjit From College of Physiotherapy, CMC, Ludhiana

Ludhian						
State Instt. of Nursing & Para Medical Sciences, Badal	BPT 1st Prof 1. Anatomy 2. Physiology 3. Computer Application	No Eligible Teacher	Same as UCOP			
	BPT 2nd Biomechanics	Dr. Navneet Kaur Aulakh	Same as UCOP			
	BPT 3rd Prof 1. Orthopaedics 2. Gen. Medicine	No Eligible Teacher	Same as UCOP			
	BPT 4th Prof 1. Gen. Surg. 2. Gen. Neuro	No Eligible Teacher	Same as UCOP			
DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	BPT 1st year Anatomy	No Eligible Teacher	Dr. Anil Virdi, MBBS, MS (Surgery) Exp 17 years			
	BPT 4th year (Old and New) G. Surgery	1. Dr. Anil virdi	Dr. Anil Virdi			
	BPT 3rd Orthopedics	2. Dr. Vandna Dr. Tanveer Doomra (MS Ortho)	Not eligible Dr. Ankul Sachar (MS Ortho)			
University of College Physiotherapy, BFUHS, Faridkot	BPT 3rd Prof Medicine	Dr. Shaminder Kaur	Dr. Rupinderjit Kaur, Asst. Prof., Exp 11 yrs			

1. That in case a relative of examiner is appearing, examiners retirement/court case/dispute, etc., the Principal of concerned college(s) will make request to the Controller of Examinations for

appointment of internal examiner for BPT/MPT examinations and Controller of Examinations is authorized on behalf of the Board/Faculty to take final decision in this regard after approval of the worthy Vice-Chancellor.

2. The House observed that some colleges have not eligible teacher to become Internal Examiners in various subjects in the list already supplied, the Board taken a serious view of it and suggested that every college should have its own teacher to become Internal Examiner for BPT/MPT.

3. That in case Principal of the concerned College of Physiotherapy writes to the University to appoint alternate Internal Examiner from the College itself the same will be allowed after getting approval from worthy Vice-Chancellor.

4. That in case, at the last moment, a request is received from the Principal for change of Internal Examiner due to non availability of Internal Examiner approved by Faculty of Physiotherapy an alternate Internal Examiner will be appointed by the Controller of Examination, after getting approval from the Competent Authority with a penalty of Rs. 25000 /- per examiner/per session for not informing the non-availability of Internal Examiner to the University on or before the meeting of Faculty of Physiotherapy and in such cases TA/DA and other charges to the Internal Examiners will be paid by the concerned college/institute where he/she to be deputed by the University.

5. On receipt of the request for consecutive second time a penalty of Rs.50,000/- per examiner/per session will be imposed on the college concerned.

6. On receipt of the request consecutive third time, a penalty of Rs.1,00,000/- per examiner/per session will be imposed on the College concerned.

7. On receipt of request for fourth time, Centre for conduct of Practical Examiner will be clubbed with another affiliated College to the University.

8. Penalty as decided above will not be applicable upto to November/December, 2018 i.e. 03 (Three) consecutive sessions for the subjects of Anatomy, Physiology, Orthopaedics, General Medicine, General Surgery, Neurology, Paediatrics & Geriatrics subjects since

	<p>finding teachers is difficult at times. However penalty decided above will be imposed as such so for as these subjects after November/December, 2018.</p> <p>9. That one examiner will be allowed to conduct examination in maximum three subjects.</p>	
<p>7.</p>	<p>Considered the recommendations made by the Board of Studies in Physiotherapy in its meeting held on 10.12.2018 vide para-7 and <b>RESOLVED:</b> To approve the extension of the panel of external examiners for BPT and MPT examinations for two years i.e upto November/December 2020 (already approved by the Faculty of Physiotherapy), with the provision of addition/deletion if any required. However more name of teachers for appointment of external examiners to be submitted by the Principal to the Controller of Examinations. The Controller of Examinations authorize on behalf of the Faculty of Physiotherapy to get it approved from the Worthy Vice-chancellor subject to the condition that he/she fulfill the eligibility criteria as per norms:-</p>	<p><b>Implemented</b></p>

	Letter issued to the candidate
8.	<p>Considered the case of registration of <b>Ms. Manharleen Kaur</b> a part time Ph.D student in the subject of <b>Physiotherapy</b> under the faculty of Physiotherapy:  After discussion it was <b>RESOLVED:</b> To approve the registration of <b>Ms. Manharleen Kaur</b> (a part time candidate) for Ph.D in the subject of <b>Physiotherapy</b> under the faculty of Physiotherapy &amp; as under:</p> <p>a) Topic “<b>A Comparative Analysis of Physical Fitness Components and Respiratory Indices Among Endurance, Power &amp; Combined Trained Athletes</b>” under the Faculty of Physiotherapy.</p> <p>b) <u>Supervisor:</u> <b>Dr. Jitendra Sharma</b>, Professor &amp; Principal, <b>D.A.V. Institute of Physiotherapy &amp; Rehabilitation, Jalandhar</b></p> <p>c) <u>Research Centre:</u> <b>D.A.V. Institute of Physiotherapy &amp; Rehabilitation, Jalandhar.</b></p> <p>d) <b>Ms. Manharleen Kaur</b> be registered as part time candidate for Ph.D Degree in the subject of Nursing under the faculty of Physiotherapy w.e.f. 24.01.2019</p> <p>e) A letter of Registration of Ph.D. will be issued by the Examination Branch after allotment of Registration No.</p>

- 1 -

# CHRISTIAN MEDICAL COLLEGE LUDHIANA SOCIETY COLLEGE OF PHYSIOTHERAPY

(REGISTERED SOCIETY UNDER ACT NO. XXI OF 1860 AS A CHARITABLE MONORITY INSTITUTION)

PROMOTING HEALTH THROUGH  
- COMMUNITY OUTREACH  
- PATIENT CARE  
- EDUCATION  
- RESEARCH



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[principalcopcmcl@hotmail.com](mailto:principalcopcmcl@hotmail.com)  
[principalcopcmcl@gmail.com](mailto:principalcopcmcl@gmail.com)

Ref. No. - COP/CMC/ E /08/019

Date - 06.03.2019

To,  
The Registrar  
Baba Farid University of Health Sciences  
Faridkot

**Subject – List of Internal Examiners for BPT / ~~MPT~~ examinations to be held in May/ June 2019.**

Respected Sir,

With reference to your letter No. 13-BFUHS (Meeting) / 2019 / 4109-4118 dated 15.02.2019.  
Kindly find enclosed herewith list of Internal Examiners for BPT/MPT examination to be held in May/  
June 2019.

Thanking you,  
Yours sincerely

*Sandeep Singh*  
Dr. Sandeep Singh Saini  
Principal College of Physiotherapy,  
C.M.C. LUDHIANA.

*Sr. Assstt (M)*

2379 1/2 (M)  
7/3/19 *[Signature]*  
7/3/19

*[Signature]*  
8/3

7A-2 (M)  
*[Signature]*  
20/3



Internal Examiners for the conduct of various professional BPT examinations to be held in May/ June 2019.

29

BPT First Prof.

Name of the College	Name	Designation	Age	Qualification	Specialty	Experience after PG/ Present Post
College of Physiotherapy	Anatomy					
	Dr. Neeru Goyal	Associate Professor	37 yrs	M.Sc, Ph.D Anatomy	Anatomy	11 yrs 6 Months/ 3 yrs 10Months
	Physiology					
	Dr. Neeraj Garg	Associate Professor	44 yrs	MBBS,MD	Physiology	14 yrs 11 months /4 yrs 5 months
	Exercise Therapy-I					
	Dr. Amarjot Singh Gill	Assistant Professor	30 yrs	MPT (Neuro)	Neurology	4 yrs / 3yrs
	Electrotherapy -I					
	Dr. Supriya Khanna	Associate Professor	32 yrs+	MPT ortho	Ortho	8 yrs 3 Months/ 3 Years
	Computer Applications					
	As approved by BFUHS (BOS) i.e Mr. Barjinder Kumar Aneja ( ASIMSR) will act as Internal Examiner for COP, CMCH too.					

BPT Second Prof.

Name of the College	Name	Designation	Age	Qualification	Specialty	Experience after PG/ Present Post
College of Physiotherapy	Exercise therapy-II					
	Dr. Amarjot Singh Gill	Assistant Professor	30 yrs	MPT (Neuro)	Neurology	4 yrs / 3yrs
	Electrotherapy-II					
	Dr. Sandeep Singh Saini	Professor / Principal	39 yrs	MPT ( Ortho)	Orthopaedics	12 yrs 10 months/ 5Years 1Month
	Biomechanics					
	Dr. Mullai S.	Professor	39 yrs+	MPT (Sports)	Sport	11 yrs 6 months/ 3 Years

*Sandeep Singh*

Principal  
College of Physiotherapy,  
C.M.C. LUDHIANA.

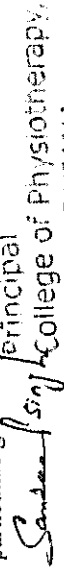
**BPT Third Prof.**

Name of the College	Name	Designation	Age	Qualification	Specialty	Experience after PG/ Present Post
College of Physiotherapy	Orthopaedics					
	Dr. Rajesh Paul/	Professor & Head/	54 yrs	MBBS, MS Ortho	Orthopaedics	28 yrs 18 yrs
	Dr. Abhishek Samuel	Assistant Professor	40 yrs+	MBBS, MS (Ortho)	Orthopaedics	9 yrs 6 months
	General Medicine					
	Dr. Navjot Singh	Professor & HOD	45 yrs	MBBS, MD	Gen. Medicine	19 yrs 7 Months / 8 yrs 5 Months
	PT in Orthopaedics					
	Dr. Mullai S.	Professor	39 yrs+	MPT (sports)	Sports	11 yrs 6 months/ 3 Years
PT in Medical Condition- I						
	Dr. Amarjot Singh Gill	Assistant Professor	30 yrs	MPT (Neuro)	Neurology	4 yrs / 3 Yrs.

**BPT Fourth Prof.**

Name of the College	Name	Designation	Age	Qualification	Specialty	Experience after PG/ Present Post
College of Physiotherapy	Gen. Surgery					
	Dr. Amit Mahajan	Associate Professor	43 yrs	MBBS, MS	Gen. Surgery & Vascular Surgery	12 Yrs / 3 Yrs
	Neurology					
	Dr. Navjot Singh	Professor & HOD	45 yrs	MBBS, M D	Gen. Medicine	19 yrs 7 Months / 8 Yrs 5 Months
	PT in Neurological Conditions					
	Dr. Dorcas B.C Gandhi	Associate Professor	32 yrs	MPT ( Neuro )	Neurology	5 yrs 6 months/ 1 Years 6 Months
	PT in Surgical Conditions					
	Dr. Supriya Khanna	Associate Professor	32 yrs	MPT ( Ortho )	Orthopaedics	8 yrs 3 months/ 3 Years
	Physiotherapy Ethics, administration & Rehabilitation					
	Dr. Sandeep Singh Saini	Professor/ Principal	39 yrs	MPT (Ortho)	Orthopaedics	12 yrs 10 months/ 5 Years 1 Month

Certified that I have seen the original supporting documents/degrees/ diplomas of the teachers listed above and the particulars given in respect of them are correct.

  
 Sandeep Singh  
 Principal  
 College of Physiotherapy,  
 Signature of the Principal, JAMSHEDPUR, JHARKHAND.

Telegram : ADESHOSPTL  
Post Box : 23

-4-

(01633) 263617  
262164, 264996  
Ext. : 211 Fax : 261212



# COLLEGE OF PHYSIOTHERAPY

ADESH INSTITUTE OF MEDICAL SCIENCES

Kotkapura Road, MUKTSAR-152026 (Pb.)

(Approved by Govt. of Punjab, Affiliated with Baba Farid University of Health Sciences, Faridkot,  
Recognised by the Indian Association of Physiotherapists)

ਕਾਲਜ ਆਫ਼ ਫਿਜ਼ੀਓਥੈਰੇਪੀ, ਕੋਟਕਪੁਰਾ ਰੋਡ, ਮੁਕਤਸਰ (ਪੰਜਾਬ)

Ref. No.COP/AIMS/19/02/ 3235

Date: 21.02.2019

To

The Registrar,  
Baba Farid University of Health Sciences,  
Sadiq Road,  
Faridkot.

**Subject: Regarding list of Internal Examiner for BPT examination session  
May-June 2019.**

R/Sir,

We are hereby sending you the list of internal examiners of various years  
of BPT for the session May-June 2019.

Kindly consider the same

Thanks,

Yours truly,

*Anu Brar*  
Principal, 21/2/19

College of Physiotherapy,  
Adesh Institute of Medical Sciences,  
Sri Muktsar Sahib-152026 (Punjab)

Enclosures: -

1 List of Internal Examiner for May-June 2019

*Sr. NGA (M)*  
*21/2*  
*JA 21/2*  
*25/2*

Internal Examiners for the conduct of BPT examinations to be held in May-June 2019

BPT First Prof.

Name of the College College of Physiotherapy, AIMS, Sri Muktsar Sahib	Anatomy Dr. Monika Gupta, MD (Anatomy) Assistant Prof. (AIMSR, Bathinda), Exp. 07 years 06 months	Physiology Dr. Harpreet Kaur, MD (Physiology) Assistant Prof. (AIMSR, Bathinda), Exp. 07 years 06 months	Exercise-therapy-I Dr. Ambar Dabra, MPT (Neuro), Assistant Prof. Exp. 05 years 06 months	Electrotherapy-I Dr. Ambar Dabra, MPT (Neuro), Assistant Prof. Exp. 05 years 06 months	Computer application Mrs. Amrinder Kaur, (MCA) Assistant Prof. Exp. 12 years
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BPT Second Prof.

Name of the College College of Physiotherapy, AIMS, Sri Muktsar Sahib	Exercise-therapy-II Dr. Jaspreet Kaur, MPT (Cardio), Assistant Prof. Exp. 06 years	Electrotherapy-II Dr. Ambar Dabra, MPT (Neuro), Assistant Prof. Exp. 05 years 06 months	Biomechanics Dr. Jaspreet Kaur, MPT (Cardio), Assistant Prof. Exp. 06 years		
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BPT Third Prof.

Name of the College College of Physiotherapy, AIMS, Sri Muktsar Sahib	Orthopaedics 1. Dr. Jagseer Singh MS (Ortho) Associate Prof. Exp. 06 years 06 months 2. Dr. Parminder Singh MS (Ortho) Associate Prof. Exp. 07 years 06 months	Gen. Medicine 1. Dr. Rajpreet Singh Brar, MD (Medicine) Assistant Prof. Exp. 03 years 06 months 2. Dr. Gursimranpal Singh MD (Medicine) Assistant Prof. Exp. 03 Years 06 months	FT in Ortho Conditions Dr. Manpreet Kaur MPT (Sports) Assistant Prof. Exp. 05 years 06 months	PT in Ortho Conditions Dr. Manpreet Kaur MPT (Sports) Assistant Prof. Exp. 05 years 06 months	PT in Medical Conditions-I Dr. Jaspreet Kaur, MPT (Cardio), Assistant Prof. Exp. 06 years
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BPT Fourth Prof.

Name of the College College of Physiotherapy, AIMS, Sri Muktsar Sahib	General Surgery Dr. Nikhil Mahajan, MS (Surgery) Assistant Prof. Exp. 07 years	Neurology 1. Dr. Rajpreet Singh Brar, MD (Medicine) Assistant Prof. Exp. 03 years 06 months 2. Dr. Gursimranpal Singh MD (Medicine) Assistant Prof. Exp. 03 Years 06 months	PT in Med. Cond.-II & PTN Dr. Anu Brar, MPT (Ortho), Professor Exp. 13 years	PT in Surgical Conditions Dr. Anu Brar, MPT (Ortho), Assistant Prof. Exp. 13 years  <i>Anu Brar</i> Principal 21/11/19	Physiotherapy, Ethics, Administration & Rehabilitation Dr. Anu Brar, MPT (Ortho), Professor Exp. 13 years
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ADES INSTITUTE OF MEDICAL SCIENCES  
 COLLEGE OF PHYSIOTHERAPY  
 SRI MUKTSAR SAHIB (PB)

-6-

Phone /Fax No: 01637-244208

State Institute of Nursing & Para-medical Sciences,  
VPO Badal (Muktsar)  
A constituent college of

Baba Farid University of Health Sciences, Faridkot

Ref. No. SINPMS/2019/ 348

Dated: 28/02/2019

To



The Registrar  
Baba Farid University of Health Sciences.  
FARIDKOT

( Subject: List of Internal Examiners for BPT Examinations to be held in May/June-2019.


Respected Sir,


This has reference to your office letter no. 13-BFUHS(Meeting)2019/4109-4118 dated 15.02.2019, please find enclosed herewith list of Internal Examiners for BPT Examinations schedule to be held in May/June 2019 in prescribed format.

Thanking You,

  
PRINCIPAL  
State Institute of Nursing  
& Para- Medical Sciences  
Vill. & P.O. BADAL  
Distt. Sri Muktsar Sahib(PB.)  


Encl: As above.

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List of Internal Examiners for various BPT Examinations to be held in May/June, 2019

Name of College : State Institute of Nursing & Para Medical Sciences, Badal

**BPT 1<sup>st</sup> Prof.**

Anatomy	Physiology	Exercise Therapy I	Electrotherapy I	Computer Application
No Eligible Teacher	No Eligible Teacher	Name : Ms. Deepiti Batra Designation : Lecturer Age : 35 Years Qualification : M.P.T. (Ortho) Year of Passing MPT :- 2008 Experience (in present post) : 10 Years 6 month	Name : Ms. Deepiti Batra Designation : Lecturer Age : 35 Years Qualification : M.P.T. (Ortho) Year of Passing MPT :- 2008 Experience (in present post) : 10 Years 6 month	No Eligible Teacher

**BPT 2<sup>nd</sup> Prof.**

Exercise Therapy II	Electrotherapy II	Biomechanics
Name : Ms. Navneet Kaur Aulakh Designation : Lecturer Age : 36 Years Qualification : M.P.T. (Ortho) Year of Passing MPT :- 2007 Experience (in present post) : 10 Years 10 months	Name : Ms. Deepiti Batra Designation : Lecturer Age : 35 Years Qualification : M.P.T. (Ortho) Year of Passing MPT :- 2008 Experience (in present post) : 10 Years 6 month	Name : Ms. Damanjit Kaur Designation : Lecturer Age : 34 Years Qualification : M.P.T. (Cardio Pulmonary) Year of Passing MPT :- 2009 Experience (in present post) : 9 Years

**BPT 3<sup>rd</sup> Prof.**

Orthopaedics	General Medicine	PT in Orthopaedics	PT in Medical Conditions
No Eligible Teacher	No Eligible Teacher	Name : Ms. Navneet Kaur Aulakh Designation : Lecturer Age : 36 Years Qualification : M.P.T. (Ortho) Year of Passing MPT :- 2007 Experience (in present post) : 10 Years 10 months	Name : Dr. Fatehjeet Singh Mann Designation : Lecturer Age : 37 Years 6 months Qualification : M.P.T. (Sports) Year of Passing MPT :- 2015 Experience (in present post) : 4 Years

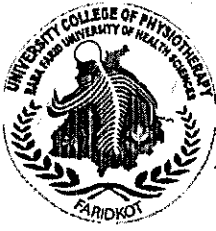
**BPT 4<sup>th</sup> Prof.**

Gen. Surg.	Neuro.	PT Neurology condition	PT in Surgical Conditions	Physiotherapy Ethics, Administration & Rehabilitation
No Eligible Teacher	No Eligible Teacher	Name : Dr. Fatehjeet Singh Mann Designation : Lecturer Age : 37 Years 6 months Qualification : M.P.T. (Sports) Year of Passing MPT :- 2015 Experience (in present post) : 4 Years	Name : Ms. Navneet Kaur Aulakh Designation : Lecturer Age : 36 Years Qualification : M.P.T. (Ortho) Year of Passing MPT :- 2007 Experience (in present post) : 10 Years 10 months	Name : Ms. Damanjit Kaur Designation : Lecturer Age : 34 Years Qualification : M.P.T. (Cardio Pulmonary) Year of Passing MPT :- 2009 Experience (in present post) : 9 Years

Certified that I have seen the original supporting documents/degrees/diplomas of the teachers listed above and the particulars given in their regard are correct.

Navneet  
Co-ordinator

Principal  
State Institute of Nursing  
& Para-Medical Sciences  
VIII & P.O. BADAL



# University College of Physiotherapy

## Baba Farid University of Health Sciences

Sadiq Road, Faridkot - 151203

Ref. No. UCOP/2K19/ 59

Date: - 26/2/19

To  
The Registrar  
Baba Farid University of Health Sciences  
Faridkot

Sub: List of Internal Examiners for BPT/~~MPT~~ examinations to be held in May-June, 2019

Sir

In reference to letter No. 13-BFUHS(Meeting) /2019/ 4109-4118, Dated 15-02-2019, please find the attached list of Internal Examiners for BPT/MPT examinations to be held in May-June, 2019 of University College of Physiotherapy, Faridkot.

Regards

*JSGS.*  
Principal 26/2/19

Principal  
University College of Physiotherapy  
Baba Farid University of Health Sciences  
Faridkot

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6/3/19

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*Sr. ABH (M)*

*873*

*JA-2 (M)*

*8/3/19*

## Internal Examiners for the conduct of BPT examinations to be held in May-June 2019

BPT First Prof

Name of the College University College of Physiotherapy, Faridkot	Anatomy	Physiology	Exercise Therapy	Electrotherapy	Computer Application
	Dr. Priti Chaudhary, Prof., MS (Anatomy), Age - 45 yrs, Exp. 11.5 yrs	Dr Sonia, Assoc. Prof., MD (Physiology), Age - 39 yrs, Exp. 12.5 yrs.	Dr Reena Arora, Lect., MPT, Age - 38 yrs, Exp. 13.5 yrs	Dr Smati Sambyal, Lect., MPT, Age- 36 yrs, Exp. 9.5 yrs	Mr. Sarabjit Singh, Computer Programmer, M. Sc. Age - 41 yrs, Exp- 10.5 yrs.

BPT Second Prof

Name of the College University College of Physiotherapy, Faridkot	Exercise Therapy - II	Electrotherapy - II	Biomechanics
	Dr Jaspreet Singh Vij, Assoc. Prof., Ph. D. (Physiotherapy), Age - 38 yrs, Exp. 13.5 yrs	Dr Jaspreet Singh Vij, Assoc. Prof., Ph. D. (Physiotherapy), Age - 38 yrs, Exp. 13.5 yrs	

BPT Third Prof

Name of the College University College of Physiotherapy, Faridkot	Orthopaedics	General Medicine	PT in Orthopaedics	PT in Medical Conditions I
	Dr Anshul Dahuja, Assistant Professor, MS (Ortho), Age - 36 yrs, Exp. 6.5 yrs	Dr Rupinderjit Kaur, Associate Professor, MD (Med), Age 36 yrs, Exp - 10.5 yrs.	Dr Sandeep Kumar, Lecturer, MPT, Age - 36 yrs, Exp. 10.5 yrs	Dr Smati Sambyal, Lecturer, MPT, Age- 36 yrs, Exp. 9.5 yrs

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26/1/19

Principal  
University College of Physiotherapy  
Baba Farid University of Health Sciences  
Faridkot.



BPT Fourth Prof

Name of the College	G. Surgery	Neurology	PT in Neurological Conditions	PT Surgical Conditions	Physiotherapy Ethics, Administration and Rehabilitation
University College of Physiotherapy, Faridkot	Dr Nitin Nagpal, Professor, MS (Surg), Age - 38 yrs, Exp. 10.5 yrs	Dr Sulena, Assistant Professor, DM (Neurology), Exp - 9.5 yrs.	Dr Jaspreet Singh Viji, Associate Professor, Ph. D. (Physiotherapy), Age - 38 yrs, Exp. 13.5 yrs	Dr Smati Sambyal, Lecturer, MPT, Age- 36 yrs, Exp. 9.5 yrs	Dr Sandeep Kumar, Lecturer, MPT, Age - 36 yrs, Exp. 10.5 yrs

Certified that I have seen the original supporting documents/ degrees/ diplomas of the teachers listed above and the particulars given in respect of them are correct.


Principal  
University College of Physiotherapy  
Baba Farid University of Health Sciences  
Faridkot

## Internal Examiners for the conduct of MPT examinations to be held in May-June, 2019

MPT 2<sup>nd</sup> Year

College	Sports	Orthopaedics	Paediatrics	Neurology	Cardiology
University College of Physiotherapy, Faridkot	No exam	No exam	No Exam	No exam	No exam

Certified that I have seen the original supporting documents/ degrees/ diplomas of the teachers listed above and the particulars given in respect of them are correct.

  
 Principal  
 University College of Physiotherapy  
 Baba Farid University College of Physiotherapy  
 Faridkot, Faridkot



# Dasmesh College of Physiotherapy

Talwandi Road, Faridkot-151203 (Punjab)

(A Post-Graduate Institute)

(Recognised by Govt of Punjab and Affiliated to Baba Farid University of Health Sciences, Faridkot)

email:dasmeshphysio2010@gmail.com

www.dasmeshinstitutes.com

Ref: DCOP-015/ Physio-M-J/20 19/ \_\_\_\_\_

Dated: Feb. 20, 2019

To,

The Controller Examinations, / Registrar  
Baba Farid University of Health Sciences,  
Faridkot

Sub: SUBMISSION OF LIT OF INTERNAL EXAMINERS FOR MAY-JUNE 2019 EXAMINATIONS

Respected Sir,

Reference your letter No. 13-BFUHS (Meeting)/2019/4109-4118 dated 15.02.2019, kindly find enclosed herewith the List of Internal Examiners for May-June Examination 2019 in respect of 'Dasmesh College of Physiotherapy' Faridkot for your kind approval please. This I for your information that the same has been up-loaded on your email ID also.

Thanking you.

Copy to:

Yours sincerely

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21/2/19 *[Signature]*

*[Signature]*  
25/2/19

Principal  
Dasmesh College of Physiotherapy  
Faridkot

21/2/19.

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25/2

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*[Signature]*

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## DASMESH COLLEGE OF PHYSIOTHERAPY FARIDKOT

INTERNAL EXAMINERS FOR THE CONDUCT OF BPT & MPT EXAMINATION TO BE HELD IN MAY JUNE 2019  
BPT 1ST. Year.


NAME OF THE COLLEGE		General Anatomy		Physiology		Exercise Therapy-I	Electrotherapy-I	Computer Applications
Dasmesh College of Physiotherapy, Faridkot	Dr. Anupama Gupta MBBS, MS	Mrs. Vaishali, (MSc, Anatomy)	Dr. Ruchita Vasudeva	Dr. Khushdeep Singh	Dr. Neha Chopra	Dr. Priyanka Vij	Mr. Preetinder Pal Singh	
Designation	Professor	Sr. Lecturer	Professor	Professor	Asst. Prof.	Asso. Professor	Assistant Professor	
Age/ Date of Birth	25.09.1969	21.11.1989	6.7.1972	20.03.1975	25.2.1990	20.10.1984	10.9.1986	
Qualification	MS Anatomy	M.Sc. (ANT.)	M.D. (Physiology)	M.D. (Physiology)	MPT (Neuro)	MPT (Cardio)	MSc I.T	
Experience after PG	15 Year	6.00 Years	11.5 Years	10.5 Years	3.5 years	7.5 Years	6.5 Years	

BPT II<sup>nd</sup>. Year.

NAME OF THE COLLEGE		Exercise Therapy-II		Electrotherapy-II	Bio-Mechanics
Dasmesh College of Physiotherapy, Faridkot	Dr. Priyanka Vij	Dr. Pushdeep Singh	Dr. Neha Chopra	Dr. Alak Jha	
Designation.	Associate Prof.	Asst. Prof.	Asst. Prof.	Professor	
Age/ Date of Birth	20.10.1984	27.12.1985	25.2.1990	01.01.1980	
Qualification	MPT (Cardio)	MPT (Ortho)	MPT (Neuro)	MPT (Ortho)	
Experience after PG	7.5 Years	5.5 Years	3.5 years	11.5 Years	

BPT III<sup>rd</sup>. Year.

NAME OF THE COLLEGE		ORTHOPAEDICS	GEN. MEDICINE	PT in ORTHOPAEDICS
Dasmesh College of Physiotherapy	Dr. APS Kochhar	Dr VINOD SINGH SACHDEV	Dr Alak Jha	Dr Pushdeep Singh
Designation	Professor	Asst Professor	Professor	Asst Prof.
Age/ Date of Birth	3.7.1957	13.03.1954	01.01.1980	27.12.1985
Qualification	MS Ortho	MD Medicine	MPT (Ortho)	MPT (Ortho)
Experience after PG	16.5 Years	28 Years	11.5 Years	5.5 Years

  
 Principal  
 Dasmesh College of Physiotherapy  
 Faridkot

3

BPT Final Year.

NAME OF THE COLLEGE	GEN SURGERY	NEUROLOGY	PT IN NEURO CONDITIONS	Physiotherapy Ethics, Adm & Rehab	PT IN SUR. CONDITIONS
Dasmesh College of Physiotherapy, Faridkot	Dr. HL Taneja	Dr VINOD SINGH SACHDEV	Dr. Neha Chopra	Dr Alok Jha	Dr. Priyanka Vij
Designation	Professor	Asst Professor	Asst. Prof.	Professor	Associate Professor
Age/ Date of Birth	62 Years	13.03.1954	25.2.1980	01.01.1980	20.10.1984
Qualification	MS Gen Sur	MD Medicine	MPT (Neuro)	MPT (Ortho)	MPT (Ortho)
Experience after PG	20 Years	28 Years	3.5 years	11.5 Year	7.5 Years
					Asst Prof.
					27.12.1985
					5.5 Years

Certified that I have seen the original supporting documents/degrees/diplomas of the teachers listed above and the particulars given in respect of them are correct..

### DASMESH COLLEGE OF PHYSIOTHERAPY FARIDKOT

INTERNAL EXAMINERS FOR THE CONDUCT OF MPT EXAMINATION TO BE HELD IN NOV DEC 2018

MPT 2ND Year.

NAME OF THE COLLEGE	ORTHOPAEDICS
Dasmesh College of Physiotherapy, Faridkot	Dr Alok Jha
Designation	Professor
Age/ Date of Birth	01.01.1980
Qualification	MPT (Ortho)
Experience after PG	11.5 Year

Certified that I have seen the original supporting documents/degrees/diplomas of the teacher listed above and the particulars given in respect of them are correct.

PRINCIPAL  
DASMESH COLLEGE OF PHYSIOTHERAPY  
Principal  
Dasmesh College of Physiotherapy  
Faridkot

1141



- 15 -  
**ALL SAINTS INSTITUTE OF MEDICAL SCIENCES & RESEARCH**

(Affiliated to Baba Farid University of Health Sciences, Faridkot)

SOUTHERN CANAL BY-PASS, V.P.O. JASPAL BANGAR, LUDHIANA - 141122

Phone : 0091-161-2813540, 0091-98142-17300 Fax : 0091-161-2813340

E-mail : allsaintsludhiana@gmail.com Website : www.allsaintsedu.com

Ref. No. 187/19

Dated 11/03/2019

To, ✓  
The Registrar / Controller of Examinations, ✓  
Baba Farid University of Health Sciences,  
Faridkot.

**Subject: List of internal Examiners for BPT/~~MPT~~ examinations to be held  
in May-June 2019**

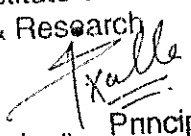
Respected Sir,

With reference to your office letter no.13-BFUHS(Meeting)/2019/4109-4118 dated 15-02-19 please find attached list of internal examiners for B.P.T./M.P.T. examinations to be held in May-June 2019.


Thanking you.

Yours truly,

All Saints Institute of Medical  
Sciences & Research

  
(Principal) Principal

Enclosed: Soft copy for BPT/MPT internal examiners list

*Sr. Asst (M)*  


Internal Examiners for the conduct of various Professional BPT Examinations to be held in May-June 2019  
 College Name: All Saints Institute of Medical Sciences and Research, Ludhiana

**B.P.T. First Prof. (New Scheme)**

Anatomy	Physiology	Exercise Therapy-I	Electrotherapy-I	Computer Application
Dr. Manish Badhwar, Asst. Prof., Age 35 Yrs, M.Sc. (Anatomy), Total Experience 3 Years	Dr. Barinderpal Singh Ahuja, Lecturer, Age-45 Yrs, MD (Medicine), Exp in present post 4 Years	Dr. VijayaKumar D, Professor, Age - 43 Yrs, MPT(Ortho), Total Experience 17 Yrs	Dr. Devabrata Kalla, Professor, Age-40 Yrs, MPT(Ortho), Total Experience 12 Years	Mr. Barjinder Kumar Aneja, Asst. Professor, Age-42 Yrs, MSc(IT), Total Experience 9 Years

**B.P.T. Second Prof. (New Scheme)**

Exercise Therapy-II	Electro Therapy-II	Biomechanics
Dr. Deepinder Kaur, Asst. Prof., Age- 40 Yrs, MPT(Cardio), Total Experience 5 Years	Dr. Devabrata Kalla, Professor, Age-40 Yrs, MPT(Ortho), Total Experience 12 Years	Dr. Gaurav Thareja, MPT, Assoc. Professor, Age-35 Yrs, MPT(Ortho), Total Experience 10 Years

**B.P.T. Third Prof. (New Scheme)**

Orthopaedics	General Medicine	PT in Orthopaedic Cond.	PT in Medical Cond.
Dr. Rohit Chhabra, Lecturer, Age-41 Yrs, MS (Ortho), Total Experience 10 Years	Dr. Barinderpal Singh Ahuja, Lecturer, Age-45 Yrs, MD (Medicine), Exp in present post 4 Years	Dr. Gaurav Thareja, MPT, Assoc. Professor, Age-35 Yrs, MPT(Ortho), Total Experience 10 Years	Dr. Deepinder Kaur, Asst. Prof., Age- 40 Yrs, MPT(Cardio), Total Experience 5 Years

**B.P.T. fourth Prof. (New Scheme)**

General Surgery	Neurology	PT in Neurological Cond.	PT in Surgical Conds.	Rehabilitation
Dr. Arvindpal Singh Gambhir, Lecturer, Age-57 Yrs, MS (Surgery), Exp in present post 4 Years	Dr. Barinderpal Singh Ahuja, Lecturer, Age-45 Yrs, MD (Medicine), Exp in present post 4 Years	Dr. Rajneet Kaur Sahni, Associate Prof., Age- 33 Yrs, MFT(Neuro), Total Experience 8 Years	Dr. Gaurav Thareja, MPT, Assoc. Professor, Age-35 Yrs, MPT(Ortho), Total Experience 10 Years	Dr. VijayaKumar D, Professor, Age - 43 Yrs, MPT(Ortho), Total Experience 17 Yrs

Certified that I have seen the original supporting documents/degrees/diploma of the teachers listed above and the particulars given in respect of them are correct.

All Saints Institute of Medical  
 Sciences & Research

*(Principal)*  
 (Principal)

**List of Internal Examiners for the conduct of various professional  
MPT Examinations to be held in May-June 2019**

College Name: All Saints Institute of Medical Sciences and Research, Ludhiana

**M.P.T. 1st Prof.**

S. No.	Sports	Orthopaedics	Neurology	Cardiology
1	No Exam	No Exam	No Exam	No Exam

**M.P.T. 2nd Prof.**

S. No.	Sports	Orthopaedics	Neurology	Cardiology
1	Dr. Loveleen, Associate Prof., Age- 36 Yrs, MPT(Sports), Total Experience 8 Years	No Exam	Dr. Rajneet Kaur Sahni, Associate Prof., Age- 33 Yrs, MPT(Neuro), Total Experience 8 Years	Dr. Deepinder Kaur, Asst. Prof., Age- 40 Yrs, MPT(Cardio), Total Experience 5 Years

Certified that I have seen the original supporting documents/degrees/diploma of the teachers listed above and the particulars given in respect of them are correct.

All Saints Institute of Medical  
Sciences & Research

*Akshita*  
Principal

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- 18 -

# D.A.V. INSTITUTE OF PHYSIOTHERAPY & REHABILITATION

(Affiliated to Baba Farid University of Health Sciences, Faridkot)

Mahatma Hans Raj Marg, G.T. Road, Jalandhar-144 008 (Pb.) INDIA

Phone : 0181-2208021, 2209228, Fax : 0181-2208021

Ref.No. BFUHS/PHYSIO/RA/167

Date: 13.06.2019

The Registrar,  
Baba Farid University of Health Sciences,  
Faridkot.

Sub: List of Internal Examiner for BPT and MPT Examinations May/June 2019.

Dear Sir,

Please find enclosed herewith the list of Internal Examiners for BPT and MPT May/June 2019 Examinations of this Institute as per prescribed performa.

Regards,

Yours truly,

  
Dr Jitendra Sharma,

Principal

Encl: As above

Name of Institution **DAV INSTITUTE OF PHYSIOTHERAPY & REHABILITATION, Jalandhar**

**BPT - 1<sup>st</sup> Year (NEW)**

Name of College	Anatomy	Physiology	Exercise Therapy-I	Electro Therapy-I	Computer Application
DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	1. Name: Dr. Anil VirDI Designation: Assistant Professor Qualification: MBBS, MS (Surgery) Total Experience: 18 Years Teaching Experience: 5 Years	1. Name: Dr. Raghu Sabharwal Designation: Assistant Professor Qualification: MBBS, MD Experience: 24 Years (clinical) 2. Name: Dr. Nitin Gupta Designation: Lecturer Age: 48 Years Qualification: MBBS, MD Experience in The Present Post: 18 years 5 months	1. Name: Dr. Ram Babu Designation: Associate Professor. Age: 41 Years Qualification: BPT, MSPT Total Experience: 17 years. Experience in The Present Post: 11 years 8 Months. 2. Name: Dr Yash Partap Designation: Associate Professor. Age: 36 Years Qualification: BPT, MPT-Ortho Total Experience: 5 years 6 months Experience in The Present Post: 1 years 6 months	1. Name: Dr. Sadbhawna Designation: Assistant Professor. Age: 31 Years Qualification: MPT Musculoskeletal Total Experience: 4 years Experience in The Present Post: 4 years 2. Name: Dr. Jaspinder Kaur Designation: Assistant Professor. Age: 30 Years Qualification: MPT Neurology Total Experience: 5 years Experience in The Present Post: 5 years	1. Name: Mrs Vandana Kaushal Designation: Computer Teacher Age: 33 Years Qualification: M. Sc. (Comp. Science) Total Experience: 5 years Experience in The Present Post: 9 months

Certified that I have seen the original supporting documents/degrees/diplomas of the teachers listed above and the particulars given in respect of them are correct.

Principal

Name of Institution: DAV INSTITUTE OF PHYSIOTHERAPY & REHABILITATION, Jalandhar

BPT -- 2<sup>nd</sup> Year (NEW).

Name of College	Exercise therapy-I	Electrotherapy-II	Biomechanics
DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	<p>1. Name: Dr Yash Partap Designation: Associate Professor. Age:36 Years Qualification: BPT, MPT-Ortho Total Experience: 5 years 6 months. Experience in The Present Post: 1 year 6 months</p> <p>2. Name: Dr. Ram Babu Designation: Associate Professor. Age: 41 Years Qualification: BPT , MSPT Total Experience: 17years Experience in The Present Post: 11 years 8 Months.</p>	<p>1. Name: Dr Jaspinder Kaur Designation: Assistant Professor. Age:29 Years Qualification: MPT Neurology Total Experience: 5years Experience in The Present Post: 5 years</p> <p>2. Name: Dr Sadbhawna Designation: Assistant Professor. Age:31 Years Qualification: MPT Musculoskeletal Total Experience: 4 years Experience in The Present Post: 4years</p>	<p>1. Name: Dr. Jitendra Sharma Designation: Professor Age: 44 Years Qualification: BPT, MSPT Total Experience: 18years Experience in The Present Post: 8 years 9 Month</p> <p>2. Name: Dr Shilpy Jetly Designation: Associate Professor. Age: 40 Years Qualification: BPT , MSPT Total Experience: 16 years 9 months Experience in The Present Post: 8 years 9 month.</p>

Certified that I have seen the original supporting documents/degress/diplomas of the teachers listed above and the particulars given in respect of them are correct.

Principal

Name of Institution: DAV INSTITUTE OF PHYSIOTHERAPY & REHABILITATION, Jalandhar

SPT - 3<sup>rd</sup> Year (NEW).

Name of College	Orthopaedics	Medicine	PTO	PTM
DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	<p>1. Dr. Ankul Sachar Qualification: MBBS, MS(Orthopedics)</p> <p>2. Dr. Tanveer Designation: Lecturer Age: 32 years Qualification: MBBS, MS (Orthopedics), DNB (Orthopedics) Experience in the present post: 4 years</p>	<p>1. Name: Dr. Raghu Sabharwal Designation: Assistant Professor Qualification: MBBS, MD Experience: 24 Years (clinical)</p> <p>2. Name: Dr. Nitin Gupta Designation: Lecturer Age: 48 Years Qualification: MBBS, MD Experience in The Present Post: 18 years 5 months</p>	<p>1. Name: Dr Yash Partap Designation: Associate Professor. Age: 36 Years Qualification: BPT, MPT-Ortho Total Experience: 5 years and 6 months Experience in The Present Post: 1 year 6 months.</p> <p>2. Name: Dr Sadbhawna Designation: Assistant Professor. Age: 31 Years Qualification: MPT Musculoskeletal Total Experience: 4 years Experience in The Present Post: 4 years</p>	<p>1. Name: Dr Shilpy Jedly Designation: Associate Professor. Age: 40 Years Qualification: BPT, MSPT Total Experience: 16 years 9 months Experience in The Present Post: 8 years 7 month</p> <p>2. Name: Dr. Ram Babu Designation: Associate Professor. Age: 41 Years Qualification: BPT, MSPT Total Experience: 17 years Experience in The Present Post: 11 years 8 Months.</p>

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Principal

Certified that I have seen the original supporting documents/degrees/diplomas of the teachers listed above and the particulars given in respect of them are correct

Name of Institution: DAV INSTITUTE OF PHYSIOTHERAPY & REHABILITATION, Jalandhar

BPT -4<sup>th</sup> Year. (OLD)

Name of College	G. Surgery	Neurology	Paediatrics & Geriatrics	PTM-II	PTS	Computer Application
DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	1. Name: Dr. Anil Viridi Qualification: MBBS, MS (Surgery) Experience: 18 Years (clinical)	1. Name: Dr. H R Garg Designation: Lecturer Age: 67 Years Qualification: MBBS MD Total Experience: 23 years (clinical) 7 years (teaching) 2. Name: Dr. Nitin Gupta Designation: Assistant Professor Age: 50 Years Qualification: MBBS, MD Experience in The Present Post: 20 years 06 months	1. Name: Dr. Raghu Sabharwal Qualification: MBBS, MD (Medicine) Experience: 24 Years 2. Name: Dr. Nitin Gupta Designation: Assistant Professor Age: 50 Years Qualification: MBBS, MD Experience in The Present Post: 20 years 06 months	1. Name: Dr Jaspinder Kaur Designation: Assistant Professor. Age: 30 Years Qualification: MPT Neurology Total Experience: 5 years Experience in The Present Post: 5 years 2. Name: Dr Manika Saxena Designation: Assistant Professor. Age: 32 Years Qualification: BPT, MPT (Neurology) Total Experience: 5 years Experience in The Present Post: 4 Years	1. Name: Dr Shilpy Jetly Designation: Associate Professor. Age: 40 Years Qualification: BPT, MSPT Total Experience: 16 years 9 months Experience in The Present Post: 8 years 9 month 2. Name: Dr. Jitendra Sharma Designation: Professor Age: 44 Years Qualification: BPT, MSPT Total Experience: 18 years. Experience in The Present Post: 8 years 9 Months.	1. Name: Mrs Vandana Kaushal Designation: Computer Teacher Age: 33 Years Qualification: M. Sc. (Comp. Science) Total Experience: 5 years Experience in The Present Post: 9 months

Certified that I have seen the original supporting documents/degrees/diplomas of the teachers listed above and the particulars given in respect of them are correct.

BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT

Principal

Name of Institution: DAV INSTITUTE OF PHYSIOTHERAPY & REHABILITATION, Jalandhar

BPT - 4<sup>th</sup> Year. (NEW)

Name of College	G. Surgery	Neurology	PT In Neurological Condition	PTS	Physiotherapy Ethics, Administration & Rehab.
DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	1. Name: Dr. Anil Virdi Qualification: MBBS, MS (Surgery) Experience: 18 Years (clinical)	1. Name: Dr. H R Garg Designation: Lecturer Age: 67 Years Qualification: MBBS MD Experience in The Present Post: 23 years 2. Name: Dr. Nifin Gupta Designation: Assistant Professor Age: 50 Years Qualification: MBBS, MD Experience in The Present Post: 20 years 05 months	1. Name: Dr Jaspinder Kaur Designation: Assistant Professor. Age: 30 Years Qualification: MPT Neurology Total Experience: 5 years Experience in The Present Post: 5 years 2. Name: Dr Manika Saxena Designation: Assistant Professor. Age: 32 Years Qualification: BPT, MPT (Neurology) Total Experience: 5 years Experience in The Present Post: 5 Years	1. Name: Dr Shilpy Jedly Designation: Associate Professor. Age: 40 Years Qualification: BPT, MSPT Total Experience: 16 years 9 months Experience in The Present Post: 8 years 9 month 2. Name: Dr. Jitendra Sharma Designation: Professor Age: 44 Years Qualification: BPT, MSPT Total Experience: 18 years Experience in The Present Post: 8 years 9 Month	1. Name: Dr. Jitendra Sharma Designation: Professor Age: 44 Years Qualification: BPT, MSPT Total Experience: 18 years Experience in The Present Post: 8 years 9 Month

- 293 -

Certified that I have seen the original supporting documents/degrees/diplomas of the teachers listed above and the particulars given in respect of them are correct.

Principal



-24-

Ph : 0161-2816925, 2816926  
0161-2505152, 2816927  
Fax : 0161-2816926

# Sigma College of Physiotherapy & Hospital

(Being run by Sigma Health Training Institute Registered Society)

Office : 71, Opp. Telephone Exchange (New Grain Market) Gill Road, Ludhiana - 141003.  
Institute : Near Palm Enclave, Dakhni Bye pass, Gill Canal, Gill Road, Ludhiana - 141003.  
E-Mail : sigmacollegeldh@gmail.com

Ref. No. SHTI/Ldh/..19/11324

Date...11.03.19..

To

The Registrar  
Baba Farid University of Health Sciences  
Faridkot

Subject: Submitting details about Internal Examiners for BPT Examinations to be held in May/June 2019.

Respected Sir,

This is in reference to the subject cited above. That we are hereby submitting details about Internal Examiners for BPT Examinations to be held in May-June 2019 for BPT 1<sup>st</sup> Year and BPT 2<sup>nd</sup> Year. All the Lists are attached herewith.

Thanking You

Yours Sincerely

Principal

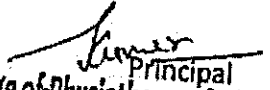
Sigma College of Physiotherapy & Hospital  
Near Palm Enclave, Dakhni Bye Pass  
Gill Canal, Gill Road, Ludhiana-141003

Internal Examiner Details for BPT Examinations to be held in May/June 2019

Name of the College: Sigma College of Physiotherapy, Ludhiana  
Subject: Anatomy  
Class: BPT 1<sup>st</sup> Year

Name of the Teacher	Designation	Age	Qualification	Experience
Mrs. Daizy Singh	Professor	39	MBBS MS (Anatomy)	10 Yrs

It is certified that, I have seen all the original documents/Degrees/Diplomas of the teacher listed above. The listed teacher is not involved in any court case/debar from any university/institute and no relative of the teacher is appearing in this examination. The particulars given are correct and the listed teacher is eligible to become internal examiner as per norms.

  
Principal  
Sigma College of Physiotherapy & Hospital  
Near Palm Enclave, Dakhiana-Pass  
Gill Canal, Gill Road, Ludhiana-141

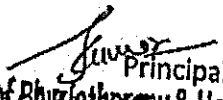


Internal Examiner Details for BPT Examinations to be held in May/June 2019

Name of the College: Sigma College of Physiotherapy, Ludhiana  
Subject: Electro Therapy-I  
Class: BPT 1<sup>st</sup> Year

Name of the Teacher	Designation	Age	Qualification	Experience
Mr. Tushar Arora	Associate Professor	31	MPT Orthopaedics	8 Yrs

It is certified that, I have seen all the original documents/Degrees/Diplomas of the teacher listed above. The listed teacher is not involved in any court case/debar from any university/institute and no relative of the teacher is appearing in this examination. The particulars given are correct and the listed teacher is eligible to become internal examiner as per norms.


  
Principal  
Sigma College of Physiotherapy & Hospital  
Near Palm Enclave, Dalandi Bypass  
Gill Canal, Gill Road, Ludhiana-141\*

Internal Examiner Details for BPT Examinations to be held in May/June 2019

Name of the College: Sigma College of Physiotherapy, Ludhiana  
Subject: Exercise Therapy- I  
Class: BPT 1<sup>st</sup> Year

Name of the Teacher	Designation	Age	Qualification	Experience
Mr. Tushar Arora	Associate Professor	31	MPT Orthopaedics	8 Yrs

It is certified that, I have seen all the original documents/Degrees/Diplomas of the teacher listed above. The listed teacher is not involved in any court case/debar from any university/institute and no relative of the teacher is appearing in this examination. The particulars given are correct and the listed teacher is eligible to become internal examiner as per norms.


  
Principal  
Sigma College of Physiotherapy & Hospital  
Near Palm Enclave, Dakhan Bata Pass  
Gill Canal, Gill Road, Ludhiana-141001

**Internal Examiner Details for BPT Examinations to be held in May/June 2019**

Name of the College: Sigma College of Physiotherapy, Ludhiana  
Subject: Physiology  
Class: BPT 1<sup>st</sup> Year

Name of the Teacher	Designation	Age	Qualification	Experience
Ms. Empreet Kaur	Asst. Professor	31	Medical Physiology	5 Yrs

It is certified that, I have seen all the original documents/Degrees/Diplomas of the teacher listed above. The listed teacher is not involved in any court case/debar from any university/institute and no relative of the teacher is appearing in this examination. The particulars given are correct and the listed teacher is eligible to become internal examiner as per norms.

  
Principal  
Sigma College of Physiotherapy & Hospital  
Sigma College of Physiotherapy  
Near Palm Enclave, Dakshin Bus Bass  
Ludhiana  
Gill Canal, Gill Road, Ludhiana-141\*

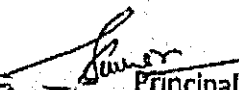
- 29 -

Internal Examiner Details for BPT Examinations to be held in May/June 2019

Name of the College: Sigma College of Physiotherapy, Ludhiana  
Subject: Electro Therapy- II  
Class: BPT 2<sup>nd</sup> Year

Name of the Teacher	Designation	Age	Qualification	Experience
Mr. Tushar Arora	Associate Professor	31	MPT Orthopaedics	8 Yrs

It is certified that, I have seen all the original documents/Degrees/Diplomas of the teacher listed above. The listed teacher is not involved in any court case/debar from any university/institute and no relative of the teacher is appearing in this examination. The particulars given are correct and the listed teacher is eligible to become internal examiner as per norms.


  
Principal  
Sigma College of Physiotherapy & Hospital  
Near Palm Enclave, Dakhal, Ludhiana  
Gill Canal, Gill Road, Ludhiana-141

Internal Examiner Details for BPT Examinations to be held in May/June 2019

Name of the College: Sigma College of Physiotherapy, Ludhiana  
Subject: Exercise Therapy- II  
Class: BPT 2<sup>nd</sup> Year

Name of the Teacher	Designation	Age	Qualification	Experience
Mr. Tushar Arora	Associate Professor	31	MPT Orthopaedics	8 Yrs

It is certified that, I have seen all the original documents/Degrees/Diplomas of the teacher listed above. The listed teacher is not involved in any court case/debar from any university/institute and no relative of the teacher is appearing in this examination. The particulars given are correct and the listed teacher is eligible to become internal examiner as per norms.

  
Principal  
Sigma College of Physiotherapy & Hospital  
Near Palm Enclave, Dabur Bypass  
Gill Canal, Gill Road, Ludhiana-141001

-30-A-

# CHRISTIAN MEDICAL COLLEGE LUDHIANA SOCIETY COLLEGE OF PHYSIOTHERAPY

(REGISTERED SOCIETY UNDER ACT NO. XXI OF 1860 AS A CHARITABLE MONORITY INSTITUTION)

PROMOTING HEALTH THROUGH  
- COMMUNITY OUTREACH  
- PATIENT CARE  
- EDUCATION  
- RESEARCH



LUDHIANA -141008, Punjab (INDIA)  
Cables / grams : CHRISMED  
Tele : 0161-2660044/9417947866  
Fax No.: (91)(0161)2660044  
[principalcopcmcl@hotmail.com](mailto:principalcopcmcl@hotmail.com)

Ref. No. COP/CMC/E/056/019

24.07.2019

To,  
The Controller of Examinations  
Baba Farid Univeristy of Health Sciences  
Faridkot

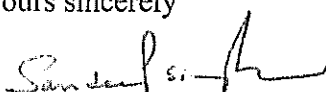
Subject – Request for replacement in Practical Internal Examiners.

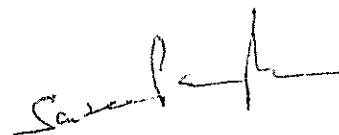
Respected Sir,

In reference to our previous letter No. COP/CMC/E/035/019 dated 11.06.2019. I humbly request to your good self to kindly replace two internal examiners i.e Dr. Mullai.S & Dr. Supriya Khanna from the approved list of internal examiner due to a valid reason (letter attached). Kindly do the needful and consider my request.

Subject	Approved Internal Examiner	Reason	Replacement Internal Examiners
Electrotherapy - I	Dr. Supriya Khanna	Resignation	Dr. Dorcas BC Gandhi
Biomechanics	Dr. Mullai.S	One year study leave	Dr. Rahul Eric
PT in Orthopaedic Conditions	Dr. Mullai.S	One year study leave	Dr. Rahul Eric
PT in Surgical Conditions	Dr. Supriya Khanna	Resignation	Dr. Rahul Eric

Thanking you,  
Yours sincerely

  
Dr. Sandeep Singh Saini  
Principal Principal  
College of Physiotherapy,  
C.M.C. LUDHIANA.



- 30-B -

# CHRISTIAN MEDICAL COLLEGE LUDHIANA SOCIETY COLLEGE OF PHYSIOTHERAPY

(REGISTERED SOCIETY UNDER ACT NO. XXI OF 1860 AS A CHARITABLE MONORITY INSTITUTION)

PROMOTING HEALTH THROUGH  
- COMMUNITY OUTREACH  
- PATIENT CARE  
- EDUCATION  
- RESEARCH



LUDHIANA -141008, Punjab (INDIA)  
Cables / grams : CHRISMED  
Tele : 0161-2660044  
Fax No. : (91)(0161)2660044  
[principalcopcmcl@gmail.com](mailto:principalcopcmcl@gmail.com)

Ref. No. – COP/CMC/E/ 035 / 019

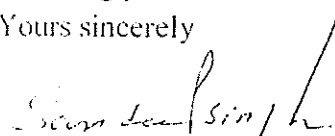
11.06.2019

To,  
The Controller Of Examinations  
Baba Farid University of Health Sciences  
Faridkot

Respected Sir,

This is to bring to your kind notice that one of our faculty has resigned from the post of Assoc. Professor. Along with this one of our Professor is on one year study leave. Our concern for providing you with this information is regarding replacing the above mentioned faculty with other present faculty in the university examinations as internal examiners.

Thanking you,  
Yours sincerely

  
Dr. Sandeep Singh Saini  
Principal

Cc. - The Registrar, BFUHS

## Internal Examiners for the conduct of various professional BPT examinations to be held in May/ June 2019.

### BPT First Prof.

Name of the College	Name	Designation	Age	Qualification	Specialty	Experience after PG/ Present Post
College of Physiotherapy	Anatomy					
	Dr. Neeru Goyal	Associate Professor	37 yrs	M.Sc, Ph.D Anatomy	Anatomy	11 yrs 6 Months/ 3 yrs 10Months
	Physiology					
	Dr. Neeraj Garg	Associate Professor	44 yrs	MBBS,MD	Physiology	14 yrs 11 months /4 yrs 5 months
	Exercise Therapy-I					
	Dr. Amarjot Singh Gill	Assistant Professor	30 yrs	MPT (Neuro)	Neurology	4 yrs
	Electrotherapy -I					
	Dr. Dorcas BC Gandhi	Associate Professor	32 yrs	MPT Neuro	Neurology	5 years 6 months 1 year 6 months
	Computer Applications					
	As approved by BFUHS (BOS) i.e Mr. Barjinder Kumar Aneja ( ASIMSR) will act as Internal Examiner for COP, CMCH too.					

### BPT Second Prof.

Name of the College	Name	Designation	Age	Qualification	Specialty	Experience after PG/ Present Post
College of Physiotherapy	Exercise therapy-II					
	Dr. Amarjot Singh Gill	Assistant Professor	30 yrs	MPT (Neuro)	Neurology	4 yrs
	Electrotherapy-II					
	Dr. Sandeep Singh Saini	Professor / Principal	39 yrs	MPT ( Ortho)	Orthopaedics	12 yrs 10 months/ 5Years 1Month
	Biomechanics					
	Dr. Rahul Eric	Assistance Professor	32 yrs+	MPT Ortho	Orthopaedics	5 years 10 months



30-D

BPT Third Prof.

Name of the College	Name	Designation	Age	Qualification	Specialty	Experience after PG/ Present Post
College of Physiotherapy	Orthopaedics					
	Dr. Rajesh Paul	Professor & Head	54 yrs	MBBS, MS Ortho	Orthopaedics	28 yrs 18 yrs
	Dr. Abhishek Samuel	Assistant Professor	40 yrs+	MBBS, MS (Ortho)	Orthopaedics	9 yrs 6 months
	General Medicine					
	Dr. Navjot Singh	Professor & HOD	45 yrs	MBBS, MD	Gen. Medicine	19 yrs 7 Months / 8 yrs 5 Months
	PT in Orthopaedics					
	Dr. Rahul Eric	Assistant Professor	32 yrs+	MPT Ortho	Orthopaedics	5 years 10 months
	PT in Medical Condition-I					
	Dr. Amarjot Singh Gill	Assistant Professor	30 yrs	MPT (Neuro)	Neurology	4 yrs

BPT Fourth Prof.

Name of the College	Name	Designation	Age	Qualification	Specialty	Experience after PG/ Present Post
College of Physiotherapy	Gen. Surgery					
	Dr. Amit Mahajan	Associate Professor	43 yrs	MBBS, MS	Gen. Surgery & Vascular Surgery	12 Yrs / 3 Yrs
	Neurology					
	Dr. Navjot Singh	Professor & HOD	45 yrs	MBBS, MD	Gen. Medicine	19 yrs 7 Months / 8 Yrs 5 Months
	PT in Neurological Conditions					
	Dr. Dorcas B.C Gandhi	Associate Professor	32 yrs	MPT (Neuro)	Neurology	5 yrs 6 months / 1 Years 6 Months
	PT in Surgical Conditions					
	Dr. Rahul Eric	Assistance Professor	32 yrs+	MPT Ortho	Orthopaedics	5 years 10 months
	Physiotherapy Ethics, administration & Rehabilitation					
	Dr. Sandeep Singh Saini	Professor/ Principal	39 yrs	MPT (Ortho)	Orthopaedics	12 yrs 10 months / 5 Years 1 Month

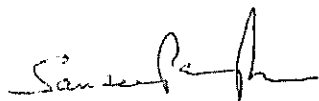
Certified that I have seen the original supporting documents/ degrees/ diplomas of the teachers listed above and the particulars given in respect of them are correct.


Signature of the Principal with Stamp

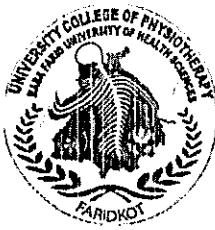
**BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT**

Subject: Proforma for change (addition/deletion) of Internal Examiner during the meeting of the Board of Studies in Physiotherapy held on 29.07.2019

Sr. No.	Name of Course & year/Prof	Name of Internal Examiner already in agenda	For approval New Name with Designation & Experience of Internal Examiner
1.	BPT - 1 <sup>st</sup> year Electrotherapy	Dr Priyanka Vij	Dr. Pushpaleep Singh - 5 years.
2.	BPT - 1 <sup>st</sup> year Exercise therapy	Dr. Priyanka Vij Dr. Pushpaleep Singh	Dr. Shweta Singh
3.	BPT - 1 <sup>st</sup> year Biomechanics	Dr. Alaka Dora	Dr. Pushpaleep Singh.
4.	BPT - 1 <sup>st</sup> year PT in surgical condition	Dr. Priyanka Vij Dr. Pushpaleep Singh	Dr. Alaka Dora
5.			
6.			
7.			
8.			
9.			
10.			

  
Countersigned by the Chairman

  
Principal  
Name of College  
Dasman College of  
Physiotherapy, Faridkot



**University College of Physiotherapy**  
**Baba Farid University of Health Sciences**  
Sadiq Road, Faridkot - 151203

Ref. No. UCOP/2K19/ 59

Date: - 26/2/19

To  
The Registrar  
Baba Farid University of Health Sciences  
Faridkot

Sub: List of Internal Examiners for BPT/MPT examinations to be held in May-June, 2019

Sir

In reference to letter No. 13-BFUHS(Meeting)/2019/ 4109-4118, Dated 15-02-2019, please find the attached list of Internal Examiners for BPT/MPT examinations to be held in May-June, 2019 of University College of Physiotherapy, Faridkot.

Regards

*OSG*  
Principal 26/2/19

Principal  
University College of Physiotherapy  
Baba Farid University of Health Sciences  
Faridkot

4c (M)

*Om*

6/3/19

$\frac{2337}{6/3/19}$

Sr. AHT (M)

*D*  
*8/3*

JA-2 (M)


*8/3/19*

**Internal Examiners for the conduct of MPT examinations to be held in May-June, 2019**

**MPT 2<sup>nd</sup> Year**

College	Sports	Orthopaedics	Paediatrics	Neurology	Cardiology
University College of Physiotherapy, Faridkot	No exam	No exam	No Exam	No exam	No exam

Certified that I have seen the original supporting documents/ degrees/ diplomas of the teachers listed above and the particulars given in respect of them are correct.

  
 Principal  
 University College of Physiotherapy  
 Baba Farid University College of Physiotherapy  
 Faridkot, Faridkot



# Dasmesh College of Physiotherapy

Talwandi Road, Faridkot-151203 (Punjab)

(A Post-Graduate Institute)

(Recognised by Govt of Punjab and Affiliated to Baba Farid University of Health Sciences, Faridkot)

email: [dasmeshphysio2010@gmail.com](mailto:dasmeshphysio2010@gmail.com)

[www.dasmeshinstitutes.com](http://www.dasmeshinstitutes.com)

Ref: DCOP-015/ Physio-M-J/20 19/ \_\_\_\_\_

Dated: Feb. 20, 2019

To,

The Controller Examinations, / Registrar  
Baba Farid University of Health Sciences,  
Faridkot

Sub: SUBMISSION OF LIT OF INTERNAL EXAMINERS FOR MAY-JUNE 2019 EXAMINATIONS

Respected Sir,

Reference your letter No. 13-BFUHS (Meeting)/2019/4109-4118 dated 15.02.2019, kindly find enclosed herewith the List of Internal Examiners for May-June Examination 2019 in respect of Dasmesh College of Physiotherapy Faridkot for your kind approval please. This I for your information that the same has been up-loaded on your email ID also.

Thanking you.

Copy to:

Yours sincerely

Principal  
Dasmesh College of Physiotherapy  
Faridkot

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3

BPT Final Year.

NAME OF THE COLLEGE	GEN SURGERY	NEUROLOGY	PT in NEURO CONDITIONS	Physiotherapy Ethics, Adm & Rehab	PT IN SUR. CONDITIONS
Dasmesh College of Physiotherapy, Faridkot	Dr. HL Taneja	Dr VINOD SINGH SACHDEV	Dr. Meha Chopra	Dr Alok Jha	Dr Pushpdeep Singh
Designation	Professor	Asst Professor	Asst. Prof.	Professor	Associate Professor
Age / Date of Birth	62 Years	13.03.1954	25.2.1990	01.01.1980	20.10.1984
Qualification	MS Gen Sur	MD Medicine	MPT (Neuro)	MPT (Ortho)	MPT (Ortho)
Experience after PG	20 Years	28 Years	3.5 years	11.5 Year	7.5 Years
					5.5 Years

Certified that I have seen the original supporting documents/degrees/diplomas of the teachers listed above and the particulars given in respect of them are correct..

**DASMESH COLLEGE OF PHYSIOTHERAPY FARIDKOT**

INTERNAL EXAMINERS FOR THE CONDUCT OF MPT EXAMINATION TO BE HELD IN NOV DEC 2018

MPT 2ND Year.

NAME OF THE COLLEGE	ORTHOPAEDICS
Dasmesh College of Physiotherapy, Faridkot	Dr Alok Jha
Designation	Professor
Age / Date of Birth	01.01.1980
Qualification	MPT (Ortho)
Experience after PG	11.5 Year

Certified that I have seen the original supporting documents/degrees/diplomas of the teacher listed above and the particulars given in respect of them are correct.

PRINCIPAL  
 DASMESH COLLEGE OF PHYSIOTHERAPY  
 Principal  
 Dasmesh College of Physiotherapy  
 Faridkot



-35-

# ALL SAINTS INSTITUTE OF MEDICAL SCIENCES & RESEARCH

(Affiliated to Baba Farid University of Health Sciences, Faridkot)

SOUTHERN CANAL BY-PASS, V.P.O. JASPAL BANGAR, LUDHIANA - 141122

Phone : 0091-161-2813540, 0091-98142-17300 Fax : 0091-161-2813340

E-mail : [allsaintsludhiana@gmail.com](mailto:allsaintsludhiana@gmail.com) Website : [www.allsaintsedu.com](http://www.allsaintsedu.com)

Ref. No.

187/19

Dated

11/03/2019

To,

✓  
The Registrar / Controller of Examinations,  
Baba Farid University of Health Sciences,  
Faridkot.

**Subject: List of Internal Examiners for ~~BPT~~/MPT examinations to be held  
in May-June 2019**

Respected Sir,

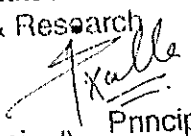
With reference to your office letter no.13-BFUHS(Meeting)/2019/4109-4118 dated 15-02-19 please find attached list of internal examiners for B.P.T./M.P.T. examinations to be held in May-June 2019.

Thanking you.

Yours truly,

All Saints Institute of Medical  
Sciences & Research

(Principal)

  
Principal

Enclosed: Soft copy for BPT/MPT internal examiners list

Sr. Asst (M)



**List of Internal Examiners for the conduct of various professional  
MPT Examinations to be held in May-June 2019**

College Name: All Saints Institute of Medical Sciences and Research, Ludhiana

**M.P.T. 1st Prof.**

S. No.	Sports	Orthopaedics	Neurology	Cardiology
1	No Exam	No Exam	No Exam	No Exam

**M.P.T. 2nd Prof.**

S. No.	Sports	Orthopaedics	Neurology	Cardiology
1	Dr. Loveleen, Associate Prof., Age- 36 Yrs, MPT(Sports), Total Experience 8 Years	No Exam	Dr. Rajneet Kaur Sahni, Associate Prof., Age- 33 Yrs, MPT(Neuro), Total Experience 8 Years	Dr. Deepinder Kaur, Asst. Prof., Age- 40 Yrs, MPT(Cardio), Total Experience 5 Years

Certified that I have seen the original supporting documents/degrees/diploma of the teachers listed above and the particulars given in respect of them are correct.

All Saints Institute of Education  
Sciences & Research

  
Principal





- 37 -

# D.A.V. INSTITUTE OF PHYSIOTHERAPY & REHABILITATION

(Affiliated to Baba Farid University of Health Sciences, Faridkot)  
Mahatma Hans Raj Marg, G.T. Road, Jalandhar-144 008 (Pb.) INDIA  
Phone : 0181-2208021, 2209228, Fax : 0181-2208021

Ref.No. BFUHS/PHYSIO/RA/167

Date: 13.06.2019

The Registrar,  
Baba Farid University of Health Sciences,  
Faridkot.

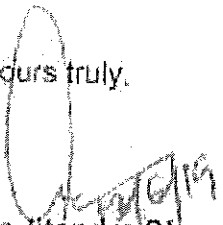
Sub: List of Internal Examiner for ~~BPT~~ and MPT Examinations May/June 2019.

Dear Sir,

Please find enclosed herewith the list of Internal Examiners for BPT and MPT May/June 2019 Examinations of this Institute as per prescribed performa.

Regards,

Yours truly,

  
Dr Jitendra Sharma,  
Principal

Encl: As above

Name of Institution: **DAV INSTITUTE OF PHYSIOTHERAPY & REHABILITATION, Jalandhar**

**MPT (Orthopaedics) – 2<sup>nd</sup> Year.**

Name of College	Practical/Clinical Exam
DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	MPO-205 1. Name: Dr. Yash Parlap Designation: Associate Professor. Age: 36 Years Qualification: BPT, MPT-Ortho Total Experience: 5 years and 6 months Experience in The Present Post: 1 year 6 months

Certified that I have seen the original supporting documents/degrees/diplomas of the teachers listed above and the particulars given in respect of them are correct.

  
Principal

BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT  
Amended Performa for Internal Examiners for May/June 2019

Name of Institution: DAV INSTITUTE OF PHYSIOTHERAPY & REHABILITATION, Jalandhar

MPT (Neurology) – 2<sup>nd</sup> Year.

Name of College	Practical/Clinical Exam
DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	MPN-205
	NO EXAM

Certified that I have seen the original supporting documents/degrees/diplomas of the teachers listed above and the particulars given in respect of them are correct.

Principal


Name of Institution: DAV INSTITUTE OF PHYSIOTHERAPY & REHABILITATION, Jalandhar

MPT (Sports) – 2<sup>nd</sup> Year.

Name of College	Practical/Clinical Exam
DAV Institute of Physiotherapy & Rehabilitation, Jalandhar	MPS-205 Name: Dr. Jitendra Sharma Designation: Professor Age: 44 Years Qualification: BPT, MSPT Total Experience: 18 years Experience in The Present Post: 8 years 9 Months

Certified that I have seen the original supporting documents/degrees/diplomas of the teachers listed above and the particulars given in respect of them are correct.

-40-

  
Principal

Examination Branch (Thesis Section)

Plans of thesis of MPT student Admitted in Session 2018 have been received by thesis section. A consolidated list mentioning Name of the Candidates, Speciality, Proposed Topic of Thesis, Name of the Supervisor, Name of the Co-Supervisor and ONE PAGE ABSTRACT is enclosed along with this note. All the plans are duly approved by the Ethical Committee. These plans of thesis need to be put before the Board of Studies/Faculty of Physiotherapy Sciences for consideration and approval.

Sr. No	Name of the Colleges	No. of Plans
1.	All Saints Institute of Medical Sciences & Research , Ludhiana	07

Submitted for approval of the Worthy Vice Chancellor.

*[Signature]*  
JA (Thesis) 3/4/19

Asstt(Thesis) *[Signature]*  
3/4/19

ARE *[Signature]*  
3/4/19

COE *[Signature]*  
3/4/19

*[Handwritten notes]*  
Exam-4/24/19  
16/4/19

VC *[Signature]*  
Sr. Asstt (M)

*[Signature]*  
10/5

Pages - 8

ALL SAINT INSTITUTE OF MEDICAL SCIENCES, LUDHIANA.

S N	Research Student	Specialty	Topic of Thesis	Research Supervisor	Co-Supervisor
1	Seerat Gill	MPT-Orthopedics	Comparison of Janda's Muscle Energy Technique versus Mulligan's Bent Leg Raise Technique on Hamstrings Extensibility among Physiotherapy Students	Dr. Gaurav Thareja	Dr. Devabrata Kalla
2	Konika Maini	MPT-Orthopedics	Comparison of Integrated Neuromuscular Inhibition Technique versus Active Release Technique on Deltoid muscle Shoulder Range of Motion in individuals with unilateral Nonspecific Shoulder pain	Dr. Devabrata Kalla	Dr. Gaurav Thareja
3	Mannat Anand	MPT - Cardio-Pulmonary	Comparison of Aerobic Exercise versus Abdominal Strengthening exercises on Peak Expiratory Flow Rate in middle aged Obese Females	Dr. Deepinder Kaur	Dr. Devabrata Kalla
4	Asleen Cheema	MPT - Cardio-Pulmonary	Comparison of Pursed Lip Breathing Versus Breathing Control on Dyspnea in individuals with Bronchial Asthma	Dr. Deepinder Kaur	Dr. Devabrata Kalla
5	Mayank Talwar	MPT-Neurology	Comparison of Bobath Approach versus Proprioceptive Neuromuscular Facilitation Technique on Trunk Control in Individuals with Stroke	Dr. Rajneet Kaur Sahni	Dr. Sunanda Choudhary
6	Diksha	MPT-Neurology	Correlation of Motor Recovery, Cognition and Reaction Time with Functional Independence in individuals with Stroke	Dr. Rajneet Kaur Sahni	Dr. Sunanda Choudhary
7	Jagmeet Kaur	MPT-Neurology	Cross-Cultural Adaptation of English version of Addenbrooke's Cognitive Examination III in Punjabi	Dr. Rajneet Kaur Sahni	Dr. Sunanda Choudhary

ABSTRACT

**Comparison of Integrated Neuromuscular Inhibition Technique versus Active Release Technique on Deltoid muscle Shoulder Range of Motion in Individuals with Unilateral Nonspecific Shoulder pain**

**Research Student:** Konika Maini MPT (Orthopedics), All Saints Institute of Medical Sciences and Research, Ludhiana

**Research Supervisor:** Dr. Devabrata Kalla MPT (Musculoskeletal and Sports), Professor, All Saints Institute of Medical Sciences and Research, Ludhiana

**Co-Supervisor:** Dr. Gaurav Thareja MPT (Musculoskeletal Disorders), Professor, All Saints Institute of Medical Sciences and Research, Ludhiana

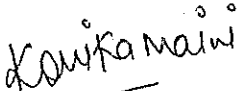
**Introduction:** Shoulder problems can significantly affect a patient's ability to work and other activities of daily life. Nonspecific shoulder pain is due to the lack of agreement on diagnostic criteria. The most common signs and symptoms are localized in the deltoid, forearm and shoulder region, presenting shoulder stiffness and limited range of motion which restrict daily living activities.

**Objectives:** The main objective of this study is to do the Comparison of Integrated Neuromuscular Inhibition Technique versus Active Release Technique on Deltoid muscle on Range of motion in Individuals with Unilateral Nonspecific Shoulder pain.


**Methods:** Based on the Inclusion and Exclusion criteria 60 subjects will be enrolled for the study by purposive sampling. The subjects will be divided into 2 groups A and B of 30 each. Conventional treatment to both the group will be given using hot fermentation over the affected side of shoulder. Group A including 30 subjects will be given Integrated Neuromuscular Inhibition Technique which is the combination of MET, Ischemic compression and Strain Counter strain technique and Group B will be given Active Release Technique. Pre data evaluation will be done on the basis on assessing range of motion with universal goniometer. The Data will be collected, combined and compiled.

**Statistical Analysis:** Descriptive Statistics, Paired 't' test and Unpaired 't' test

**Keywords:** Unilateral Nonspecific shoulder pain, Integrated Neuromuscular Technique, Active Release Technique, Deltoid muscle

  
(Research Student)

  
(Research Supervisor)

  
(Principal)

## ABSTRACT

### Comparison of Janda's Muscle Energy Technique versus Mulligan's Bent Leg Raise Technique on Hamstrings Extensibility among Physiotherapy Students

**Research student:** Seerat Gill MPT (Orthopaedics), All Saints Institute of Medical Sciences and Research, Ludhiana

**Research supervisor:** Dr. Gaurav Thareja MPT (Musculoskeletal Disorders), Professor, All Saints Institute of Medical Sciences and Research, Ludhiana

**Co Supervisor:** Dr. Devabrata Kalla MPT (Musculoskeletal & Sports), Professor, All Saints Institute of Medical Sciences and Research, Ludhiana


**Introduction:** Hamstring extensibility plays an important role in protecting the spine from potential disorders and thereby allowing people to execute their normal daily activities. A shortening of the hamstring may result in limitation of motion of the knee joint, restricting a person's ability to walk and run.


**Objectives:** The main objective of this study is to compare the effect of Janda's Muscle Energy Technique and Mulligan's Bent Leg Raise technique on Hamstring Extensibility among Physiotherapy Students.


**Methods:** Based on the inclusion and exclusion criteria, 100 Physiotherapy students of the age group 18-25 years will be assessed and selected using Active Knee Extension Test for a decreased ROM for knee joint extension on both the lower limbs. The physiotherapy students will be divided into two groups of 50 each. Group A and Group B would be given conventional treatment using Hot Fomentation over the Hamstrings muscle for both the lower limbs. Thereafter Group A would be given Janda's MET and Group B would be given Mulligan's BLR technique for both the lower limbs. Pre-test and Post-test data of both groups would be evaluated using Active Knee Extension test for both the lower limbs. The data will collected, compiled and analysed.

**Statistical Analysis:** Descriptive statistics, Paired & Unpaired 't' test.

**Keywords:** Hamstring extensibility; Janda's Muscle Energy Technique; Mulligan's Bent Leg Raise Technique

  
(Research supervisor)

  
(Principal)

  
(Research Student)



**Comparison of Aerobic Exercise versus Abdominal Strengthening Exercises on Peak Expiratory Flow Rate in middle aged Obese Females**

**Research Student:** Mannat Anand, MPT (Cardiopulmonary), All Saints Institute of Medical Sciences and Research, Ludhiana.

**Research Supervisor:** Dr. Deepinder Kaur, MPT (Cardiopulmonary), Assistant Professor, All Saints Institute of Medical Sciences and Research, Ludhiana.

**Co-Supervisor:** Dr. Devabrata Kalla, MPT (Musculoskeletal & Sports), Professor, All Saints Institute of Medical Sciences and Research, Ludhiana.


**Introduction:** Obesity as a state of excess adipose tissue mass. The pulmonary disorders due to obesity results in increased mortality. Peak expiratory flow rate is reduced with increasing age and weight, so to improve peak expiratory flow rate we can use aerobic exercises and abdominal strengthening exercises.

**Objectives:** The main objective of the study is to compare the effects of Aerobic Exercise and Abdominal strengthening exercises on Peak Expiratory Flow Rate in middle aged obese females.

**Methods:** Based on Inclusion and Exclusion criteria 60 subjects within age group 45-65 will be selected by Purposive sampling and informed consent will be taken. Subjects will be divided into 2 Groups of 30 each as Group A and Group B. Group A will be doing warm up for 5 minutes, thereafter aerobic exercise in form of static cycling will be done for 20 minutes at a mean rate of 30km/hour followed by cool down for 5 minutes. Group B will be doing 5 minutes of warm up, thereafter Abdominal strengthening exercises which includes upper abdominal, lower, oblique muscle strengthening will be done 20 repetitions each followed by cool down for 5 minutes. Pre and Post test data will be collected for Peak Expiratory Flow Rate using Mini Wright Peak Flow meter. Protocol will be given for thrice a week for 4 weeks. Data will be collected, compiled and analyzed.

**Statistical Analysis:** Descriptive statistics, paired and unpaired 't' test.

**Keywords:** Aerobic exercise; Peak Expiratory Flow Rate; Abdominal strengthening exercises; middle aged; obese

  
(Research Student)

  
(Research Supervisor)

  
(Principal)

## ABSTRACT

### Comparison of Pursed Lip Breathing Versus Breathing Control on Dyspnea in individuals with Bronchial Asthma

**Research Student:** Asleen Cheema, MPT (Cardiopulmonary), All Saints Institute of Medical Sciences and Research, Ludhiana.

**Research Supervisor:** Dr. Deepinder, MPT (Cardiopulmonary), Assistant Professor, All Saints Institute of Medical Sciences and Research, Ludhiana

**Co-Supervisor:** Dr. Devabrata Kalla, MPT (Musculoskeletal & Sports), Professor, All Saints Institute of Medical Sciences and Research, Ludhiana.

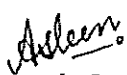
**Introduction:** Bronchial Asthma is a chronic inflammatory disorder of the airways causing recurrent attacks of breathlessness, wheezing, chest tightness and cough. Dyspnea is a cardinal symptom of Asthma. The notion that fear or panic may contribute to the sensation of dyspnea accompanying acute bronchospasm.

**Objectives:** The main objective of the study is to compare the effects of Pursed Lip Breathing Versus Breathing Control on Dyspnea in individuals with Bronchial Asthma

**Methods:** Based on Inclusion and Exclusion criteria 60 subjects will be selected for the study by purposive sampling. Subjects will be divided into 2 Groups of 30 each as Group A and Group B. Pre-test evaluation will be done with Modified Borg Scale and Six-Minute Walk Test will be done. Group A will be doing Pursed Lip Breathing. Group B will be doing Breathing Control exercise. Post test data will be collected from Modified Borg Scale and Six-Minute Walk Test after 4 weeks of protocol. Protocol will be given for 3 days a week for 4 weeks. Data will be collected, compiled and analyzed.

**Statistical Analysis:** Descriptive statistics, Paired and Unpaired 't' test.

**Keywords:** Dyspnea; Breathing Control; Pursed Lip Breathing; Bronchial Asthma.

  
(Research Student)

  
(Research Supervisor)

  
(Principal)

## Comparison of Bobath Approach versus Proprioceptive Neuromuscular Facilitation Technique on Trunk Control in individuals with Stroke

**Research Student:** Mayank Talwar MPT (Neurology), All Saints Institute of Medical Sciences and Research, Ludhiana.

**Research Supervisor:** Dr. Rajneet Kaur Sahni MPT (Neurology), Associate Professor, All Saints Institute of Medical Sciences and Research, Ludhiana.

**Co-Supervisor:** Dr. Sunanda Chaudhary MPT (Neurological and Psychomatic Disorders), Assistant Professor, All Saints Institute of Medical Sciences and Research, Ludhiana

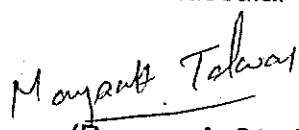
**Introduction:** Stroke is rapidly developing clinical signs of focal or global disturbance of cerebral function with symptoms lasting 24 hours or longer, leading to death with no apparent cause other than of vascular origin. The most common impairment caused is motor, selective trunk movements remain impaired after stroke and affects 80% of patients.


**Objectives:** The main objective of this study is to compare the effect of Bobath approach versus Proprioceptive Neuromuscular Facilitation technique on Trunk control in individuals with Stroke.


**Methods:** Based on Inclusion and Exclusion criteria 60 stroke individuals will be enrolled for the study by purposive sampling. Subjects will be divided into two groups Group A and B of 30 each. Group A will be given treatment according to Bobath Approach on trunk which includes anterior-posterior, lateral, rotational movement, weight bearing on hands and Group B will be given treatment according to Proprioceptive Neuromuscular Facilitation Technique which includes chopping, lifting, trunk lateral flexion and bilateral leg pattern of trunk. Pre and Post test data for trunk control will be obtained using Trunk Impairment scale. Data will be collected compiled and analysed.

**Statistical Analysis:** Descriptive Statistics, paired and unpaired 't' test

**Keywords:** Stroke; Trunk control; Bobath approach; Proprioceptive Neuromuscular Facilitation

  
(Research Student)

  
(Research Supervisor)

  
(Principal)

## ABSTRACT

### Correlation of Motor Recovery, Cognition and Reaction Time with Functional Independence in individuals with Stroke

**Research Student:** Diksha, MPT (Neurology), All Saints Institute of Medical Sciences and Research, Ludhiana.

**Research Supervisor:** Dr. Rajneet Kaur Sahni, MPT (Neurology), Associate Professor, All Saints Institute of Medical Sciences and Research, Ludhiana.

**Co-Supervisor:** Dr. Sunanda Choudhary, MPT (Neurological and Psychosomatic Disorders), Assistant Professor, All Saints Institute of Medical Sciences and Research Ludhiana.

**Introduction:** Stroke is becoming an important cause of disability. The most common impairment caused by stroke is motor impairment which affects every day activities in everyday life situations. Stroke affects cognitive domains, with impairment being most pronounced in the areas of attention/executive function and speed of processing and individuals exhibit longer reaction time.

**Objectives:** The main objective of the study is to Correlate Motor Recovery, Cognition and Reaction Time with Functional Independence in individuals with Stroke.

**Methods:** Based on Inclusion and Exclusion criteria 100 stroke individuals will be selected by Convenient sampling. Each subject will be assessed for the Motor recovery by Fugl-Meyer assessment of physical performance, for Cognition by Mini Mental State Examination, for Reaction time by Ruler Catching Method and for Functional independence by Functional Independence Measure. The data will be collected, compiled & analysed.

**Statistical Analysis:** Descriptive Statistics & Pearson's Correlation.

**Keywords:** Motor Recovery; Cognition; Reaction Time; Stroke; Functional Independence

*Diksha*

(Research Student)

*Rajneet Sahni*

(Research Supervisor)

*Kalle*

(Principal)

ABSTRACT

**Cross-Cultural Adaptation of English version of Addenbrooke's Cognitive Examination III in Punjabi**

**Research Student:** Jagmeet Kaur, MPT (Neurology), All Saints Institute of Medical Sciences and Research, Ludhiana.

**Research Supervisor:** Dr. Rajneet Kaur Sahni, MPT (Neurology), Associate Professor, All Saints Institute of Medical Sciences and Research, Ludhiana.

**Co-Supervisor:** Dr. Sunanda Choudhary, MPT (Neurological and Psychosomatic Disorders), Assistant Professor, All Saints Institute of Medical Sciences and Research, Ludhiana.


**Introduction:** Cognitive assessment is used for screening for the presence of any cognitive impairment and differential diagnosis, determining the severity of the disorder, monitoring disease progression, and determining treatment efficacy. The ACE-III is regarded as the gold standard for the screening and diagnostic accuracy of cognitive impairment. The term "cross-cultural adaptation" is used to encompass a process that looks at both language (translation) and cultural adaptation issues in the process of preparing a questionnaire for use in another setting.

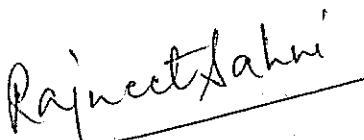
**Objectives:** To translate the English version of Addenbrooke's Cognitive Examination III into Punjabi language and its Psychometric Analysis in individuals with stroke.


**Methods:** This study will be divided into two phases. In the first phase the English version of Addenbrooke's Cognitive Examination III will be translated into Punjabi language following guidelines given by Beaton. In the second phase the translated Addenbrooke's Cognitive Examination III will be then tested for its validity and reliability in individuals with stroke.

**Statistical Analysis:** Descriptive Statistics will be applied and Intraclass Correlation Coefficient (ICC) along with its validity will be calculated.

**Keywords:** Cross-Cultural adaptation; Addenbrooke's Cognitive Examination III; Punjabi.

  
(Research Student)

  
(Research Supervisor)

  
(Principal)

All Saints Institute of Medical Sciences and Research, Ludhiana  
 Topic List of Abstracts for Approval (MPT Students Admitted in 2018)

Research No.	Research Student	Specialty	Topic of Thesis	Research Supervisor / Designation	Total Experience / Post PG Experience	Research Co-Supervisor / Designation	Total Experience / Post PG Experience
ASP-MPO-2018/01	Saarai Gill	MPT- Orthopedics	Comparison of Janda's Muscle Energy Technique versus Mulligan's Bent Leg Raise Technique on Hamstrings Extensibility among Physiotherapy Students	Dr. Gaurav Thareja, Professor & Vice Principal	Total Exp. 10 Years / Post PG Exp. 10 Years	Dr. Devabrata Kalia, Professor & Principal	Total Exp. 12 Years / Post PG Exp. 10 Years
ASP-MPO-2018/02	Konika Meani	MPT- Orthopedics	Comparison of Integrated Neuromuscular Inhibition Technique versus Active Release Technique on Deltoid muscle on Shoulder Range of Motion in Individuals with Unilateral Nonspecific Shoulder pain	Dr. Devabrata Kalia, Professor & Principal	Total Exp. 12 Years / Post PG Exp. 10 Years	Dr. Gaurav Thareja, Professor & Vice Principal	Total Exp. 10 Years / Post PG Exp. 10 Years
ASP-MPO-2018/01	Mannat Anand	MPT - Cardio-Pulmonary	Comparison of Aerobic Exercise versus Abdominal Strengthening Exercises on Peak Expiratory Flow Rate in middle aged Obese Females	Dr. Deepinder Kaur, Assistant Professor	Total Exp. 5 Years / Post PG Exp. 5 Years	Dr. Devabrata Kalia, Professor & Principal	Total Exp. 12 Years / Post PG Exp. 10 Years
ASP-MPO-2018/02	Asleen Cheema	MPT - Cardio-Pulmonary	Comparison of Pursed Lip Breathing Versus Breathing Control on Dyspnea in individuals with Bronchial Asthma	Dr. Deepinder Kaur, Assistant Professor	Total Exp. 5 Years / Post PG Exp. 5 Years	Dr. Devabrata Kalia, Professor & Principal	Total Exp. 12 Years / Post PG Exp. 10 Years
ASP-MPN-2018/01	Mayerk Talwar	MPT- Neurology	Comparison of Bobath Approach versus Proprioceptive Neuromuscular Facilitation Technique on Trunk Control in Individuals with Stroke	Dr. Rajneet Kaur Sahni, Associate Professor	Total Exp. 6 Years / Post PG Exp. 8 Years	Dr. Sunanda Choudhary, Associate Professor	Total Exp. 7 1/2 Years / Post PG Exp. 7 1/2 Years
ASP-MPN-2018/02	Diksha	MPT- Neurology	Correlation of Motor Recovery, Cognition and Reaction Time with Functional Independence in individuals with Stroke	Dr. Rajneet Kaur Sahni, Associate Professor	Total Exp. 8 Years / Post PG Exp. 8 Years	Dr. Sunanda Choudhary, Associate Professor	Total Exp. 7 1/2 Years / Post PG Exp. 7 1/2 Years
ASP-MPN-2018/03	Jagmeet Kaur	MPT- Neurology	Cross-Cultural Adaptation of Erligan version of Addenbrooke's Cognitive Examination III in Punjabi	Dr. Rajneet Kaur Sahni, Associate Professor	Total Exp. 8 Years / Post PG Exp. 8 Years	Dr. Sunanda Choudhary, Associate Professor	Total Exp. 7 1/2 Years / Post PG Exp. 7 1/2 Years

Examination Branch (Thesis Section)

Plans of thesis of MPT students Admitted in Session 2018 have been received by thesis section. A consolidated list mentioning Name of the Candidates, Speciality, Proposed Topic of Thesis, Name of the Supervisor, Name of the Co-Supervisor and ONE PAGE ABSTRACT is enclosed along with this note. These plans of thesis need to be put before the Board of Studies/ Faculty of Physiotherapy for consideration and approval.

Sr. No	Name of the Colleges	No. of Plans
1.	Dasmesh college of Physiotherapy	04

Signature  
JA(Th) 16/4/19

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16/4/19

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COE [Signature] 16/4/19

VC [Signature]

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Pages = 6

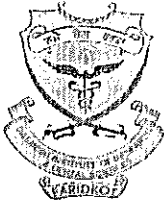
Dashmesh College of Physiotherapy, Faridkot

Details of Plan of Thesis of MPT, Admission Batch - 2017

Sr. No.	Name of Specialty	Name of Student	Title of Thesis	Supervisor
1	MPT (Orthopaedics)	Mr. Lovpreet Singh	To Compare the effect of Myofascial release and Static stretch on upper Trapezius muscle spasm among school students.	Dr. Alok Jha MPT (Orthopaedics) Prof.
2.	MPT (Orthopaedics)	Mr. Simranjeet Singh	A Study to compare the effect of Myofascial release and static stretching in calf muscle tightness among males.	Dr. Alok Jha MPT (Orthopaedics) Prof.
3	MPT (Orthopaedics)	Ms. Sandeep Kaur	A Study to Compare the effect of Deep Friction Massage and Hot Pack in the management of Upper trapezius Muscle Spasm.	Dr. Alok Jha MPT (Orthopaedics) Prof.
4	MPT (Orthopaedics)	Ms. Anchal Pahuja	A Comparative Study of PNF along with ultrasound versus Therapeutic exercises along with Tens in Adhesive Capsulitis of Shoulder Joint.	Dr. Alok Jha MPT (Orthopaedics) Prof.

*(Signature)*





# Dasmesh College of Physiotherapy

TALWANDI ROAD FARIDKOT-151203(Punjab)  
(Approved by Govt. Punjab & Affiliated with BFUHS Faridkot)

Email: [dasmeshphysio2010@gmail.com](mailto:dasmeshphysio2010@gmail.com)

No. DCOP/mpt-Synopsis/012/1219

Dated: 28.03.2019

To

The Controller Examinations,  
Baba Farid University of Health Sciences,  
Faridkot

Subject: Submission of Synopsis of Ist. Year MPT students -Regarding

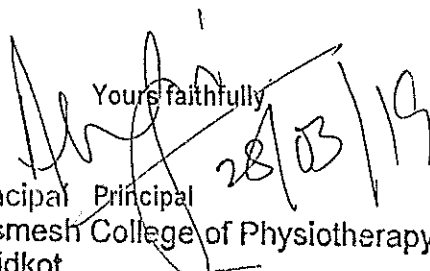
Sir

Kindly find enclosed herewith the synopsis of the MPT students approved by Research and Ethics Committee in respect of Dasmesh College of Physiotherapy Faridkot for your kind approval.

Lovepreet Singh	Sandeep Kaur	Anchal Pahuja	Simranjeet Singh
To compare the effect of myofascial release and static stretch on upper trapezius muscle spasm among school students.	A study to compare the effect of Deep Friction Massage and Hot Pack in the management of Upper Trapezius Muscle Spasm	A comparative study of capsular PNF along with ultrasound versus Therapeutic exercise along with TENS in Adhesive Capsulitis of Shoulder joint.	A study to compare the effect of Myofascial release and static stretching in calf muscle tightness among males .
Guided by; Prof.(Dr.) Alok Jha, MPT (Ortho)	Guided by; Prof.(Dr.) Alok Jha, MPT (Ortho)	Guided by; Prof.(Dr.) Alok Jha, MPT (Ortho)	Guided by; Prof.(Dr.) Alok Jha, MPT (Ortho)
Principal: Prof. (Dr.) Alok Jha MPT, (Ortho)	Principal: Prof. (Dr.) Alok Jha MPT, (Ortho)	Principal: Prof. (Dr.) Alok Jha MPT, (Ortho)	Principal: Prof. (Dr.) Alok Jha MPT, (Ortho)

- Encls: 1.Synopsis of 4 students - (Two copies each)  
2. Minutes of Post Graduate (MPT) students Research & Ethics Committee. -1 (One)

Thanking you.

Yours faithfully  
  
 28/03/19  
 Principal Dasmesh College of Physiotherapy  
 Faridkot

## ABSTRACT

**Title:** To compare the effect of Myofascial release and Static stretch on upper Trapezius muscle spasm among school students.

**Researcher Student:** Lovepreet Singh, MPT (Orthopedics) 1<sup>st</sup> year, Dasmesh College of Physiotherapy, Faridkot.

**Researcher Supervisor:** Dr. Alok Jha, MPT (Orthopedics), Professor, Dasmesh College of Physiotherapy, Faridkot.

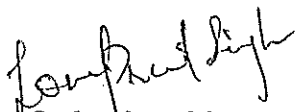
**Introduction:** Upper trapezius muscle spasm is most common musculoskeletal disorder occurring in individuals who work with an awkward position of neck for a prolonged period of time with repetitive movements. Myofascial release and static stretch are the techniques that physiotherapists use for the treatment of muscle spasm.

**Aim of the study:** To compare the effect of myofascial release and static stretch on upper trapezius muscle spasm among school students.


**Materials and Method:** Subjects will be screened as per inclusion and exclusion criteria with trapezius muscle tightness. A written informed consent will be signed by the subjects and will be rehabilitated in alternate days for 4 weeks. 60 subjects will be randomly divided in three groups, Group A: (n=20): Treated with myofascial release technique, Group B: (n=20): Treated with static stretch and Group C: (n=20): Control group. Readings will be taken by using VAS (visual analogue scale) and Neck disability index.

**Data Analysis:** Data will be analysed by using SPSS Software.

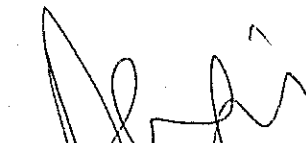
**Keywords:** Trapezius muscle, myofascial release, static stretch.

  
**Submitted by**

Lovepreet Singh  
MPT 1<sup>st</sup> year (Ortho)  
Dasmesh College of  
Physiotherapy, Faridkot.

  
**Guided by**

Dr. Alok Jha, M.PT.(Ortho)  
Professor cum Principal  
Dasmesh College of  
Physiotherapy, Faridkot.

  
**Principal**

Dr. Alok Jha, M.PT.(Ortho)  
Professor cum Principal  
Dasmesh College of  
Physiotherapy, Faridkot.

## ABSTRACT

**TITLE:** A study to compare the effect of Myofascial release and static stretching in calf muscle tightness among males.

**Researcher Student:** Simranjeet Singh, M.PT (Orthopaedics) 1<sup>st</sup> year. Dasmesh College of Physiotherapy, Faridkot.

**Researcher Supervisor:** Dr.Alok Jha, M.PT (Orthopaedics), Professor cum Principal, Dasmesh College of Physiotherapy, Faridkot.

### Introduction

Calf muscle is one of the most common occupational muscle which gets tightened. The incidence of calf muscle tightness has been estimated between 40-50%. This is mainly characterized by pain, aching, discomfort and stiffness over local area. Although this condition affects 50% of the population at least one moment in life. The classic sign of calf tightness is the pain occur with the few steps during walking. Typically the patient reports a gradual onset of pain at the beginning of activity or weight bearing after a period of non-weight bearing activity.

### Aim of Study

To compare the effect of Myofascial Release and Static Stretching in reducing pain, muscle stiffness and improve muscle length in patients with calf muscle tightness among males.

### Material and Method

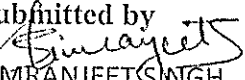
60 Male subjects with age group 15-30 years will be included in the study based on inclusion and exclusion criteria and divided into 3 groups: Group A, Group B and Group C. Each consisting of 20 Subjects. Group A : Subjects will receive Myofascial Release (MFR). Group B : Subjects will receive Static Stretching. Group C will be Control Group and subjects will be suggested only rest. Treatment will be given for 4 weeks. Pre and Post treatment readings will be taken of pain, muscle stiffness and muscle length. Reading will be taken by Visual Analog Scale (VAS), Universal Goniometer and Maximum Voluntary Contraction (MVC).

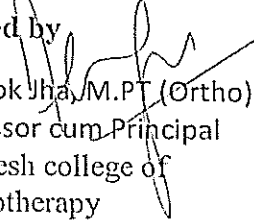
### Data Analysis

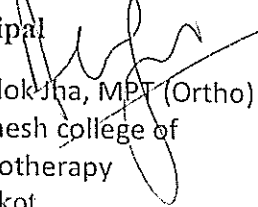
Result will be analysed by using SPSS Software.

### Keywords

Myofascial Release, Static Stretching, Maximum Voluntary Contraction, Visual Analog Scale.

Submitted by  
  
SIMRANJEET SINGH  
M.PT 1<sup>st</sup> year (Ortho)  
Dasmesh college of  
physiotherapy  
Faridkot

Guided by  
  
Dr. Alok Jha, M.PT (Ortho)  
Professor cum Principal  
Dasmesh college of  
Physiotherapy  
Faridkot

Principal  
  
Dr. Alok Jha, MPT (Ortho)  
Dasmesh college of  
physiotherapy  
Faridkot

## ABSTRACT

**Title :** A study to compare the effect of Deep Friction Massage and Hot Pack in the management of Upper Trapezius Muscle Spasm.

**Researcher Student:** Sandeep Kaur, MPT (Orthopaedics) 1<sup>st</sup> year. Dasmesh College of Physiotherapy, Faridkot.

**Researcher Supervisor:** Dr. Alok Jha, MPT (Orthopaedics), Professor cum Principal, Dasmesh College of Physiotherapy, Faridkot.

### Introduction

Trapezius muscle spasm is the result of excessive use of trapezius muscle. It leads to muscle fatigue resulting in pain and ultimately strain and rupture. The pain is often associated with spasms, stiffness and tenderness in the neck region. Trigger points also be present and can cause headaches.

### Aim of the Study

The objective of this study is to compare the effect of deep friction massage and hot pack in the management of upper trapezius muscle spasm .

### Materials and Method

Subjects will be screened as per inclusion and exclusion criteria with upper trapezius muscle spasm. A written informed consent will be signed by the subjects rehabilitated for 2 weeks. These subjects will be randomly divided in three groups. Group A: (n=30): Treated with deep friction massage. Group B: (n=30): Treated with hot pack and exercises. Group C: (n=30): Control group. Reading will be taken using VAS (Visual analogue scale) and Neck Disability Index.

**Data Analysis-** The result will be analysed by using SPSS 16 software.

### Keywords

Deep friction massage, Hot pack, Trigger points, Upper trapezius muscle, Spasm.

*Sandeep Kaur*  
**Submitted by**  
Sandeep Kaur.  
MPT 1<sup>st</sup> year (Ortho)  
Dasmesh College of  
Physiotherapy, Faridkot

*[Signature]*  
**Guided by**  
Dr. Alok Jha,  
MPT (Ortho)  
Professor cum  
Principal  
Dasmesh College of  
Physiotherapy, Faridkot

*[Signature]*  
**Principal**  
Dr. Alok Jha  
MPT (Ortho)  
Professor cum  
Principal  
Dasmesh college of  
Physiotherapy, Faridkot

## ABSTRACT

**TITLE:** A comparative study of capsular PNF along with ultrasound versus Therapeutic exercises along with TENS in Adhesive Capsulitis of Shoulder joint.

**Research Student:** Anchal Pahuja, MPT (Orthopaedics) 1<sup>st</sup> Year, Dasmesh College of Physiotherapy, Faridkot.

**Research Supervisor:** Dr. Alok Jha, MPT(Orthopaedics), Professor cum Principal, Dasmesh College of Physiotherapy, Faridkot.

### Introduction:

Adhesive Capsulitis is a benign, self-limiting condition of unknown etiology characterized by painful and limited active and passive glenohumeral range of motion at least two directions most notably shoulder abduction and external rotation. Adhesive capsulitis involves a limitation of range of motion secondary to glenohumeral capsular tightening and scarring. It is divided in three distinct stages. Stage 1 is freezing or painful stage, Stage 2 is frozen stage and Stage 3 is a thawing stage. Prolonged immobilization of shoulder has been shown to cause several dermal pathophysiologic findings, including decreased collagen length, fibrofatty infiltration into the capsular recess, ligament atrophy resulting in decreased stress absorption and altered sarcomere number in muscle tissue.

### Aim of the Study:

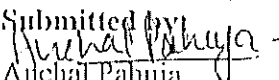
The objective of this study is to compare the effectiveness of PNF with ultrasound and Therapeutic exercises with TENS in Adhesive Capsulitis of Shoulder joint.

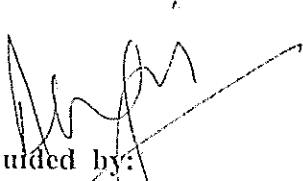
### Materials and Method Used:

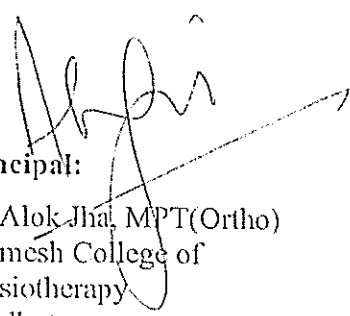
90 Subjects will be screened as per inclusion and exclusion criteria with shoulder adhesive capsulitis. A written informed consent will be signed by the subject and will be rehabilitated for alternate days for 4 weeks. These subjects will be randomly divided into three groups. Group A: (n=30): Treated with PNF and ultrasound, Group B: (n=30): Treated with TENS and therapeutic exercise program and Group C: (n=30): will be control group. Readings will be taken by using VAS (visual analogue scale) for pain and Goniometer is used to check range of motion (abduction and external rotation).

**Data Analysis:** Result will be analysed by using SPSS Software.

**Keywords:** AC (Adhesive capsulitis), PNF (Proprioceptive neuromuscular fascilitation), VAS (Visual analogue scale), US (Ultrasound).

Submitted by:  
  
Anchal Pahuja  
MPT 1<sup>st</sup> year (Ortho)  
Dasmesh College of  
Physiotherapy  
Faridkot.

Guided by:  
  
Dr. Alok Jha, MPT (Ortho)  
Professor cum Principal  
Dasmesh College of  
Physiotherapy  
Faridkot.

Principal:  
  
Dr. Alok Jha, MPT(Ortho)  
Dasmesh College of  
Physiotherapy  
Faridkot.

Examination Branch (Thesis Section)

Plans of thesis of MPT students Admitted in Session 2018 have been received by thesis section. A consolidated list mentioning Name of the Candidates, Speciality, Proposed Topic of Thesis, Name of the Supervisor, Name of the Co-Supervisor and ONE PAGE ABSTRACT is enclosed along with this note. These plans of thesis need to be put before the Board of Studies/ Faculty of Physiotherapy for consideration and approval.

Sr. No	Name of the Colleges	No. of Plans
I.	University College of Physiotherapy, Faridkot	01

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16/4/19

Assjt(Th) [Signature] 16/4/19

ARE [Signature] 16/4/19

COE/SAS [Signature] 16/4/19

VC [Signature]

Sr. Assjt (m)  
[Signature] 16/4/19

Page - 2

**BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT.**

Sr.No	Name of Candidate	Specialty	Supervisor & Co-Supervisor
1.	Dr. Rupal Rani	MPT Neurology	Sup:- Dr. Jaspreet Singh Vij Associate Professor.



ABSTRACT

**Title:** Efficacy of Modified Constraint Induced Movement Therapy and Task Oriented Mirror Therapy on Upper Extremity Function in Post Stroke Hemiparetic Patients

**Researcher Student:** Rupal Rani, MPT (Neurology) 1<sup>st</sup> year, University College of Physiotherapy, Faridkot.

**Researcher Supervisor:** Dr. Jaspreet Singh Vij, Ph. D. (Physiotherapy); MPT (Neurology), Associate Professor, University College of Physiotherapy, Faridkot.

**Introduction:** The most common physical impairments in stroke survivors are difficulty in the functional use of upper limb and walking. Upper extremity hemiplegia remains the primary impairment in many stroke survivors. Improving upper limb function is therefore often a core element of rehabilitation after stroke in order to maximize patient outcomes and reduce disability.

**Aim of the study:** The objective of the study is to compare the efficacy of Modified Constraint Induced Movement Therapy and Task Oriented Mirror Therapy on upper extremity function in post stroke hemiparetic patients.

**Materials and Methods:** 45 post stroke hemiparetic subjects aged 45-65 years, both males and females and, from 6 weeks to one year of post stroke, will be included in the study as per the criteria. Their demographic profile and detailed medical history will be taken from medical records and individual interviewing. The subjects will be conveniently divided into three equal groups, Group A, Group B and Group C comprising 15 subjects each. All the subjects will be assessed using Action Research Arm Test (ARAT) and Fugl Meyer assessment of physical performance for upper extremity. Group A will receive Modified Constraint Induced Movement Therapy along with Conventional Physiotherapy, Group B Task Oriented Mirror Therapy along with Conventional Physiotherapy whereas Group C will be a control group receiving just conventional physiotherapy. The subjects will be given a total duration of intervention of 6 weeks, with 5 weekly sessions. The result will be analyzed post intervention by using SPSS 16.

**Keywords:** Stroke, hemiparesis, Modified Constraint Induced Movement Therapy, Task Oriented Mirror Therapy, conventional physiotherapy

Submitted by:

Guided by:

Principal

Rupal Rani

Rupal rani  
MPT 1<sup>st</sup> year (Neuro)  
University College of  
Physiotherapy, Faridkot

Jaspreet Singh  
28/3/19

Dr. Jaspreet Singh Vij  
Associate Professor  
University College of  
Physiotherapy, Faridkot

Dr. RadheShyam  
29/3/19

Dr. RadheShyam  
Principal  
University College of  
Physiotherapy, Faridkot



**Examination Branch (Thesis Section)**

Plans of thesis of MPT students Admitted in Session 2018 have been received by thesis section. A consolidated list mentioning Name of the Candidates, Speciality, Proposed Topic of Thesis, Name of the Supervisor, Name of the Co-Supervisor and **ONE PAGE ABSTRACT** is enclosed along with this note. These plans of thesis need to be put before the Board of Studies/ Faculty of Physiotherapy for consideration and approval.

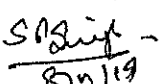
Sr. No	Name of the Colleges	No. of Plans
1.	D.A.V Institute of Physiotherapy, Jalandhar.	04


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16/4/19

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VC 

Sr. Asst (M)  
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Pages - 5

**D.A.V. Institute of Physiotherapy, Jalandhar**

**Details of Plan of Thesis of MPT, Admission Batch - 2017**

Sr. No.	Name of Specialty	Name of Student	Title of Thesis	Supervisor	Co-Supervisor(s)
1	MPT (Sports)	Ms. Jares Sahonta	A Study To Compare The Effect Of Two Plyometric Exercises On Explosive Muscle Power Of Lower Limb And Agility Among Non-Athlete Youngsters.	Dr. Shilpy Jetly, Asso. Prof. MPT ( Sports)	Dr. Jitendra Sharma Asso. Prof. MPT (Sports)
2.	MPT (Orthopaedics)	Ms. Disha Sharma	To Study The Efficacy of Mulligan's Two Leg Rotation And Bent Leg Raise Techniques On Pain, Disability, Range of Motion And Hamstring Flexibility in Subjects with Chronic Low Back Pain.	Dr. Yas Partap, Asso.Prof. MPT (Musculoskeletal)	Dr. Shilpy Jetly, Asso.Prof MPT (Sports)
3	MPT (Orthopaedics)	Ms. Annie Sharma	To Study The Compare Effects of Mulligan Concept Lumbar Snag And Lumbar Stabiliation Exercises on Pain, Disability and Range of Motion in Chronic Low Back Pain.	Dr. Sadbhawna (Pt) (Assistant Professor, M.P.T (Musculoskeletal)	Dr. Shilpy Jetly, Asso.Prof MPT (Sports)
4.	MPT (Orthopaedics)	Ms. Pallavi Chopra	To Compare the Effectiveness Of Myofascial Release Cervical Range of Motion And Neck Disability in Subjects With Cervical Radiculopathy.	Dr. Sadbhawna (Pt) (Assistant Professor, M.P.T (Musculoskeletal)	Dr.Ram Babu Asso.Prof. MPT (MSPT)

dy

ABSTRACT

TITLE- A STUDY TO COMPARE THE EFFECT OF TWO PLYOMETRIC EXERCISES ON EXPLOSIVE MUSCLE POWER OF LOWER LIMB AND AGILITY AMONG NON-ATHLETE YOUNGSTERS

STUDENT- Mr. Jares Sahonta, D.A.V. Institute of Physiotherapy and Rehabilitation, Jalandhar.

SUPERVISOR- Dr. Shilpy Jetly, MSPT, Associate Professor, D.A.V. Institute of Physiotherapy and Rehabilitation, Jalandhar

CO-SUPERVISOR- Dr. Jitendra Sharma, MSPT, Principal, D.A.V. Institute of Physiotherapy and Rehabilitation, Jalandhar

BACKGROUND- Muscle power and agility are two of the most important parameters of fitness for any youngsters and form the basis of daily physical activity. A person who displays good agility and muscle power will most likely possess other qualities such as, dynamic balance, spatial awareness, rhythm, and visual processing as well. Several training protocols exist for enhancing explosive muscle power and agility. For lower limbs, plyometric exercises of depth jump & lateral step-ups are frequently included in all such protocols. Both of these have been reported to increase explosive muscle power in youngsters. The proposed study will evaluate the effects of these training individually and compare the effect of one training over other.

OBJECTIVE OF STUDY- To compare the effect of two plyometric exercises on explosive muscle power of lower limb and agility in non-athlete youngsters

METHODOLOGY- The total duration of the study will be one year. Minimum of 60 subjects will be selected between age groups of 18-25 years. The subjects will be divided into 3 Groups (20 subjects in each group). Group A will be control group (strengthening exercises of lower limbs). Group B will be given plyometric training exercises (depth jump + strengthening exercises of lower limbs). Group C will be given plyometric training exercises (lateral step-up+ strengthening exercises of lower limbs). Total 9 sessions of exercise will be given, for 3 times a week, for 3 consecutive weeks. Plyometric training (depth jump and lateral step up) for group B and C. Total 15 session of exercises will be given for 5 times a week, for 3 consecutive weeks. strengthening exercise of lower limbs for all three groups. Data will be collected at the beginning of protocol and at the end of every week. Total records (week 0, week 1, week 2, & week 3).

DATA ANALYSIS- Data analysis will be performed using latest available statistical software.

KEYWORDS- Plyometric training, weight training, agility and explosive muscle power

SUBMITTED BY:	GUIDE:	CO-GUIDE:
JARES SAHONTA	DR. SHILPY JETLY	DR. JITENDRA SHARMA
M.P.T. (1 <sup>st</sup> YEAR)	MSPT	MSPT
SPORTS	ASSOCIATE PROFESSOR	PROFESSOR AND PRINCIPAL

## ABSTRACT

**TITLE-** TO STUDY THE EFFICACY OF MULLIGAN'S TWO LEG ROTATION AND BENT LEG RAISE TECHNIQUES ON PAIN, DISABILITY, RANGE OF MOTION AND HAMSTRING FLEXIBILITY IN SUBJECTS WITH CHRONIC LOW BACK PAIN.

**STUDENT-** Disha sharma, D.A.V. Institute of Physiotherapy and Rehabilitation, Jalandhar.

**SUPERVISOR-** Dr. Yash Partap, MPT (Musculoskeletal), Associate Professor , D.A.V. Institute of Physiotherapy and Rehabilitation, Jalandhar.

**CO-SUPERVISOR-** Dr. Shilpy Jetly, MSPT, Associate Professor, D.A.V. Institute of Physiotherapy and Rehabilitation, Jalandhar.

**BACKGROUND-** Chronic low back pain is a major health and economical problem which is affecting a large population in the world . It is the pain which extends from more than 12 weeks with and without any underlying causes. Mulligan's Two Leg Rotation and Bent Leg Raise techniques are found to be beneficial in reducing acute low back pain and to improve the flexibility of hamstring muscles. The purpose of the study is to evaluate the effect of two leg rotation and bent leg raise technique in subjects with chronic low back pain with hamstring muscles tightness.

**METHODOLOGY-** A minimum of 45 subjects will be selected for the study and will be conveniently divided into 3 groups i.e. controlled group- group "A" and experimental group "B" and "C", 15 subjects will be conventionally assigned to each group.

**DATA ANALYSIS-** Data analysis will be performed using statistical software.

**KEYWORDS-** Chronic low back pain, Hamstring tightness, Mulligan's Two Leg Rotation, Mulligan's Bent Leg Raise.

**SUBMITTED BY:**  
*Disha Sharma*  
DISHA SHARMA

M.P.T

(ORTHOPAEDICS)

STUDENT

**GUIDE:**  
*Yash Partap*  
DR. YASH PARTAP

M.P.T

(MUSCULOSKELETAL)

ASSOCIATE

**CO-GUIDE:**  
*Shilpy Jetly*  
DR. SHILPY JETLY

M.S.P.T

ASSOCIATE

## ABSTRACT

TO STUDY THE EFFECTS OF MULLIGAN CONCEPT LUMBAR SNAG AND LUMBAR STABILISATION EXERCISES ON PAIN, DISABILITY AND RANGE OF MOTION IN CHRONIC LOW BACK PAIN.

**STUDENT-** Annie Sharma, D.A.V Institute of Physiotherapy and Rehabilitation, Jalandhar.

**SUPERVISOR-** Dr.Sadbhawana (PT), Assistant Professor, D.A.V Institute of Physiotherapy and Rehabilitation, Jalandhar.

**CO-SUPERVISOR-** Dr.Shilpy Jetly (PT), Associate Professor, D.A.V Institute of Physiotherapy and Rehabilitation, Jalandhar.

**BACKGROUND-**Chronic low back pain is one of the most common leading causes of disability persisting for more than 12 weeks. It occurs in similar proportions in all cultures, interferes with quality of life and work performance. Both male and female populations are affected. Exercises play an important role in the rehabilitation of chronic low back. The purpose of the study is to evaluate the effects of Mulligan Concept Lumbar SNAG and Lumbar Stabilization Exercises in chronic low back pain.

**OBEJECTIVE OF THE STUDY-** The objective of the study is to compare the effects of Mulligan Concept Lumbar SNAG and Lumbar Stabilization Exercises in chronic low back pain..

**METHODOLOGY-**The total duration of the study will be one year. Minimum of 45 subjects with chronic Low back pain will be selected between the age groups of 35-65 years of age. The subjects will be divided into 3 groups- Group A, Group B and Group C with 15 subjects in each group. Group A will be control group and will be given ultrasound and conventional physiotherapy and Group B will be given ultrasound and mulligan concept Lumbar SNAG and Group C will be given ultrasound and lumbar stabilization exercises.

**DATA ANALYSIS:** Data analysis will be performed using statistical software SPSS.

**KEY WORDS:** Chronic low back pain, Mulligan Concept Lumbar SNAG and lumbar stabilization exercises.

**SUBMITTED BY:**

*Annie Sharma*  
ANNIE SHARMA

**GUIDE:**

*Sadbhawana*  
DR.SADBHAWANA (PT)

**CO-GUIDE:**

*Shilpy Jetly*  
DR.SHILPY JETLY (PT)

M.P.T 1<sup>st</sup> year (ortho.)

ASSISTANT PROFESSOR

ASSOCIATE PROFESSOR

**ABSTRACT**

**TO COMPARE THE EFFECTIVENESS OF MYOFASCIAL RELEASE TECHNIQUE AND MULLIGAN'S SNAG TECHNIQUE ON PAIN, CERVICAL RANGE OF MOTION AND NECK DISABILITY IN SUBJECTS WITH CERVICAL RADICULOPATHY.**

**STUDENT**-Miss Pallavi Chopra, D.A.V Institute of Physiotherapy and Rehabilitation, Jalandhar.

**SUPERVISOR**-Dr. Sadbhawna, MPT (Musculoskeletal), Assistant Professor, D.A.V Institute of Physiotherapy and Rehabilitation, Jalandhar.

**CO-SUPERVISOR**-Dr. Ram Babu, MSPT, Associate Professor, D.A.V Institute of Physiotherapy and Rehabilitation, Jalandhar.

**BACKGROUND**- Cervical radiculopathy is a neurologic condition characterized by dysfunction of a cervical spinal nerve, the roots of the nerve, or both in subjects with cervical radiculopathy. It leads to neck and radiating arm pain or numbness in the distribution of a specific nerve root.

**OBJECTIVE OF THE STUDY**-The objective of the study is to compare the effectiveness of Myofascial Release technique and Mulligan's SNAG technique on pain, cervical range of motion and neck disability in subjects with cervical radiculopathy.

**METHODOLOGY**-The total duration of the study will be one year. Minimum of 45 patients with cervical radiculopathy will be selected between the ages of 30-60 years. The subjects will be divided into 3 groups- Group A, Group B and Group C with 15 patients in each group. Group A will be Control group receiving hot packs, Ultrasound and TENS. Group B will be given hot packs, Ultrasound, TENS and Mulligan's SNAG technique. Group C will be given hot packs, Ultrasound, TENS and Myofascial Release technique. Total 10 treatment sessions will be given to each group 5 times in a week for 2 weeks.

**DATA ANALYSIS**-Data will be analyzed by using statistical software i.e. SPSS.

**KEYWORDS**- Mulligan's SNAG technique and Myofascial Release technique.

**SUBMITTED BY:**

*Pallavi*  
PALLAVI CHOPRA

M.P.T 1<sup>st</sup> year (ortho)

**GUIDE:**

*Sadbhawna*  
DR. SADBHAWNA (PT)

M.P.T (MUSCULOSKELETAL)

ASSISTANT PROFESSOR

**CO-GUIDE:**

*Ram Babu*  
DR. RAM BABU (PT)

MSPT

ASSOCIATE PROFESSOR

Baba Farid University of Health Sciences, Faridkot  
(Ph.D Section)


Sub:- Forwarding 2<sup>nd</sup> six monthly report of Mr. Satish Sharma (a part time candidate) for the subject of Ph.D Physiotherapy under faculty of Physiotherapy.

Principal, D.A.V. Institute of Physiotherapy & Rehabilitation, Jalandhar has forwarded 2<sup>nd</sup> six monthly report submitted by above said candidate on thesis topic entitle "Effect of Vibration Stimulus on Spasticity, Balance and Gait in Post Stroke Hemiplegic Patients"

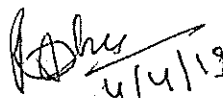
Orders are solicited to put the report in original in the forthcoming meeting of Faculty ~~Medical~~ <sup>Physiotherapy</sup> Sciences.

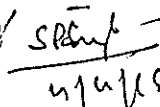
Submitted for orders please.

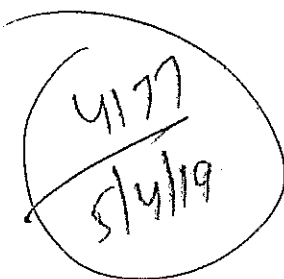
  
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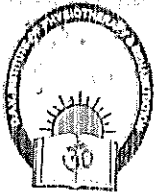
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4/4/19

  
4/7/19  
5/4/19



Pages - 1-9  
Sr. Asst (m)  
  
26/4



67

# D.A.V. INSTITUTE OF PHYSIOTHERAPY & REHABILITATION

(Affiliated to Baba Farid University of Health Sciences, Faridkot)

Mahatma Hans Raj Marg, G. T. Road, Jalandhar-144 008 (Pb.) INDIA

Phone : 0181-2208021, 2209228, Fax : 0181-2208021

BFUHS/PHYSIO/PR/1008

29.03.2019.

The Controller of Examinations,  
Baba Farid University of Health sciences,  
Sadiq Road, Faridkot.

Sub: 2<sup>nd</sup> Progress Report of PhD Candidate – Mr Satish Sharma

Our ref: Letter no. Accounts/Physio/Ac/656 dated 16.03.2019

Sir,

In continuation to our letter cited above, it is submitted that the details of progress accomplished by the PhD candidate, Mr Satish Sharma, is as follows:

1. Data compilation of 06 more subjects has been accomplished.
2. He participated in two national conferences of physiotherapists.
3. Drafting of Chapter1: Introduction is under progress.
4. Collection of more literature relevant to the proposed study is under progress.

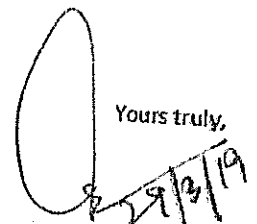
Warm regards,

En/1269  
1/1/19

ABD (PWS)  
1/1/19

ASST (PWS)  
2/4/19

ASST (PWS)  
2/4/19

Yours truly,  
  
29/3/19  
Dr. Jitendra Sharma  
Supervisor.





68

# 2

## D.A.V. INSTITUTE OF PHYSIOTHERAPY & REHABILITATION

(Affiliated to Baba Farid University of Health Sciences, Faridkot)

Mahatma Hans Raj Marg, G.T. Road, Jalandhar-144 008 (Pb.) INDIA

Phone : 0181-2208021, 2209228, Fax : 0181-2208021

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Accounts/Physio/Ac/ 656

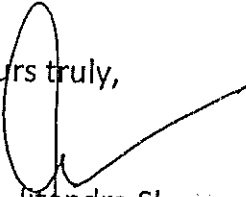
Date: 16/03/19

The Registrar,  
Baba Farid University of Health Sciences,  
Sadiq Road,  
Faridkot 151203.

Dear Sir,

The second progress report of Mr. Satish Sharma, Ph.D in Physiotherapy scholar is attached herewith for your record & perusal.


Yours truly,


  
(Dr. Jitendra Sharma)  
Principal,  
D.A.V. Institute of Physiotherapy & Rehabilitation Jalandhar City

Extm - 1061  
22/3/12

2839  
22/3/19

COE

  
22/3/19

  
22/3/19

DEO (P.W.)  
25/3/19

BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT

Faculty of Physiotherapy Sciences

Doctor of Philosophy (Ph.D.) Degree

Half-yearly Progress Report Performa  
(June/December)

- 1. Period ending \_\_\_\_\_ December - 2018 \_\_\_\_\_
- 2. Name of the candidate  
(in block letters) \_\_\_\_\_ SATISH SHARMA \_\_\_\_\_
- 3. Degree for which registered \_\_\_\_\_ PH.D (Physiotherapy) \_\_\_\_\_
- 4. Topic (as approved and shown  
in the registration letter issued  
by the University) \_\_\_\_\_ Effect of Vibration Stimulus On  
Spasticity, Balance and  
Gait of Post Stroke  
Hemiplegic Patients \_\_\_\_\_
- 5. Name of the Department/s and  
of the Institution where the candidate  
is working \_\_\_\_\_ GMCH Sector-22  
Chandigarh \_\_\_\_\_
- 6. Name/s of the supervisor/s
  - Name \_\_\_\_\_ Dr. Jitendra Sharma \_\_\_\_\_
  - Designation \_\_\_\_\_ Principal \_\_\_\_\_
  - Institution \_\_\_\_\_ DAV Institute of Physiotherapy &  
Rehabilitation, Jalandhar \_\_\_\_\_
  - Name \_\_\_\_\_ Dr. Sudhis Bawa \_\_\_\_\_
  - Designation \_\_\_\_\_ Prof. & Head, Orthopaedics \_\_\_\_\_
  - Institution \_\_\_\_\_ GMCH Sector-22  
Chandigarh \_\_\_\_\_
- 7. Particulars of registration letter with  
letter No. and date etc \_\_\_\_\_ 07-BFPH 5/EX/PHD/3962  
11/04/2018 \_\_\_\_\_
- 8. Expected date of submission of  
Ph.D. thesis (month/year) \_\_\_\_\_ June 2022 \_\_\_\_\_

9. Research papers published, if any, during the period under report (give complete reference)

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10. Any other publication during the period under report

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11. Teaching work done (a broad outline only) during the period under report (at undergraduate/postgraduate level)

Taught and took lecture and seminar of botany held in G.M.O.U. - 32, Prasadipatna

12. Invited guest lectures delivered, if any, during the period under report

Nil

13. Field work for research project done

Nil

14. Conference/Seminar/Workshop etc attended during the period under report

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15. Any other academic activity undertaken, apart from reported above

Nil

16. Detailed report of the work done during the period under report

attach separate sheets carrying a detailed a detailed report

17. Signature of the candidate

*Patish Sharma*

PROGRESS REPORT

1. Ph.D. Registration  
Faculty of ~~Physiotherapy~~ Sciences  
Baba Farid University of Health Sciences  
Faridkot.

2. Period and number of Progress Report June/December, 2018  
No. 1/2/3/4/5/6/7/8/... *12* (December)

3. Name and Address of research scholar Name *Satish Sharma*  
Address *H. No. 130, Sector 22 A*  
*Chandigarh - 160022*

4. Topic of the research project as approved by the Faculty of ~~Physiotherapy~~ Sciences *Effect of Vibration stimulus on Postural Stability in Post Stroke Hemiplegic Patients*

5. Department through which registered (*Physiotherapy*) *DAV Institute of Physiotherapy & Rehabilitation*

6. Name of the Institute *DAV Institute of Physiotherapy & Rehabilitation, Chandigarh*

7. Supervisor/s

Co-supervisor Name *Dr. Sudeep Singh*  
Designation *Prof. & Head*  
Department *Anthropology, GMLH-32 Chandigarh*

Supervisor Name *Dr. Titendra Sharma*  
Designation *Principal*  
Department *Dept. of Physiotherapy & Rehabilitation*  
*DAV Institute of Physiotherapy & Rehabilitation, Chandigarh*

Signature of the candidate *Satish Sharma*

Ph.D. Registration

Faculty of Physiotherapy Sciences  
Baba Farid University of Health Sciences  
Faridkot

PROGRESS REPORT

Period December - 2018  
No. 03

***A DETAILED PROGRESS REPORT FOR THE PERIOD UNDER REPORT***

- report may be of one page or more than that
- every page of the progress report should be signed by the candidate
- the progress report, at the end, should also be authenticated by signatures of the supervisor

18. Brief comments of supervisor/  
Co-supervisor

The research work has been done under my supervision in GMCH Chandigarh as per the plan and the progress is satisfactory

Sudhir  
Signature of Co-Supervisor  
(with office stamp)  
Dr. Sudhir Kumar Garg  
Prof & Head, Dept. of Orthopaedics  
Govt. Medical College & Hospital  
Sector 32, Chandigarh-160030

[Signature]  
Signature of Supervisor  
(with office stamp)  
Principal  
D.A.V. Institute of Physiotherapy &  
Rehabilitation Jalandhar City

19. Remarks by the Head of Department

Signature of HOD  
(with office stamp)

20. Remarks by the Chairman, RDC/Principal

The research work carried out by this candidate is satisfactory.

[Signature]  
Signature, Chairman RDC/Principal  
D.A.V. (with office stamp) Physiotherapy &  
Rehabilitation Jalandhar City

GROUP B

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Subject	Gender	Age	Affected Lower Limb	MAS	Step Length PRE(cms.)		Stride Length PRE(cms.)		Cadence PRE	GV PRE (m/min.)	BOS PRE(cms.)	TUG PRE	SLS PRE	
					UA	A	UA	A					UA	A
8	M	58	R	2	27	28	54	56	70	22	12	18	15	2
9	F	49	R	1+	25	27	50	51	82	18	10	16	18	5
10	M	52	R	2	28	29	56	57	66	16	11	19	12	3

Subject	Gender	Age	Affected Lower Limb	MAS	Step Length POST(cms.)		Stride Length POST(cms.)		Cadence POST	GV POST (m/min.)	BOS POST (cms.)	TUG POST	SLS POST	
					UA	A	UA	A					UA	A
8	M	58	R	1+	28	29	56	58	72	22	11	16	14	2
9	F	49	R	1	25	28	50	56	82	18	10	10	18	4
10	M	52	R	1+	28	29	56	58	67	22	11	18	11	4

MAS: MODIFIED ASHWORTHS SCALE

GV: GAIT VELOCITY

BOS: BASE OF SUPPORT

TUG:

TIMED UP AND GO TEST

SLS: SINGLE LEG STANCE

UA: UNAFFECTED

A: AFFECTED

*Sudhir Kumar Gang*

— *Sudhir* —

Dr. Sudhir Kumar Gang  
 Prof. & Head, Deptt. of Ortho  
 Govt. Medical College & Hosp  
 Sector 32, Chandigarh-160030

*[Signature]*  
 D.A.V. Institute of Education  
 Raipur, Chhatisgarh  
 Principal

GROUP A

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Subject	Gender	Age	Affected Lower Limb	MAS PRE	Step Length PRE (cms.)		Stride Length PRE (cms.)		Cadence PRE	GV PRE (m/min.)	BOS PRE (cms.)	TUG PRE	SLS PRE	
					UA	A	UA	A					UA	A
7	M	56	R	2	25	26	50	52	72	20	11	16	11	6
8	F	52	L	2	25	26		52	76	16	12	17	15	8
9	M	53	R	2	26	27		54	69	18	13	15	8	2

Subject	Gender	Age	Affected Lower Limb	MAS POST	Step Length POST (cms.)		Stride Length POST (cms.)		Cadence POST	GV POST (m/min.)	BOS POST (cms.)	TUG POST	SLS POST	
					UA	A	UA	A					UA	A
7	M	56	R	1+	27	28	54	54	74	22	11	14	14	6
8	F	52	L	1+	26	28	52	56	79	18	10	16	18	9
9	M	53	R	1+	28	28	56	56	72	22	11	13	11	4

MAS: MODIFIED ASHWORTHS SCALE

GV: GAIT VELOCITY

BOS: BASE OF SUPPORT

TUG:

TIMED UP AND GO TEST

SLS: SINGLE LEG STANCE

UA: UNAFFECTED

A: AFFECTED

*Sudhir Kumar Garg*

\_\_\_\_\_

Dr. Sudhir Kumar Garg  
 Prof. & Head, Deptt. of Orthopaedics  
 Govt. Medical College & Hospital  
 Sector 32, Chandigarh-160034

*[Signature]*  
 D.A.V. Institute of Education  
 Sector 14, Chandigarh