

BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT

HEALTH VISTOR

(Under DRME, Govt. of Punjab)

QUESTION BOOKLET NO.

SESSION OF THE CANDIDATE

OMR ANSWER SHEET NO.

ROLL NO:

FULL SIGNATURE OF THE CANDIDATE

FULL SIGNATURE OF THE INVIGILATOR

FULL SIGNATURE OF THE OBSERVER

Time Allowed: 1.00 Hours (11.00 AM to 12.00 noon)

Maximum Marks: 50

1. Use BLACK FINE TIP BALL PEN only. Use of pencil is not allowed.
2. Write your Roll number on the OMR answer-sheet and also on the question-booklet only in the space provided for the purpose and at no other place in the question booklets and Answer-sheet
3. Enter the Question Booklet Set and Number on the OMR Answer-sheet and also darken the corresponding bubbles with BLACK FINE TIP BALL PEN.
4. Do not put any marks anywhere in the Question booklet /on the OMR Answer-sheet.
5. **There are 50 objective type questions in all of 1 Mark each.** Before attempting the questions, check that the Question-booklet is complete. In case any question/part of question or page is missing, inform the Centre Superintendent within 5 minutes of the start of the examination. After that no claim will be entertained.
6. **Each question is followed by four alternative responses listed as A), B), C) and D) out of which only one is correct / most correct. In case, all the ovals are left blank, there will be deduction of marks @ 0.25 mark for each such unattempted question. Fifth oval 'E' (introduced for security purpose) is to be darkened in case you do not want to attempt the question to avoid negative marking.**
7. To open the question booklet, remove the seal gently when asked to do so. Handover the OMR Answer-sheet to the officer on duty on the completion of the time before you leave the examination hall.
8. **The candidates are permitted to carry his/her question booklet after completion of the examination but OMR Sheets are compulsory required to be deposited with the invigilator.**
9. A candidate who create disturbance of any kind or changes his/her seat or is found in possession of any paper possibility of any assistance to him/her or unfair means will be expelled from the examination by the Centre superintendent/Observer, whose decision shall be final. ("Expulsion" for this purpose would mean cancellation of the entire examination of the candidate).
10. **THE CANDIDATES ARE NOT PERMITTED TO CARRY ANY TELECOMMUNICATION EQUIPMENT SUCH AS WATCH, CELLULAR PHONE, WIRELESS SET, SCANNER ETC. INSIDE THE EXAMINATION HALL.**
11. For rough work, use only the blank space of the Question booklet.
12. The candidates will not be allowed to leave the examination hall during the examination.
13. Borrowing any material is not allowed.
14. The answer-sheet is designed for Computer evaluation. If the instructions are not followed properly, the candidate alone shall be responsible for the resultant loss.
15. Smoking/Refreshment shall not be allowed in the Entrance Test Centre/Hall.
16. Male candidates shall affix their Left Thumb Impression (LTI) while Female candidates shall affix Right Thumb Impression (RTI) at the prescribed place on the OMR answer sheet, Question Booklet and attendance sheet. The Centre superintendent shall also obtain and retain it for record.
17. The candidate must fill both the question booklet number and OMR answer sheet number on the attendance sheet.
18. No candidate shall be allowed to leave the centre before **12.00 noon**.

1. Which day was declared World Tuberculosis day by World Health Organization to celebrate World Tuberculosis Day?
 - a. 24 March
 - b. 24 April
 - c. 7 April
 - d. 14 November

2. Concept of Multipurpose health workers was given by
 - a. Mudaliar committee
 - b. Srivastava committee
 - c. Mukherjee committee
 - d. Kartar Singh Committee

3. Population covered by PHC in hilly area is
 - a. 20000
 - b. 30000
 - c. 5000
 - d. 2000

4. The three tier structure of Local government does not include _____
 - a. Panchayat Smiti
 - b. Village committee
 - c. ZilaParishad
 - d. Gram Panchayat

5. Throughout the country every year, anti malaria month is observed during the month of
 - a. June
 - b. July
 - c. December
 - d. January

6. Name a causal organism that is responsible for causing TB?
 - a. Bacteria
 - b. Virus
 - c. Protozoa
 - d. None of the above

7. The Snellen chart is used to:
 - a. Measure intraocular pressure
 - b. Measure eye pain
 - c. Measure visual acuity
 - d. Assess the degree of colour blindness

8. In measles which vitamin deficiency occurs?
 - a. Vitamin A
 - b. Vitamin B
 - c. Vitamin C
 - d. Vitamin D

9. In ICDS, the requirement in pregnant females is
 - a. 300 cal, 15 gm protein
 - b. 300 cal, 25 gm protein
 - c. 500 cal, 15 gm protein
 - d. 500 cal, 25 gm protein

10. 'Five clean practices' under strategies for elimination of neonatal tetanus include all except
 - a. New blade for cutting the cord
 - b. Clean airway
 - c. Clean surface for delivery
 - d. Clean hand of the attendant

11. Plastic wrapper of surgical syringe should be discarded in
 - a. Red Bag
 - b. Blue bag
 - c. Black bag
 - d. Yellow bag

12. Each tablet of iron and folic acid administered to pregnant woman contains
 - a. 300 mg of elemental iron
 - b. 100 mg of elemental iron
 - c. 50 mg of elemental iron
 - d. 20 mg of elemental iron

13. All are barrier contraceptives except
 - a. Male Condom
 - b. Female Condom
 - c. Diaphragm
 - d. Mala - D

14. A combination of medications which are applied to treat tuberculosis is
 - a. to generate a better response
 - b. to decrease the resistance of the entity to the treatment
 - c. both (A) and (B)
 - d. None of the above

15. Full form of JSSK is
- Janani ShishuSamritiKalyanYojna
 - Janani Shishu Services Karyakaram
 - Janani Shishu Suraksha Karyakaram
 - Janani Social Services KalyanYojna
16. A baby is considered normal if APGAR score is
- More than 8
 - More than 10
 - Between 5 – 8
 - Between 4 – 7
17. Management of nephrotic syndrome include except
- Care of oedematous skin
 - High sodium and low protein diet
 - Complete bed rest
 - Low sodium and high protein diet
18. ASHA is posted at
- Village level
 - Sub centre level
 - Primary health centre level
 - Community health centre level
19. The first vaccine was developed by:
- Louis Pasteur
 - Edward Jenner
 - Carl Landsteiner
 - Joseph Miester
20. What are the symptoms of the people suffering from latent tuberculosis infection?
- Have no symptoms
 - Patient feel sick
 - Spread TB bacteria to others
 - Patients have a negative TB blood test.
21. Disinfection and sterilization of blood spills is done by
- Formaldehyde
 - Sodium hypochlorite
 - Tincture iodine
 - Phenols
22. Who are not beneficiaries of ICDS scheme?
- Adolescent females
 - Pregnant females
 - Lactating females
 - School going children
23. Which of the following drugs is supposed to prevent congenital neural tube defects?
- Folic acid
 - Thiamine
 - Riboflavin
 - Pyridoxine
24. Cereal rich in calcium is
- Maize
 - Ragi
 - Wheat
 - Jowar
25. Vitamin K deficiency leads to
- Problem in blood coagulation
 - Problem in calcium metabolism
 - Problem in Digestion
 - All of the above
26. The World Health Day is celebrated on _:
- 1st March
 - 7th April
 - 6th October
 - 10th December
27. In _____ method of health education, people learn by exchanging views and Information
- Symposium
 - Group discussion
 - Workshop
 - Role play
28. The poliovirus infection is spread through
- Breastfeeding
 - faecal-oral route
 - placental route
 - sexual route
29. The term for excessive urination at night is:
- Polyuria
 - Nocturia
 - Hematuria
 - Uritis
30. The common pulse site used for taking a pulse on a patient is:
- Brachial artery
 - Radial artery
 - Apical pulse
 - Temporal artery

31. Which of the following is the most common cause of goitre?

- a. Iodine deficiency
- b. Iodine excess
- c. Kwashiorkor
- d. Insulin deficiency

32. Which position is recommended for a patient experiencing difficulty breathing?

- a. Prone position
- b. Supine position
- c. Fowler's position
- d. Trendelenburg position

33. What is the purpose of providing back massages to bedridden patients?

- a. Entertainment
- b. Promoting circulation and comfort
- c. Preventing infections to the patient
- d. Evaluating skin condition of the patient

34. As per RCH, Community Health centre is

- a. First referral unit
- b. Secondary referral unit
- c. Tertiary referral unit
- d. None of the above

35. Above normal Pulse rate is called

- a. Tachypnea
- b. Hyper pyrexia
- c. Arrhythmia
- d. Tachycardia

36. Which among the following is an airborne disease?

- a. Typhoid
- b. Tuberculosis
- c. Kala azar
- d. Malaria

37. Which of the following is the appropriate route of administration for insulin?

- a. Intramuscular
- b. Intradermal
- c. Subcutaneous
- d. Intravenous

38. UNICEF was established in

- a. 1946
- b. 1948
- c. 1952
- d. 1955

39. Vande-mataram scheme is included in

- a. RCH Program
- b. JSY Program
- c. ICDS Program
- d. IMNCI Program

40. Baby is termed as preterm baby if born before

- a. 32 weeks of gestation
- b. 34 weeks of gestation
- c. 37 weeks of gestation
- d. 38 weeks of gestation

41. Nosocomial infection occurs in

- a. Agricultural fields
- b. Crowded places
- c. Working place
- d. Hospitals

42. All of the following are grass root level workers except

- a. Anganwadi workers
- b. Health assistants
- c. Trained dais
- d. Village health guides

43. In following, which is not a spacing contraceptive method?

- a. Condoms
- b. Mala N
- c. Vasectomy
- d. Copper T

44. In following, which disease is caused by excessive consumption of khesari dal

- a. Diabetes
- b. Xerophthalmia
- c. Dropsy
- d. Lathyrism

45. Which of the most widely used method for cervical cancer screening

- a. Colposcopy
- b. HPV vaccine
- c. Biopsy
- d. Pap smear

46. In following, which is not an absolute contraindication of IUDs

- a. Anaemia
- b. Suspected pregnancy
- c. Pelvic Inflammatory disease
- d. Vaginal bleeding

47. A child would develop mental illness if one doesn't get

- a. Affection
- b. Encouragement
- c. Love and belongingness
- d. All of the above

48. During a prenatal visit a patient tells you her last menstrual period was May 21, 2022. Based on the Naegle's Rule, when is the estimated due date of her baby?

- a. February 27, 2022
- b. March 19, 2023
- c. February 28, 2023
- d. April 16, 2022

49. Arthritis is a disease of

- a. Liver
- b. Joints
- c. Skin
- d. Kidney

50. What is the purpose of using a warm compress on a patient's sore muscles?

- a. To induce sleep
- b. To cool down the area
- c. To increase blood flow and relax muscles
- d. To minimize the need for repositioning