

**Two days Conference on ‘Glocal Health Care-An Inner net Enabled Scientific Approach’**

*Also Includes*

***Workshop on Soft Skills for Health Care Professionals***

**(SinpmsGloCon 2019) on 28-29 March, 2019.**

**Theme:** *“Wherever You Go, Let Your Health Network follow -An Inside out shift’*

**Organized by:**

**State Institute of Nursing & Paramedical Sciences (SINPMS), Badal - A Constituent Institute, BFUHS, Faridkot.**

**Venue:**

Main Auditorium, SINPMS, Badal, a Constituent Institute of BFUHS, FDK.

***‘Welcome to a Legendary, Green, and Pollution Free Out-Set of Punjab’***

**Dear Colleagues**

It is really a great pleasure and honor indeed for us to welcome you all and invite you to the upcoming Two days Conference on ‘Glocal Health Care-An Inner net Enabled Scientific Approach’(SinpmsGlocon2019). This will also *Include Workshop on Soft Skills for Health Care Professionals*

**The theme and objective:**

Let long queues and waiting time be a thing of the past; taking the responsibility of your health in your own hands! Knowing and taking care of the health of yours and the consumers; hence able becoming double health professionals-double doctors, double nurses and double paramedics-just looking beyond the glasses. A human being is not one dimensional. Therefore, a new model of health, Three Dimensional Health Care is called for. As per this new model, health is a dynamic process of harmony in flow of nonphysical (divine) and physical energy. The ultimate healing is the loss of all fear, even the fear of death. The current medical approach addresses only one dimension, the physical body, which might explain why despite medical advances, the epidemic of CAD and other lifestyle related diseases e.g. hypertension, diabetes, obesity etc. has not been curbed. There is a beautiful phrase in the Upanishads that means: as is the atom, so is the universe; as is the microcosm or as is the human mind, so is the cosmic mind.

A vast literature mentioned a need for an affordable, accessible, and effective comprehensive care as fundamental right of every citizen, even at the times of global disasters/violence etc. The emergence of technology, especially after Great Wars performed miracles in the physical realm. A new venture needs to be explored an inside out approach of treating the person as a whole reversing the trend of treating a part of the being (body). Moreover, connecting with the core values for a positive, safer atmosphere with its application to living and working in which one can thrive targeting their real needs.

Health care professionals are bound to fulfill people’s aspirations to be healthy, wealthy, and wise, through the wise inspirations of God. The sessions would focus on various aspects of primary, secondary and tertiary prevention of upcoming health care problems. The topics would be dealt with great mental dexterity, throwing the pebbles of knowledge creating ripples and waves in our grey mater. This is a new journey within, with values redefined with a divine vision, and deeper I.Q., E.Q., and S.Q. It would really exciting for

us to create a state of art scientific programme to provide enthusiasm on evidence based data in the spiritual ambience.

The SINPMS, one of the constituent institute of BFUHS, Faridkot, is imparting training in different health disciplines; various UG & PG programmes of nursing and paramedical sciences (physiotherapy, lab technology, & radiography etc.). It is our great pleasure and privilege in extending you a cordial invitation to participate in two days at SINPMS, Badal, a Constituent Institute of BFUHS, FDK. We assure you that the memories of this scientific feast will be memorable event where knowledge shared will be stimulating & enriching. Wisdom will dawn upon all participants. Just as no-body can exist without food and water, no matter how high or low born, so can nobody exist without succor and love of the Lord -where silence speaks, beauty breathes and peace is no longer a dream! It is our heart-felt wish to Almighty, to bless all the delegates and the organizers of the conference with peace, progress in their respective fields, and prosperity in life.

We look forward to welcome you at State Institute of Nursing and Paramedical Sciences (SINPMS), Badal for this new venture in use of knowledge and wisdom.

Stay Involved & Save the Date!

With Best Regards

Dr Suman Bala Sharma

Principal, SINPMS, Badal (a constituent Institute of BFUHS)

## Who all can participate?

Education administrators,  
Hospital Health care Providers  
College principals  
Directors  
Professors  
Deans  
Readers  
Lecturers  
Teachers and health care faculty and staff  
Nursing Administrators, Staff Nurses  
And who so ever have filled with unlimited wealth of knowledge to sustain health care in right perspective.

## Tentative topics

Professionalism and ethics  
Communication and interpersonal relationships

1. Mindful Techniques
2. The Healer Within
3. Lifestyle modifications
4. 3-Dimensional Health Care
5. Being Emotionally Intelligent
6. Stress Management and Personal Effectiveness

Co-operation and team work  
Compassion in action  
Thought exchange  
Being positive at workplace  
Sharing in group  
Self-realization  
Creativity and play  
Meditation experience

## CALL FOR ABSTRACTS

Abstract submission till 22<sup>nd</sup> February, 2019  
Confirmation will be given by the institute till 28<sup>th</sup> Feb. 2019.

### Guidelines

- a) Title and content of the paper (IMRAD)
- b) Authors (Presenter underlined)
- c) Abstract must be original work research
- d) Presenter should register for conference
- e) Max 150 words for abstract
- f) Presentation time will be 7-10 Min.

### Submission

- Hard copy signed by presenting author to be sent by post
- Soft copy to be sent to [glocon2019@gmail.com](mailto:glocon2019@gmail.com)

**No sitting for longer time, But Sharing, listening, playing, & working creatively in groups.**

**For Enquiries: Kindly Contact (Mob. 7837871342, 9780008647)**